



Congregation Beth El Bulletin

High Holiday Schedule 5777 – 2016

ROSH HASHANAH	
Sunday, October 2nd	
Erev Rosh Hashanah	
Congregational Service	5:45 p.m.
Monday, October 3rd	
First Day	
Shacharit	8:15 a.m.
Babysitting	9:30 a.m.
Family service	10:30 a.m.
Tashlikh (at The Hague)	5:00 p.m.
Mincha-Maariv (at Beth El)	6:45 p.m.
Tuesday, October 4th	
Second Day	
Shacharit	8:15 a.m.
Babysitting	9:30 a.m.
Shofar Idol (grades K-7)	10:30 a.m.
Mincha-maariv	6:45 p.m.
YOM KIPPUR (wear white if possible)	
Tuesday, October 11th	
Erev Yom Kippur	
Kol Nidre	6:00 p.m.
Babysitting	6:00 p.m.
Wednesday, October 12th	
Yom Kippur Day (wear white for sure!)	
Shacharit	9:00 a.m.
Babysitting	10:00 a.m.
Children's programming	10:30 a.m.
Yizkor	12:45 p.m.
Study session	3:15 p.m.
Mincha	4:15 p.m.
Neilah	5:30 p.m.
Maariv	7:00 p.m.
Blowing of Shofar & Havdalah	7:10 p.m.
Light Processional	7:10 p.m.

Installation of Cantor Wendi Fried Sunday, Nov. 13th 5:30 pm

Hor d'oeuvres and dessert reception to follow

Since I was a little girl, the two things that have been near and dear to my heart have been my Jewish identity and my love for music in almost every form. This installation, on **November 13th**, at 5:30 pm, for me, is another chance to combine my shared loves with you. This will be an evening full of music and joy! In planning for this momentous occasion, I knew that I wanted the night to be representative of my musical journey to Norfolk. So together with my family, the Beth El Singers (both adult and youth choirs), and our new house band, I will share with you some of my favorites settings that I have learned over the course of a lifetime.

I am also incredibly honored to have Chazzan, composer, close friend, and mentor of mine, Joanna Selznick-Dulkin, coming to install me into the Beth El clergy hall of fame! I mention composer as it has always been a dream of mine to commission new Jewish music thus celebrating the living spirit of our text and liturgy. So, using this moment of installation as a jumping off point, not only is she coming for the evening, but she will be premiering a piece written specifically in honor of our new chapter together!! This is sure to be a beautiful evening! So please come and join us in song and celebration...November 13th, at 5:30pm!

P.S. - If all the wonderful music being offered isn't enough to entice you to be here, then I am told that there will be a fabulous hor d'oeuvres and dessert reception after the installation planned by a very special committee which should have you drooling already!

Please RSVP to the Beth El office by November 4th so we know how many people to prepare for. I hope to see all of you here!!

Music, Relationship and Community at Beth El Cantor Wendi's Installation and the High Holidays By Jeffrey M. Arnowitz

For a variety of reasons, there has been a trend in some Conservative synagogues to do away with the position of cantor. Thus, when it came time to discuss a cantor search at Beth El a couple of years ago, the first question asked was whether we should have a cantor at all. We did not discuss it for long, however, since overwhelmingly we decided that a cantor is, and should be, a central part of our Beth El family. We realized that music is not only an important piece of the toolbox for spiritual connection to God, it is also a great tool for bringing community together and helping people feel closer.



In Cantor Wendi, we have found a wonderful leader in both of these aspects of the cantorate. Cantor Wendi is infusing our community with music and with that music comes connection, spirit, warmth and love. These efforts have already made our Beth El family stronger. From her very arrival when she met with dozens of members to better understand our connections and expectations regarding music to her recent efforts to better connect our ever growing and changing community through the Beth El Photo Chronicle to the amazing choir and orchestra she has brought together for Shabbat Alive! and other programs, everywhere Cantor Wendi looks and in everything she does she is attempting to bring people together and infuse that community with spirit.

Now, as Cantor Wendi has gotten to know us and our community better and we start looking towards the end of this year and the beginning of the next, it seems every conversation we have is exploring some new idea or thought she has for accomplishing the goal of making us more musical and deepening our communal relationships; and for every one of these conversations she gets that same excited tone and huge smile – her enthusiasm is truly infectious. That's why we are so excited to officially “install” her as our cantor on **November 13th at 5:30 pm.**

The Installation ceremony will be very special, full of the same creativity and energy that animates everything Cantor Wendi does. We will celebrate her part in our Beth El family in word and song. The installation is not only an opportunity to welcome and appreciate Cantor Wendi, but it is also an opportunity to celebrate the idea of music and relationship at Beth El, as well as the spiritual community that we are constantly creating together. I hope you'll be here with us to celebrate.

Perhaps no time is that musical creativity and deep spirit on display as when we come together for the High Holidays. Last year, with just a month to prepare, Cantor Wendi added so much to our davening with the inclusion of the fledgling choir and the addition of new pieces, particularly her moving song during Yizkor. This year, we are looking forward to building on that to create not only a spiritually fulfilling, but also serious, reflective and meaningful High Holiday Season. I will, of course, be adding my reflections throughout the services and will be presenting the following sermons:

Rosh HaShanah Day 1 – How Mom Taught Us to Be Jewish

The modern women's movement in Judaism as a case study in owning our Jewish journey.

Rosh HaShanah Day 2 – Why Israel?

Expressing a compelling case for Israel in a time of skepticism and relativism.

Kol Nidre – If You Are Not My Friend, Are You My Enemy?

Confronting community, civility and ourselves in the Age of Paranoia.

Yom Kippur Yizkor – Generation to Generation - Understanding the Power of Life of Elie Weisel z'l

Learning from the man who wrote of his father to teach his son.

A Note From Cantor Wendi

My dear Beth El family,

As the holidays are upon us I have been reflecting on my responsibility to the congregation as the Cantor and Sheliach Tzibbur (prayer leader) on these auspicious days ahead. This is not a responsibility that I take lightly and I spend weeks before the holidays looking over the machzor (prayerbook for High Holidays) reviewing and preparing for these days. Every year at this time I get nervous and people always ask, "Cantor, why are you nervous? The prayers haven't changed over the past year? Just get up there and sing!"

These questions remind me of a story I heard as a student about Rabbi Mordechai of Nadvorna. He came one day to the rabbi to ask permission to be dismissed from his studies and to go home. The Rabbi asked him, "Why are you in such a hurry to leave?" "You see, Rabbi," replied the student, "I am a cantor for the High Holidays, and I need time to look over the machzor and put my prayers in order." The master replied, "The prayers have not changed from last year, my boy, but you have changed. It would be wiser for you to look over your deeds and put yourself in order."

The High holidays are not just a challenging time for clergy, but for all Jews. It is a time of great introspection where we look at who we have been over the past year and decide who it is we want to be in the next one. This task is the hardest we face in the whole year! There is nothing more daunting than looking at ourselves in the mirror and being honest... knowing there are things we could do better, ways that we could improve.

The High Holiday liturgy is challenging for all of us, but for me, one of the most intimidating prayers in our liturgy is the Hineni. Traditionally, the Hazzan chants this prayer while walking in front of the whole community from the back of the sanctuary to the amud (podium) at the front. Within the words of this supplication, is expressed the fear, awe, and unworthiness we feel as Hazzanim as we entreat Him to accept our prayer on behalf of the entire community. I always ask what right I have as a single human being molded of the same cloth as everyone else in the room, to act as a guide and conduit of your heartfelt prayers?

So, each year I stand in front of the congregation and God a different person than I was the year before. I must be judged once again to be worthy to pray with and on behalf of our community. Who could possibly take that responsibility nonchalantly? It is in this moment of utter humility and honesty, that I remind myself of why we are all here... to reconnect, to renew, to rejoice, to retune ourselves to God's channel, get back on the righteous path, immerse in God's love for us, and hope that we can someday make ourselves and the world around us a better place in which to dwell. Each one of us is a Temple and whether we pray in the language of the machzor or the language of our hearts should not matter as long as our intentions (our kavanah) are good and honest.

In this coming year, we will be focusing on prayer, on becoming intimate and knowledgeable about our liturgy and its power to change and fulfill us. Our new learners' minyan and our Hebrew 101 classes happening on Sundays will provide a fascinating, revelatory, and necessary foundation to the services, their construction, and their language. There will also be other adult education courses being offered this year through the lens of prayer. You will be hearing more about those as they come. However, we hope (and pray) that you will take advantage of these opportunities to form a new relationship with the siddur, to make the liturgy found within relevant to your lives, and to allow this newfound knowledge to connect you to our common heritage and to God in a way that only communal prayer can do.

Rabbi Shefa Gold, one of the world's premier experts on chanting, says that it is intention that changes our prayer experience. If we know from the start what it is we want to accomplish with our prayer, then we are much more likely to have a powerful and moving experience. It sounds somewhat obvious but how often do we come to shul with the intention of accomplishing a real goal?

So in this year ahead, and now with the holidays upon us and many services to attend, I urge you to come to each prayer experience with intention in mind. Here are some questions and statements to think about that might help you form that intention.

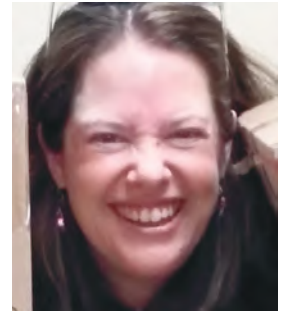
- * What is it in my life that I need to remember, but always forget? (An example of some answers to that might be, counting my blessings, how to forgive, live in the moment, etc.)
- * What kind of person do I want to be?
- * How do I want to be remembered?
- * What is my truth?
- * How can prayer as praise and thankfulness be transformative to my life?
- * How does prayer point us to consciousness?
- * How can "Will" create a channel in your life?

Try writing one of these on a notecard and taking it with you to the service. Use the question as a lens in which to see your entire prayer experience and to find the answers you seek. This can be a very productive, very meaningful and life altering experience if you allow it to be!

As you ponder any one or all of these questions, I wish each one of you a wonderful new year full of deeply moving and fulfilling moments of heartfelt prayer! Also, I must advertise that we have added some more congregational tunes this year and you are definitely invited to try them even if you aren't familiar with them...please sing along! The Rabbi, the choir, and I invite you to participate in every part of the service you can! Please join us! We want to hear everyone's voices together raised in prayer with spirit!

Please don't let discomfort of the unknown keep you from doing something new that you may enjoy! Try it! You might like it! So, on that note, I wish all of you a Shanah Tovah umetukah! May you all be blessed with a sweet, healthy, happy new year!

B'ahava rabah! Cantor Wendi



A message from our synagogue president, Betsy Karotkin

If you've been to Beth El recently, you might be wondering what the hubbub is all about refinishing the floor in Myers Hall, Pam's obsession with a seating chart, choir rehearsal with the Cantor, registration for Beth El Sunday Religious School, the publication of our new Chronicle – think no more – the High Holidays are here!

Jewish holidays often commemorate a historical event or agricultural festival. For me, they are also a STOP sign, so badly needed in this age of fast food, fast communication, fast everything! We are always running on schedules – getting children to school, shopping, feeding, driving our kids to lessons, sports activities, their friends' houses, and so forth.

Having been born and raised in New England, no one could love snow more than I do. I remember eagerly awaiting the snowstorms, loving the silence outdoors that snow brings, enjoying the abrupt change in routine, the awe that we feel as snow falls, the light that somehow seems so different reflecting off the snow.

And so it is with our High Holy Days. All of a sudden our lives come to a standstill. We turn away from our businesses, professions, our kids' sports and school schedules. We come to a halt, as if a stop sign had been erected. It, too, is a time for awe, a time to reflect, to appreciate the beauty and goodness in our lives, as well as consider how we might change to live in a more thoughtful and "heartful" way. Perhaps as with the snow, we are able to see ourselves in a different light.

I hope the High Holidays will renew that sense of awe in each of us, a connection to God and each other, a gratitude for the goodness in our lives, and a commitment to Beth El and to all it has to offer, spiritually, educationally, and socially. Our amazing young professionals, Rabbi Arnowitz and Cantor Wendi, are a constant source of wisdom and spiritual guidance.

For those of you who have not been active at Beth El lately, in the words of the Jewish mother who was granted only three words to reconnect with her son who left Judaism to become a Hindu swami, "Sheldon, come home."

Join us for Shabbat services; fill your Shabbat tables with family and friends; sign up for one of our many new "courses," and join us for programs and simchas in this new year of 5777. May it be filled with the wonder of a snowfall as you bring more Torah and community into your lives.

Ed joins me in wishing all of you a Shanah Tovah Tikatevu!



Simchat Torah Day at Beth El
Celebrating and Honoring our Gomley Chesed Family
October 25th at Morning Services (9:15 start, honors starting at around 11)



Almost two years ago we were blessed to welcome dozens of new members of the Beth El family from Gomley Chesed in Portsmouth when that synagogue sorrowfully closed its doors. They joined literally dozens of Beth El families who had moved to Norfolk and Virginia Beach from Portsmouth over the years and had found their way to Beth El. Gomley Chesed was a special place that inspired amazing Jewish lives – Beth El knows this because over the years our members with Gomley Chesed roots have served the congregation in myriad ways, volunteering at every level and contributing to the spiritual and social life of the Beth El family. The addition of our new members from Gomley Chesed two years ago has been no different. Though they, of course, miss their long-time spiritual home, most have taken to Beth El with enthusiasm and joy. They have become Shabbat regulars, familiar faces at adult education and Shabbat meals, and truly connected members of our Beth El family.
(continued on page 5)

High Holiday Service Schedule Sukkot and Simchat Torah 5777

EREV SUKKOT

Sunday, October 16th

Mincha-maariv 5:45 pm

SUKKOT

Monday, October 17th

First Day Sukkot
Festival service 9:15 am
Children's program 11:00 a.m.
Mincha-maariv 6:30 pm

Tuesday, October 18th
Second Day Sukkot

Festival service 9:15 am
Children's program 11:00 a.m.
Mincha-maariv 6:30 pm

EREV SHEMINI ATZERET

Sunday, October 23rd

Mincha-maariv 5:45 pm

SHEMINI ATZERET

Monday, October 24th

Festival service & Yizkor 9:15 am
Yizkor – arrive by 10:45
Mincha immediately following the Kiddush luncheon

EREV SIMCHAT TORAH

Monday, October 24th

Celebratory service 6:30 pm

SIMCHAT TORAH

Tuesday, October 25th

Festival service 9:15 am
Mincha-maariv 6:30 pm

(Simchat Torah Day continued from page 4)

In that sense Gomley Chesed's Torah has joined our Torah and so this Simchat Torah we are celebrating that beautiful union.

At services we will honor all past members of Gomley Chesed with a special group aliyah to the Torah and we have reserved the special honors, the last and first aliyot to the Torah for two Gomley Chesed members who have nary missed a Shabbat service since they came to Beth El. Our Hattan Torah, honored with the last aliyah to the Torah will be David Branfield and our Kallat Torah, honored with the first aliyah in our next reading cycle will be Irma Kopelove!

Mazal Tov to them and thank you to all of our Gomley Chesed-Beth El members!

HIGH HOLIDAY SECURITY



The police officers have been instructed that NO ONE will be allowed in the building without a current High Holiday ticket (green and blue this year). If you do not have a ticket, you will be stopped at the door. You will have to provide a valid ID which will then be checked against a master list of our members as well as guests who will be joining us.

This year you will be issued a green parking tag for your vehicle along with your High Holiday tickets. If you need additional tags, please call the temple office. You must have this green tag displayed on your rear view mirror in order to drive on Shirley Avenue and Spotswood Avenue or to be able to park in any of the synagogue parking lots.



TASHLIKH

Monday, October 3rd at 5:00 pm
Olney Avenue and the Hague

Join Congregations Beth El and B'nai Israel as our community celebrates this first day of 5777 together. The custom of tashlikh, symbolically placing our sins from the past year onto small pieces of bread and throwing them into the water, is one of the most memorable and meaningful of our Rosh Hashanah customs, especially for kids. Rabbi Haber, Rabbi Arnowitz, and Cantor Wendi will lead us in a few introductory prayers and songs, and then we'll each pitch our "sins" into the water.

Tashlikh is a BYOB event (Bring Your Own Bread, and bring some to share in case someone forgets). Tashlikh is rain or shine, so see you there regardless of the weather!

KAVANAH TO KAPARAH
A Spiritual Service as Yom Kippur Approaches

WHEN: October 6th, 6:30pm
WHERE: Home of Ed and Betsy Karotkin,
3020 Lynndale Rd in Virginia Beach

Join Cantor Wendi and Rabbi Arnowitz, Thursday evening, October 6th, at the home of Betsy and Ed Karotkin on their deck overlooking the river. Kavanah to Kaparah is a brief and meaningful service to prepare us for Yom Kippur by helping us heal from the wounds and illnesses of the past year.

This special service has become a Beth El custom over the past five years, and everyone who attends speaks about how meaningful it is both as a way to prepare for Yom Kippur and just to share a spiritual moment in general.

We will gather at the Karotkin home at 3020 Lynndale Road in Virginia Beach at 6:30 pm. Refreshments and desserts will follow after the service. Please let us know to expect you by calling the synagogue office at 625-7821.



ANNUAL CEMETERY SERVICE
AT
FOREST LAWN CEMETERY
October 9th - 12:30 PM

Connect with the spirit of loved ones who are no longer present in your life. It is customary to visit the graves of family members who have passed on during the High Holy Day period. Rabbi Arnowitz and Cantor Wendi will lead a special service at Forest Lawn Cemetery on Sunday, October 9th at 12:30 pm. Following this short service, plan to visit the graves of your relatives. It's the right way to honor the memory of those who meant so much to you.

LULAV AND ETROG
ORDER FOR SUKKOT

Beth El will be ordering lulavim and etrogim for use on the holiday of Sukkot which will begin on Monday, October 17th. More and more American Jews are rediscovering the beauty of Sukkot and are putting up a sukkah at home. The other characteristic Sukkot observance is the waving of etrog and lulav. Lulavim and etrogim can be used at religious services in the synagogue, and at home every day except Shabbat. Those who wish to purchase individual lulav and etrog sets for family use should call the office by **October 7th** and arrange for theirs to be picked up immediately before the holiday. The cost is \$36.00 for regular, \$39.00 for prime and \$43.00 for deluxe.

LUNCH & LEARN
Wednesdays
October 19th in the sukkah
October 26th
November 2th, 9th, 16th, 30th

All are welcome as we kick off our Lunch and Learn season. Beth El Lunch and Learn is a vibrant group of fressers (eaters) and learners who come together weekly for good food and stand alone discussions led by Rabbi Arnowitz, Rabbi Ruberg, and Cantor Wendi. We meet every Wednesday from noon to 1:30 pm. So join us on the 19th, 26th and Wednesdays in November except "erev" Thanksgiving.

Cost: \$5.00 per person

CHILDREN'S HIGH HOLIDAY INFORMATION

Child Care: Supervised, complimentary child care for children from birth through fifth grade is available on both the first and second days of Rosh Hashanah, the evening of Kol Nidre, and Yom Kippur Morning. You **MUST** make a reservation for each child who will need care on any of the days it is offered. The form is on our website (www.bethelnorfolk.com) and will be included in our weekly emails. We ask that you return your completed form to the Beth El office ASAP.

Rosh Hashanah Morning Family Service: Sharon (Mrs. 'W') will lead this special service on Monday morning, October 3rd. This special program is for FAMILIES so children will be with their parents. It will take place in Myers Hall from 10:30 am to 11:30 am.

On the Second Day of Rosh Hashanah: It wouldn't be the second day of any Rosh Hashanah here at Congregation Beth El without holding a **SHOFAR IDOL COMPETITION!** Kids will have plenty of opportunity to practice their tekiyahs and shevarims and teruahs from when school resumes until Rosh Hashanah. Bring your own shofar or borrow one of ours, but prepare to make a joyful noise on Tuesday morning, October 4th beginning at 10:30 am in the Library.

Kol Nidre: Tuesday evening, October 11th will mark our fourth annual Kol Nidre Bingo Tournament for Kids! Come to Room #1 in the school wing for fun and Yom Tov appropriate prizes.

Yom Kippur Children's Programming: Sharon (Mrs. 'W') will lead this special service on Wednesday morning, October 12th. This special program is for FAMILIES so children will be with their parents. It will take place in Myers Hall from 10:30 am to 11:30 am.

Ending Yom Kippur Light Processional: Always a very special part of the holiday, our children, from just walking to teens, help bring to conclusion a long day of prayer with a truly beautiful and meaningful procession into the sanctuary. Participants need to gather in the Library no later than 7:00 pm.

ANNUAL HIGH HOLY DAY FOOD DRIVE

Once again, we will be collecting food during the High Holy Days. Listed below are items that Jewish Family Service has requested. Your donations are gratefully appreciated!

- | | |
|----------------------|----------------------|
| 1. Peanut butter | 7. Cereal |
| 2. Cream soups | 8. Macaroni & cheese |
| 3. Canned tuna | 9. Pasta |
| 4. Canned vegetables | 10. Pasta sauces |
| 5. Canned fruit | 11. Toilet paper |
| 6. Juice | 12. Ramen noodles |





**SISTERHOOD
SUBS IN THE SUKKAH
THURSDAY, OCTOBER 20TH
12 NOON**

Rabbi Panitz will lead us in a lively discussion about
“Jewish Mothers in the Movies”
Are we being portrayed correctly?

We have invited our “Sisters in the Hood” from Temple Israel and KBH to join us for fun, food and what will surely be a provocative afternoon.

Covert: \$5 per person will be your reservation



**Community Health Fair
and Youth Group Kick Off
Sunday October 30th - 12:15-1:45 pm**

After Beit Sefer Shalom on October 30th, we will launch our new youth groups for lower grades – Chaverim for grades 1-3 and Machar for grades 4 and 5. The groups will meet for one hour for lunch after Religious School and parents can then pick them up at 1:15 pm and take them to the first ever Shirley Avenue Health Fair presented in partnership with our neighbors at New Life Providence Church, Jewish Family Service and the Y on Granby!

The Health Fair will be open from 1:15-2:45 pm. There will be a DJ, presentations by vendors from all over the area like Jewish Family Services and the Y on Granby, snacks, activities and more – all to engage us in healthier habits and living! It should be a ball – all free and open to the public!



Sukkot is right around the corner, and it is never too early to RSVP for our Friday night dinner and services in the sukkah on **October 21st**. We will have family services in the sukkah beginning at 5:45 pm followed by a dinner at 6:30 pm in addition to our weekly Shabbat services in the chapel.

Dinner is open to everyone but **SPACE IS LIMITED!!!** RSVP by October 14th to the office at 625-7821.

Adults: \$18
Children: \$10 (ages 3-12)



It's the great Yom Kippur “White Out”

This Yom Kippur leave the suit jackets home. Get those white button-downs cleaned and make sure those white dresses are spotless. It's a Yom Kippur “white out” at Beth El. It is traditional to wear white on Yom Kippur - it is a symbol of purity and light.

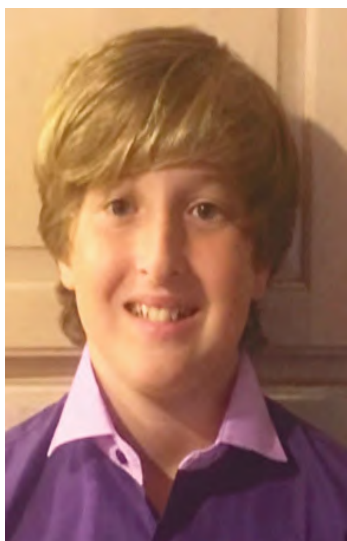
This Yom Kippur we are going to fill the sanctuary with white. Hey, if they can do it at an ODU football game we can do it at Beth El!

Bar/Bat Mitzvah Corner



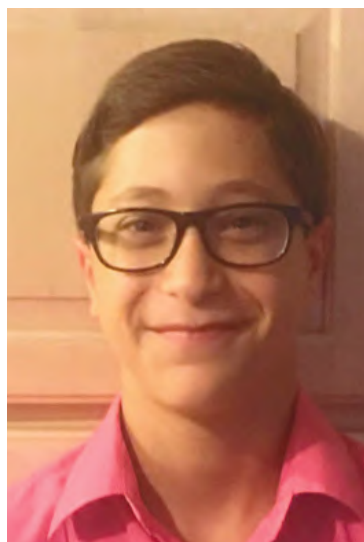
Marah Gordon celebrates her Bat Mitzvah on October 29th. Marah is the daughter of Randi and Steven Gordon, granddaughter of Freda and Tavia Gordon of blessed memory and sister of Eliana and Evan Gordon. Marah attends 7th grade at Norfolk Collegiate where she is a member of the Middle School robotics and soccer teams. Marah

enjoys science and spends time leaning about astronomy and how the universe works.



Ethan Melvin Prince will celebrate his Bar Mitzvah with his twin brother on November 5th. Ethan is the son of Daniel and Bethany Prince, brother of Nathan and Elianna, and the grandson of Norman Prince of Virginia Beach and Sheila Prince of blessed memory, and Carla Marcus of Rhode Island and Melvin Marcus of blessed

memory. He is an honor roll student at Kempsville Middle School. Ethan is a competitive soccer player who is known for making the winning goal. He is also a competitive swimmer. Ethan enjoys spending time with this family and friends and never turns down an opportunity to access electronics.



Nathan Charles Prince will celebrate his Bar Mitzvah with his twin brother on November 5th. Nathan is the son of Daniel and Bethany Prince, brother to Ethan and Elianna, and the grandson of Norman Prince of Virginia Beach and Sheila Prince of blessed memory, and

Carla Marcus of Rhode Island and Melvin Marcus of blessed memory. He is an honor roll student at Kempsville Middle School. Nathan is a competitive swimmer and a competitive soccer player who plays defense. He has studied music for over six years and he has won several awards for his piano playing. He enjoys spending time with his family and friends.

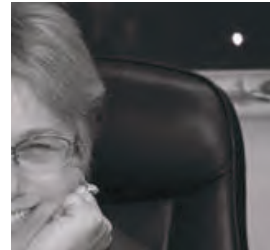
MILESTONES IN THE BETH EL FAMILY

Congratulations to David and Bethanie Ashe on the birth of their son, Gordon Leonard Ashe, born Monday night, August 30th. Brother and sisters are Henry, Hazel and Freddie. Proud grandparents are Mike and Marilyn Ashe and Judy and Chet Szugda of New Hampshire.

Congratulations to Susan and Robert Benvenisti of Los Angeles, California on their birth of their son. Grandparents are Kay and Barry Kesser of Virginia Beach, Virginia and Yardena Barzilay of Coconut Creek, Florida and Shalom Benvenisti of Tel Aviv, Israel.

“Keep your eye upon the doughnut and not upon the hole”

Our Beit Sefer Shalom students are focusing on seven Jewish values over the course of the school year. The first, *Teshuvah*, deals with taking responsibility for your own actions. The second, *B'tzelem Elohim*, is about honoring the image of G-d in ourselves. The third, *Gevurah*, focuses on using one's inner and outer strength. They are presented over the first half of the year and dovetail nicely with both our Jewish and our secular calendars. Over one of the several family dinners that will take place during October and November, take the time to discuss these three middot (Jewish values) and how they relate to our regular world.



Because of the way the Jewish calendar ‘falls’, this congregational bulletin must cover two secular calendar months that are filled to overflowing with much to accomplish and deadlines to meet. After enjoying a relaxing summer, we are overwhelmed with the complexity of our regular schedules and wonder how everything will manage to get done in a timely manner. ‘*Kal v'chomer*’ (in addition), Tishri (October) seems like an almost 30-days long party that will, thankfully, conclude in an exhausted post-Simchat Torah stupor from which we must revive ourselves some four days later in order to celebrate Rosh Hodesh Cheshvan (AKA the month with nothing to plan for but Shabbat). Whew! What was G-d thinking handing us a crazy timetable like this? Worse yet, we are supposed to be filled with joy and unfazed by the time-crunching involved in ensuring “it” all comes together properly. *Vay iz mir!*

Here are some thoughts to help navigate the strange waters of October and November 2016. Read ‘em and take the time to cogitate their possible impact on your planning. I won't take it personally if you reject any or even all of my suggestions.

* According to my calculations, there are 10 or 11 days in October which can involve the inviting of company for a special meal. Figure out which of these meals mean more to you and your family than others and plan to get together for them. Decide who will host/hostess which gathering and how everyone can participate in the preparations.

* HaShem invented Chinet paper goods, plastic cutlery, and Dollar Store serving pieces for a reason. Do not reject one of G-d's most marvelous creations! Spending time with one's family and friends is infinitely more important than displaying the good china and crystal and having to spend hours in the kitchen washing everything by hand.

* Come to shul as frequently as possible during the entire month of Tishri. There is a Shabbat Kiddush lunch every week. Break-the-Fast is served after Yom Kippur day services. There are lovely lunches in the Sukkah on the first two days of the chag and for Shemini Atzeret and Simchat Torah. Erev Simchat Torah, we are having Torah Deli Wraps. Make a reservation (adults are \$10 and kids are \$5) and eat supper at shul.

* Be sure you are registered to vote in the November general election taking place on November 8th. Jews did not always have the right to vote where they have lived but we have that right today. Use your right!

* Come to the Cantor's Installation on Sunday, November 13th. We are blessed to have her in our community.

* Share a pint of your blood with the Red Cross on Sunday, November 20th. There will be free juice and cookies distributed to the first 100 donors.

* Thanksgiving will be here before we realize we have finished celebrating all the holidays taking place during Tishri. Invite a lone military person to your home and let them have the turkey leg. Better yet, invite a different Jewish military person to each of your family gatherings.

* Keep front and center the meaning of the season. Hillel may have said it best in Pirke Avot when he advised: “If I am not for myself, who will be for me? If I am for myself alone, what am I? If not now, when?”

From my family to each and every one of you, may the coming year of 5777 bring more simchas to celebrate than challenges to overcome. May you be written into the Book of Life.

B'shalom,
Sharon

Miscellaneous and Important

Changes in Shabbat Morning Kids' Programming - Maiya Foleck will lead a service in Barr Chapel for those in 3rd grade and above that will include student-lead davening and Torah study. Brenda Kozak will lead Torah Tweens (first and second graders) in a multi-sensory and active exploration of the parashat ha-shavuah (Torah portion of the week) in the Library. Mini Minyan for kids from newborn to kindergarten in Laibstain Lounge is getting a makeover that will feature even more comradery amongst both the children and their parents. **Mark your calendars twice a month on the second and fourth Shabbat mornings of the secular calendar month beginning November 12th. Junior congregation begins at 10:30, Mini Minyan and Torah Tweens begin at 11:00.**

Geniza ritual - Sunday morning, October 9th from 10:30 am to 11:30 am at the cemetery in Suffolk. Gather up those no longer usable holy texts so they can be properly disposed of according to Jewish custom.

Monday Morning Movies Returns November 14th! Popcorn and chocolate provided. Free of charge. Watch your Shabbat booklet and announcements for time and name.

Incredibly Important Information

It's Time for Torah Wrapping!



Come celebrate Simchat Torah on Monday evening, October 24th and prepare to dance with BIG Torah scrolls after making your very own Deli Wrap for dinner!

Wrapping will take place in Myers Hall starting at 6:00 pm and the Simchat Torah celebration begins promptly at 6:30 pm.

Cost: \$10 per adult and \$5 per child under 10 years of age

RSVP ASAP to 625-7821
so that we know how much deli to order!

We Want Your Blood!



The Red Cross will be here to accept your personal pint of red blood on Sunday, November 20th from 9:00 am to 1:00 pm.

The drive will be in Myers Hall. Come for Minyan in Barr Chapel and follow the red carpet through the Atrium to rest while you give. Free juice and cookies to those who donate!

Set-up your appointment ahead of time by accessing the Red Cross website: at www.redcrossblood.org Sponsor Code: BTemple.

Calendar Notes

Sunday, October 9th: Genezia ceremony

Friday, December 16th: Shabbat service led by the students followed by a Shabbat dinner

Sunday, January 15th: Special PACT-ivity

L'Shanah Tovah from Beth El Sisterhood!

We wish to thank Gina Rose for hosting the September Open Sisterhood meeting at her home in the Westin, Virginia Beach. Wine and desserts helped to make a congenial meeting and stimulate plans for future programming.

Please make plans to attend **"Subs in the Sukkah"** at noon on Thursday, October 20th. Our guest speaker is Rabbi Michael Panitz sharing his amusing commentary on "Jewish Mothers in the Movies". The cost is \$5 and please RSVP to the Beth El office. If you need a ride you can contact Helene Rosenfeld to try to arrange one for you.

The Gift Shop re-opened under new management on the first day of Sunday Religious School with many beautiful bargains including ceremonial items, tallit, holiday décor, books, toys and more. There are many items still available. Contact Helene Rosenfeld to assist you in your purchases. Sisterhood is looking for a few dedicated volunteers to help shape the Gift Shop of the Future. Contact Marilyn Ashe if you have an interest and want to know more.

Sisterhood continues to feed our congregation thanks to Nancy Kanter and her many loyal workers. Sisterhood Catering is available for a variety of life cycle events, celebrations, and shiva meals. New volunteers are always needed to assist Nancy, and she welcomes a call from you (497-2212).

The Annual Garage Sale is over but it's not too soon to save items for next summer's sale. We welcome small furniture, collectibles, household items, jewelry, gently used clothing (children and adults), books, toys and etc. Beth El does not have space to store these items yet – more information to come.

TORAH FUND

The two toned silver and gold pin for 5777 is called *P'ri Yadehah* which is a phrase from the beloved prayer *Eishet Chayil*, taken from the biblical book of Proverbs. The gold wheat branch in the middle signifies the sustenance we wish for all our family and friends and the silver olive branch at the bottom represents our prayers for peace. To commemorate the 100th year of Women's League of Conservative Judaism and the 75th year of the Torah Fund campaign, we are celebrating women's achievements through creativity – the fruit of her hands- in the family, workplace, home, synagogue and community. Women dedicate their lives as volunteers, as leaders in the Jewish and secular worlds, as scholars, scientists, business leaders and more.

We will be contacting all of our past Benefactors and Guardians as well as new members in the hope they will join us. To become a Benefactor (\$180.00), Guardian (\$300.00), Associate Patron (\$600.00) or Scholarship Patron (\$2500.00), please call one of us to make your pledge. You may pay in one lump sum, with payments throughout the year or even put it on your VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS (so you can earn points as you contribute to a wonderful cause!) You have until May 15, 2017 to fulfill your pledge.

During the High Holidays, we hope to see many of our members wearing the new Torah Fund pin. Congregation Beth El has always been in the forefront in the support of the Jewish Theological Seminary, and we are looking forward to continuing that legacy.

Barbara Abraham, Ina Mirman Leiderman & Judy Mitnick
Torah Fund Co-Chairs



Men's Club News

OUR RECENT EVENTS...

Best Sefer Shalom. To help get the new education program off on the right start, the Men's Club funded two major contributions: One for a new electric keyboard, which was first used September 9th at a Shabbat Live! musical pre-Shabbat service and dinner. We also purchased the televisions, computers and laptops for the teachers and United Hebrew School tutors, who will use them for the new Sunday Religious School and Hebrew School 2.0 software from Shalom Learning.

SAVE THE DATE!

Scotch Tasting and Steak Dinner in the Sukkah Chaired by Ron Gladstone

Join Rabbi Arnowitz and members of the Beth El Men's Club in the Beth El sukkah on **Wednesday, October 19th** for an evening of fine drink and food, and of course, a bit of Torah learning will be blended in.

6:45 pm - Scotch tasting and schmooze

7:15 pm - Steak, potatoes, salad and dessert in the sukkah

8:15 pm - Torah discussion (with cigars if you bring them.)



Cost - \$30, includes scotch and steak dinner. (\$40 non-members)

RSVP - mail your check no later than **Friday, October 14th.**

Your check is your reservation (Made out to Men's Club)

Thank you to the Men's Club for sponsoring this "Men Only" sukkah event.



Geniza Ceremony 5777

Who should come? Anyone and everyone of any and all ages

What is this? A special ritual to properly and respectfully dispose of all books and papers that contain the name of G-d

When? Sunday morning, **October 9th** from 10:30 to 11:30

Where? The Holly Lawn Cemetery located in Suffolk.

Why? A Genizia Ceremony is a matter of treating religious objects with kavod (respect) even after they are no longer kosher (ritually fit) for use.

How? Drive from home and meet at the cemetery. Bring no-longer-able-to-be-used books, siddurim, chumashim, mezuzah parchments, etc. on which or in which G-d's name is written. If there are many in your possession, place them into a cardboard box. All boxes and loose books will be placed carefully into a grave that has been opened specifically for this purpose. At the conclusion of the ceremony, the grave will be filled-in with dirt.

Questions? Contact Sharon Wasserberg via email: sharon@bethelnorfolk.com

Adult Recess Progressive Shabbat Dinner Friday, November 4th 7:00 pm



Starters and spirits at the home of Rick and Debi Yarow.

Main dish at the home of Rabbi Jeff and Tami Arnowitz.

Desserts and after dinner drinks at the home of Steve and Jody Alperin

Please RSVP to Beth El at 625-7821 by October 28th.

Adult Recess is a group created to provide social programming for members 40-ish to 60-ish.

Meet Our Newest Members



Join us in welcoming Beth El's newest members:

Richard Cardon

Alonzo Cobb and David Cobb

Mendy Fisch

Neil and Abby Friedman

David and Donna Grant

Malcolm and Maida Gutterman

Jacob and Samantha Honigman

Andrew and Lisa Jones

Nina Kruger

Ed and Jane Stein

Brad and Wendy Weissman

Congregation Beth El invites **all members** to a

**Shabbat Dinner and Celebration
to honor our New Members and
welcome Prospective Members
November 18th at 5:45 pm**

Shabbat service will start at 5:45 pm in the sanctuary
followed by dinner at 6:15 pm in Myers Hall
Supervised children's activities between dinner and dessert

Adults - \$18 * Children 3-12 - \$10 * 2 and under - no charge

No Charge for New and Prospective Members

RSVP to the office at 625-7821

Payment must be received to confirm your reservation



Ron Lauder and the JDC bring Judaism back to Eastern Europe

On Sunday, September 11th, Annie Sandler was the guest speaker for another wonderful Hazak event. Under the commanding leadership of Dorothy Zimmerman, Hazak continues to bring us programs that are interesting, educational, and fun! This one was no different!

It made me wonder if the blessings of living in America can become curses. What I mean by that is we have so much freedom that we begin to take everything for granted. And somehow, what was once so prized by American Jews – the freedom to worship and explore our Jewish identity, eg. – has lost its shine.

Well, one place the freedom to be a Jew is *not* taken for granted is Eastern Europe. For many years under communism, Jewish children did not have opportunities to be together outside of their own small communities. And when it finally became safe to practice Judaism, people had lost their knowledge of it, their identity, the traditions like Shabbat that have sustained Jews through the centuries. They needed help from outside their own communities if they were to survive.



Thanks to the JDC (and your gifts to the UJFT) and the very charitable Ron Lauder, a camp was born. Since 1990, Jewish youth in Hungary, Poland, Romania, Albania, Czech Republic and many other countries have had an opportunity to attend Szarvas, a camp in Hungary where young Jewish people can meet one another, explore their Jewish identity, and create lasting friendships.

Each summer about 1500 Jewish children – from 6 to 18 years-old – representing approximately 25 countries, attend Szarvas. Every year, the staff chooses a theme that is woven through the camp’s diverse activities. This summer the theme encouraged campers to think about what it means to have a “Jewish Home.”

Many of the young people receive scholarships, enabling them to attend. Our own Federation provides several of those scholarships, making it possible for Jewish children from Romania to be campers.



Annie told of her own experience bringing her children with her to Szarvas about twenty years ago when there was just the beginnings of a camp. While the Sandler children at first wondered why their mother had brought them there, by the end of the two-week period, they had a hard time parting from their new friends. It was a life-changing experience for all of them. Most importantly, the future leaders of the European Jewish community are being raised in Szarvas.

After Annie’s presentation, the Estee Lauder cosmeticians from Nordstrom demonstrated their newest products, giving makeovers to some lucky participants. Everyone went home with a free Estee lauder gift. Hazak has done it once again!



If you would like to be a friend and supporter of Szarvas, you may write to the Camp Director, sasha@jdc.hu. And if you would like to learn more about the camp and the impact it has made on the lives of those who attended, you may go to <https://www.youtube.com/watch?v=5DwpKwAFKXk>.

We are grateful for the generous contributions of those who support Beth El

by remembering and honoring their friends and loved ones.

PEARL K. ALECK LIBRARY ENDOWMENT

IN MEMORY OF

Fred Rosenblum

Warren & Helen Aleck*

Joel & Pam Kossman

SPEEDY RECOVERY TO

Nancy Peck

Warren & Helen Aleck**

ADA R. MICHAELS BOOK PROGRAM

IN MEMORY OF

Manny Michaels

Beril & Barbara Abraham*

Walter & Diane Ariker (G)

Dr. & Mrs. I. L. Aronson (B)

Mark Barr (S)

Herbert & Susan Brewer*

Alice Buxbaum

Stuart & Marilyn Buxbaum*

The Center for Arthritis (S)

Jeff Chernitzer*

Jack & Loretta Cohen (S)

Hilde Deutsch

Stan & Harriet Dickman (S)

Barry & Lois Einhorn*

Sheldon & Shulamith Elster

Alan & Beverly Frieden (S)

Leslie Friedman (S)

Michele Gordon & Pat Levy **

Mark & Betty Greenspan*

Arnold & Miriam Hoffman**

Tom & Christy Hubbard (S)

David Kamer, Marcia Samuels**

Abbe Kaye (G)

Barry & Kay Kesser*

Arthur & Emmy Lou Kreger*

Claire Krell

Willette & Mary Louis Lehew (S)

Pauline Levin*

Roger, Marion & Naomei

Lidman (B)

Jeff & Elayne Littman (B)

Joan London

Jonathan & Linda Longman*

Annette Mand

Burke & Vivian Margulies*

Ada Salisbury & Family (G)

Alan & Madeleine Samuels**

Richard & Rose Marie Shick (B)

Louis & Bobbie Sue Silverman (B)

Arnold Slone & Paula Alperin*

Barrie Weber (B)

Dorothy Zimmerman*

Fred Rosenblum

Jonathan & Linda Longman

TEMPLE FUND

IN MEMORY OF

Rosalyn Barney's Aunt Miriam

George & Amy Ginsburg

Barbara Davis

Leslie Davis (G)

Nolan Fine

Frances Bangel**

Herbert & Carolyn Bangel

Barry & Reatha Kantor*

Elliot Juren

Alan & Madeleine Samuels*

Lynn Schoenbaum (B)

David Katz

Larry & Judy Dobrinsky*

Manny Michaels

Herbert & Carolyn Bangel

Stuart & Mickey Held (S)

Jerry & Kathy Kantor

Leonard & Carol Laibstain*

Steve & Nancy Schreiber*

Aaron & Sara Trub****

Fred Rosenblum

Burt & Patsy Barr

Mark Barr**

Stuart & Marilyn Buxbaum*

Jeff Chernitzer*

Barry & Lois Einhorn*

Adam & Kristy Foleck**

Marvin & Claire Friedberg*

Arty & Pam Gladstone

Howard & Sandra Gordon

Lew & Glenda Greenhouse

Mark & Betty Greenspan*

Stuart & Mickey Held (S)

Zena Herod

Arnold & Miriam Hoffman**

Alan & Norma Jaffe**

David Kamer, Marcia Samuels**

Jerry & Kathy Kantor*

Ed & Betsy Karotkin**

Albert & Wendy Konikoff

Ron & Cindy Kramer (S)

Arthur & Emmy Lou Kreger*

The Krell Family

Bert & Joyce Legum*

Pauline Levin (B)

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Ken & Diane Muhlendorf (S)

Bonnie & Beth Reshefsky

Kenny & Barbara Rossen

Steve & Nancy Schreiber

Bob & Lynn Seltzer (B)

Hubert & Brenda Shapiro

Arnold Slone & Paula Alperin (B)

Sara & Aaron Trub

Janet Udell (B)

Alan & Jody Wagner

Irwin Stavin

Eric & Joan Joffe

IN HONOR OF

Mike & Marilyn Ashe's new

grandson, Gordon Leonard

Ashe

Aaron & Sara Trub*

Judi Cytron's birthday

Larry & Judy Dobrinsky

Hubert & Brenda Shapiro

The birth of Adam & Kristy

Foleck's son, Levi

Rhona Peck*

Alan Frieden's birthday

Jeff Chernitzer*

Rabbi Ruberg's 70th birthday

Nathan & Leora Drory (S)

Ed & Betsy Karotkin**

Mark & Brenda Kozak*

Sonny & Betty Lou Legum*

Aaron & Sara Trub****

Peter, Deb, Sabine & Emma

Segaloff, Happy New Year

Rebecca Danker (G)

Brenda Shapiro's birthday

Arthur & Emmy Lou Kreger

Norman Soroko's birthday

Stanley & Paula Goodman

Carol Rosenblatt**

Mike Wasserberg

Mark & Brenda Kozak*

SPEEDY RECOVERY TO

Arthur Kreger

Larry & Natalie Saunders

Judy Smith*

BERNARD MARTIN

MEMORIAL FUND

SPEEDY RECOVERY TO

Jeanne Marcus

Elsie Martin

BEVERLY RAFAL WERBEL

FUND TO HOUSE THE

HOMELESS

IN MEMORY OF

Paula Kreshin

Phyllis Baker Papkin*

JEFFREY KESSER

SCHOLARSHIP FUND

IN MEMORY OF

Fred Rosenblum

Barry & Kay Kesser (B)

IN HONOR OF

Larry & Judy Dobrinsky's

anniversary

Ashley & Judi Cytron

SUNDAY SCHOOL FUND

IN HONOR OF

Norman Soroko's birthday

Rick & Janice Foleck*

Ellyn-Mae Friedman

Freida Goldstein

Rosanne Goldstein

Barry & Kay Kesser*

RABBI ARNOWITZ

DISCRETIONARY FUND

IN MEMORY OF

Manny Michaels

Mark & Janet Levin*

Rabbi Paul Reich

Sheldon & Shulamith Elster

Fred Rosenblum

Donna & Harold Grossman**

Mark & Janet Levin*

IN HONOR OF

Rabbi Arnowitz for your efforts

in connection with the Men's

Mussar Study Group

Andy Auerbach (G)

Rabbi Arnowitz, thank you

David Kamer, Marcia Samuels(G)

The Rosenblum Family*

Larry & Judy Dobrinsky's

anniversary

Alan & Norma Jaffe**

Mark Lipton for your efforts in

connection with the Men's

Mussar Study Group

Andy Auerbach (G)

Scott & Ellen Rosenblum's

anniversary

Barbara Rosenblum

RABBI RUBERG

DISCRETIONARY FUND

IN HONOR OF

Rabbi Ruberg's birthday

Billy & Carole Bernstein

Ellyn-Mae Friedman & Family

Eric & Joan Joffe*

Jerry & Kathy Kantor**

Barry & Kay Kesser*

Annette Mand

We are grateful for the generous contributions of those who support Beth El

by remembering and honoring their friends and loved ones.

CANTOR DISCRETIONARY FUND

IN HONOR OF

Cantor Wendi, thank you

David Kamer, Marcia Samuels (G)
The Rosenblum Family*

JAY BARRART FUND

IN MEMORY OF

Alan Morrison

Bruce & Lauren Barr*

SPEEDY RECOVERY TO

Arthur Kreger

Raye Keller

SHARON SPITALNEY

SCHOLARSHIP FUND

IN MEMORY OF

Fred Rosenblum

Beril & Barbara Abraham*

Joan London

IN HONOR OF

Keith Goldstein's special birthday

Ron & Dorothy Spitalney

SPEEDY RECOVERY TO

Arthur Kreger

Meyer & Dee Dee Chovitz*

ROSE & ARMOND CAPLAN

MEMORIAL FUND

IN MEMORY OF

Helen Greenhawt

Jimmy & Randy Caplan****

L.T. & Stacie Caplan (S)

Fred Rosenblum

Herbert & Susan Brewer*

Jimmy & Randy Caplan

TAVIA & FREDA GORDON

MEMORIAL FUND

IN MEMORY OF

Bernard Miller

Allen & Barbara Gordon*

Erik & Samantha Gordon*

Fred Rosenblum

Allen & Barbara Gordon*

Michele Gordon, Pat Levy **

IN HONOR OF

Allen Gordon's birthday

Arthur & Emmy Lou Kreger

CARE FUND

IN HONOR OF

Pam Gladstone, Betty

Greenspan, Charlene Cohen,

Ilana Benson, Betsy Karotkin

& Nancy Kanter with heartfelt appreciation

Barry & Kay Kesser (G)

SPEEDY RECOVERY TO

Susan Brewer

Jerry & Kathy Kantor*

MINYAN FUND

IN HONOR OF

Rabbi Ruberg's birthday

Neil & Gina Rose*

HIGH HOLIDAY PRAYER

BOOKS

IN MEMORY OF

Fred Rosenblum

Alice Buxbaum

Ellen, Price & Stacey Shapiro

TREE OF LIFE

IN HONOR OF

Jerry Kantor's Beth El presidency

Jimmy & Randy Caplan

Norman Soroko's birthday

Cookie Orlins, Scott Orlins,

Randi Chernitzer & Blake

Chadwick

TREE OF MEMORY

IN MEMORY OF

Fred Rosenblum

Alan & Madeleine Samuels, Jay

& Nancy Samuels, Jesse & Bari

Wiens Simpson & Anita Gold &

Cheri Bedrick

Condolences to

Michael Barney and Debbie Kaufman on the loss of their mother, Maxine Barney of blessed memory.

Marsha Woodman and Eric Harris on the loss of their mother, **Shirley Harris** of blessed memory.

REMEMBRANCE DONATIONS

* = Chai = \$18

** = Double Chai = \$36

B = Bronze = \$19 - \$49

S = Silver = \$50 - \$99

G = Gold = \$100 or more

October - November Yahrzeits

*We record the sacred memory of the following departed members
of the families of our congregation on the occasion of yahrzeit.
The names of our beloved departed are read from the pulpit at each evening minyan.*

<u>OCTOBER 1</u> George Golding Celia Gross Daniel Katzoff Morey Lipton Harry Schneider Ray Weisberg	<u>OCTOBER 10</u> Ruth Rosenblum Sarah Tavss Schachna Wainger Howard Werbel	<u>OCTOBER 20</u> Leon Cardon Ethel Holzweig Murray Kossman Albert Lazernick Bonnie Reshefsky Rebecca Reshefsky Adolph Salomon Isaiah Sobel	<u>OCTOBER 27</u> Jean Bennett Joseph Coplon Rose Finestone Ida Glick Jack Kan Kate Kaplan Sidney Orlins Sarah Sears	<u>NOVEMBER 3</u> Hannah Aron Freda Aron Chana Avittan Jacob Berg Bessie Chapel Rachel Chenman Joseph Keller Rachel Levin Max Levin Hannah Lubschutz Jack Lyons Dave Rauch Sarah Waranch Sarah Wax	<u>NOVEMBER 9</u> David Barr Harry Berg Blanche Glickman David Havelock Bennie Jacobson Ben Lander Sol Lasting Julius Myers Stanley Polis Harry Rosenblatt Ronald Rothman Louis Simons	<u>NOVEMBER 16</u> Bertha Benn Celia Cohen Joseph Eichelbaum Fred Kalish Manuel Robbins Sarah Sherasheff	<u>NOVEMBER 24</u> Albert Barr Carol Goretzky Rebecca Laibstain Sarah Landau Jonas Max Minnie Rosenberg Leona Shenker Murray Waitzer
<u>OCTOBER 2</u> Ethel Hochberg Faye Kobren Lawrence Diamond Regina Cisenfeld Sidney Weinraub	<u>OCTOBER 11</u> Sophia Amelson Leon Berlin Jennie Bernstein Leah Jaffe Esther Kaplan Sylvia Krug Fannie Levin	<u>OCTOBER 21</u> Sarah Cytron Melvin Friedman Cecelia Joffe Bernard Katz Barbara Kreiger Lillie Lobe Rosa Salsbury Gaston Soussan Ida Steingold	<u>OCTOBER 28</u> Loretta Bateman Ida Behrman Fannie Cohen Leon Ganderson Evelyn Hassett Herman Herz Harry Kittner Bezalel Myers Ida Parker Ruth Pollack	<u>NOVEMBER 10</u> Bessie Clark Zishe Drucker Jack Hodor Charles Krochmal Rosalie Littman Sam Samuels Eli Simons Sylvan Weinstein	<u>NOVEMBER 17</u> Harry Belkov Fannie Friedman Flora Glick Ida Jelaza Harry Legum Max Meyer Sandra Rosenberg Glenda Shuwall	<u>NOVEMBER 25</u> Bernard Bernstein Minnie Cohen Sol Cohen Larry Epstein Barnett Gesuntheit Murray Halpern Hannah Higger Claire Jacobs Sarah Legum Shirley Mirman Beatrice Sainsbury	<u>NOVEMBER 26</u> Fannie Hamburg Myer Herzberg Morris Hodor Fannie Liebman Bertram Starr Rebecca Swersky Bernice Zitter
<u>OCTOBER 3</u> William Baros Anna Blacker Hyman Block Ethel Carmel Stanley Friedman Hyman Laderberg William Rieger Moses Rubenstein Frieda Sifen Pinchas Sifen Mordecai Sifen	<u>OCTOBER 12</u> Max Hoffman Rachel Hyman Frank Meyer Charles Miller Edie Clemans David Friedman Robert Dobrinsky	<u>OCTOBER 22</u> Tilton Coplon David Krell Melvin Marcus Eva Michaels Ben Salsbury Edward Saunders Jake Soroko Yedidia Soroko Lena Tumin Annie Weisberg	<u>OCTOBER 29</u> Sidney Aron Samuel Ehrenworth Virginia Goodman Jacob Kress Edna Krukin Sol Laderberg October 30 Sondra Bress Cecilia Caplan Alex Davis Ruth Kreger Faye Schulwolf Joseph Sod William Walner Jack Warsof	<u>NOVEMBER 11</u> Joseph Friedman Lilly Gorn Max Holtzman Helen Hirsch Ronald Hyman Jack Kesser Celia Krichman Jess Mack Frieda Morris Samuel Wasserman Mildred Zeitman	<u>NOVEMBER 18</u> Anna Feldman Tavia Gordon Shirley Murnick Abraham Schapiro November 20 Clara Goldstein Sam Gordon Mervin Hoffman Kate Lavine Benjamin Pear Anna Reichenthal Harry Simons Yetta Snyder	<u>NOVEMBER 27</u> Freda Bodner Margaret Feldman Adelle Learman Rose London Helen Nesson Fred Richter Deborah Sadoff	<u>NOVEMBER 28</u> Abe Bangel Joseph Eisenberg Julius Frankel Marie Goldfarb Louis Hurwitz Aaron Kruger Max Meltzer David Nathan Martha Robbins Ethel Stanfield
<u>OCTOBER 4</u> Herman Epstein William Finkelstein Robert Glasser Nathaniel Kaye Melba Lazarus Myer Levin Sam Nathan Jacob Stark Ann Waranch	<u>OCTOBER 13</u> Samuel Aftel Shirley Bierman Ann Levy Anne Orloff Pauline Porter Sarah Staub Fannie Terkeltaub	<u>OCTOBER 23</u> Charles Cohen Leon Fine Irwin Frieden Sol Friedman Esther Goldstein Bernard Grossberg Lillian Kaplan Joseph Kruger	<u>OCTOBER 31</u> Phillip Bress Bernard Cohen Geoff Cuthbert Rena Fivel Edna Rubin	<u>NOVEMBER 12</u> Isadore Bernstein Rene Cohen Sarah Cohen Kenneth Edelson Julia Mantinband Anna Ruden	<u>NOVEMBER 20</u> Melvin Barr Fannie Berman Pearl Brown Mildred Forman Fay Greenberg Israel Leibowitz Isaac Lubschutz Norman Perlin Susan Rosenblatt Mae Schilansky Regina Schloss	<u>NOVEMBER 29</u> Louis Bartley Dorothy Bleecker Aaron Goldstein Shirley Helfant Louis Levin Virginia Mirman Rose Robbins Max Shapiro Harry Sonkin Mark Westbrook Gail White	
<u>OCTOBER 5</u> Eveline Abrams Sylvia Benas Roberta Binder Max Caplan Solomon Konikoff Edith Litzerman Sharon Spitalney	<u>OCTOBER 14</u> Mary Barker Freda Coan Sam Goldstein Reuben Polis Craig Schwartz Belle Strauss	<u>OCTOBER 24</u> Mary Banks Abraham Baum Louis Broudy Louis Goldman Eve Hurwitz Harry January Rose Kanter Melvin Legum Metta Loewenbach Moses Mizroch Herman Simon	<u>NOVEMBER 6</u> Pearl Aleck Ruth Bensley Ruth Berger Armond Caplan Louise Carreiro Nathan Fried Simon Jacobs Flora Kozak Harry Levine Mollie Richels Bernice Rosenblum Hyman Sears David Wolman	<u>NOVEMBER 13</u> James London Ida Caplan Annette Stein Sally Ambrose Ben Gordon	<u>NOVEMBER 21</u> Louis Fine Edith Laderberg William Leiderman Ruth Levinson Morris Myers	<u>NOVEMBER 30</u> David Cytron Paul Farfel Jacob Kandel Janis Kaplan David Levin Harry Mendel	
<u>OCTOBER 6</u> Claire Caine Edie Caroff Moses Porter Ethel Shapiro October 7 Isadore Epstein David Friedman Stephen Ganderson Irvin Goldman Frank Hyman Eva Kress Amy Krochmal Harvey Levin Lena Salzberg Dora Winer	<u>OCTOBER 15</u> Molly Goldsticker Isaac Gordon Melvyn Penson Rose Thomashefsky	<u>OCTOBER 25</u> Eliot Blumberg Mark Fleishman Esther Gould Samuel Handel Coleman Kluff Morris Krampf Joseph Kroskin Lizzie Kurtzweil Abe Rosenblatt Theodore Rosenblum Louis Schlain	<u>NOVEMBER 7</u> Hy Blumenthal Claire Chesler Kate Clark Irving Davis Freda Gordon Tillie Stark Sarah Teitelbaum Herman Wallenstein	<u>NOVEMBER 14</u> Samuel Aks Justin Bangel Max Colodne Sara Davis Carl Janow Harry Leibowitz Ralph Max Jesse Rafelman Bete Turok	<u>NOVEMBER 22</u> Minnie Cherin Leo Jaffe Edward Kesser Sandy Kessler Samuel Kreger Albert Levy Michael Marx Leo Rogan Daniel Tavss Herbert Weinberg		
<u>OCTOBER 7</u> Isadore Epstein David Friedman Stephen Ganderson Irvin Goldman Frank Hyman Eva Kress Amy Krochmal Harvey Levin Lena Salzberg Dora Winer	<u>OCTOBER 16</u> Julius Barker Louis Caplan Bessie Kruger Yaffa Lubaton Shirley Zilber	<u>NOVEMBER 8</u> Bessie Beck Betty Berg Abraham Berman Goldie Davis Bessie Finkelstein Irving Hecht Sol Holzweig Sarah Jacobson Sarah Kaplowitz Rachel Kurtz Ruth Miller Joseph Morris Jack Newman Kathy Rosenbach Rose Silverstein	<u>NOVEMBER 9</u> Abraham Albert Philip Bress Michael Brownstein Jacob Goldman Nathan Gottlieb Lillian Juren Ruthi Kroskin Rebecca Krukin Dora Laderberg Harry Rosen Mary Rosenbaum Gerald Stein	<u>NOVEMBER 15</u> Harris Crockin Fannie Davis Lena Goodman Rosa Hyman Barry Jacobson Rae Kesser Sol Laderberg Lenore Laibstain Marjorie Leiderman Erwin Michaels Hannah Morewitz Emma Samuels David Waranch	<u>NOVEMBER 23</u> Annie Adler Evelyn Eisenberg Murray Kaufman Hilda Molofsky Isadore Myers Barbara Tabakin Elliott Young		
<u>OCTOBER 8</u> Max Cooper Elizabeth Friedman Anna Klein Isaac Reuben Ellen Shapiro	<u>OCTOBER 17</u> Lewis Bress Beulah Cohen Barnett Colton Celia Friedberg	<u>NOVEMBER 9</u> Bessie Beck Betty Berg Abraham Berman Goldie Davis Bessie Finkelstein Irving Hecht Sol Holzweig Sarah Jacobson Sarah Kaplowitz Rachel Kurtz Ruth Miller Joseph Morris Jack Newman Kathy Rosenbach Rose Silverstein					
<u>OCTOBER 8</u> Max Cooper Elizabeth Friedman Anna Klein Isaac Reuben Ellen Shapiro	<u>OCTOBER 18</u> Sarah Applebaum Sophia Arenstein Anna Berg Louis Coplon Joseph Lavine Irvin Levin Dora Michaels David Nesson Rebecca Robbins						
<u>OCTOBER 9</u> David Drogin Albert Gould Simon Haskell Hannah Itzkowitz Ida Kahn Peggy Weiner	<u>OCTOBER 19</u> Jennie Berman Fannie Caplan Ann Lewis Abraham Massey Marguerite Permutt Hilton Rubin Jerry Shine Selma Sobel Lena Tish	<u>OCTOBER 26</u> Aaron Brewer Edward Carreiro Rosalyng Engel Jeanette Friedman Leon Hecht Sarah Levine Steven Margulies					



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SAVE THE DATE!

DECEMBER 10, 2016

A FUN-FILLED EVENING!

A

MONTE CARLO

NIGHT

MORE INFORMATION FORTHCOMING!

Elul -Tishri 5777 * October 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 28 Elul Shabbat services: 9:30 am Torah Portion: Nitzavim
2 29 Elul EREV ROSH HASHANAH Congregational service: 5:45 pm	3 1 Tishri ROSH HASHANAH Shacharit: 8:15 am Family Service: 10:30 am Tashlikh: 5:00 pm Mincha-Maariv: 6:45 pm	4 2 Tishri ROSH HASHANAH Shacharit: 8:15 am Shofar Idol: 10:30 am Mincha-Maariv: 6:45 pm	5 3 Tishri FAST OF GEDALIAH	6 4 Tishrei Kavanah to Kaparah at Ed & Betsy Karotkin home: 6:30 pm	7 5 Tishri Candlelighting: 6:21 pm	8 6 Tishri Shabbat services: 9:30 am Torah Portion: Vayelech SHABBAT SHUVAH
9 7 Tishri Genezia Ceremony in Suffolk Annual Cemetery Service at Forest Lawn Cemetery: 12:30 pm	10 8 Tishri	11 9 Tishri KOL NIDRE Services: 6:00 pm	12 10 Tishri YOM KIPPUR Shacharit: 9:00 am Yizkor: 12:45 pm Study Session: 3:15 pm Mincha: 4:15 Neilah: 5:30 pm Maariv: 7:00 pm Shofar: 7:10 pm Light Processional: 7:10 pm	13 11 Tishri	14 12 Tishri Candlelighting: 6:11 pm	15 13 Tishri Shabbat services: 9:30 am Torah Portion: Ha'azinu
16 14 Tishri EREV SUKKOT Mincha-Maariv: 5:45 pm Beit Sefer Shalom/UHS 9:15 am	17 15 Tishri SUKKOT Festival service: 9:15 am Mincha-Maariv: 6:30 pm	18 16 Tishri SUKKOT Festival service: 9:15 am Mincha-Maariv: 6:30 pm	19 17 Tishri Lunch & Learn in the sukkah 12 noon Men's Club Scotch & Steak in the sukkah: 6:45 pm INTERMEDIATE DAY	20 18 Tishri Sisterhood Subs in the Sukkah with Rabbi Panitz 12 noon INTERMEDIATE DAY	21 19 Tishri Congregational Dinner in the sukkah: 6:30 pm Services: 5:45 pm INTERMEDIATE DAY Candlelighting: 6:02 pm	22 20 Tishri Shabbat services: 9:30 am CHOL HAMOED
23 21 Tishri Mincha-Maariv: 5:45 pm HOSHANA RABBAH Beit Sefer Shalom/UHS 9:15 am	24 22 Tishri SHEMINI ATZERET Festival Service: 9:15 am Yizkor: 10:45 am Celebratory service: 6:30 pm	25 23 Tishri SIMCHAT TORAH Festival service: 9:15 am Mincha-Maariv: 6:30 pm	26 24 Tishri Lunch & Learn 12 noon	27 25 Tishri	28 26 Tishri Candlelighting: 5:54 pm	29 27 Tishri Shabbat services: 9:30 am Torah Portion: Bereshit Marah Gordon Bat Mitzvah
30 28 Tishri Community Health Fair at New Life Providence Church: 1:15 pm Beit Sefer Shalom/UHS 9:15 am	31 29 Tishri					

Tishri - Cheshvan 5777 * November 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 30 Tishri ROSH CHODESH	2 1 Cheshvan Lunch & Learn 12 noon ROSH CHODESH	3 2 Cheshvan	4 3 Cheshvan Adult Recess Progressive Shabbat dinner: 7:00 pm Candlelighting: 5:46 pm	5 4 Cheshvan Shabbat services: 9:30 am Torah Portion: Noach Nathan and Ethan Prince B'nai Mitzvah
6 5 Cheshvan DAYLIGHT SAVING TIME BEGINS Beit Sefer Shalom/UHS 9:15 am	7 6 Cheshvan	8 7 Cheshvan	9 8 Cheshvan Lunch & Learn 12 noon	10 9 Cheshvan	11 10 Cheshvan VETERAN'S DAY Candlelighting: 4:40 pm	12 11 Cheshvan Shabbat services: 9:30 am Torah Portion: Lech Lecha
13 12 Cheshvan Beit Sefer Shalom/UHS 9:15 am Cantor Wendi Fried's Installation 5:30 pm	14 13 Cheshvan	15 14 Cheshvan	16 15 Cheshvan Lunch & Learn 12 noon	17 16 Cheshvan	18 17 Cheshvan New Member Shabbat Dinner and Celebration 5:45 pm Candlelighting: 4:36 pm	19 18 Cheshvan Shabbat services: 9:30 am Torah Portion: Vayera
20 19 Cheshvan Blood Drive 9am to 1 pm Beit Sefer Shalom/UHS 9:15 am	21 20 Cheshvan	22 21 Cheshvan	23 22 Cheshvan NO Lunch & Learn	24 23 Cheshvan THANKSGIVING DAY	25 24 Cheshvan Candlelighting: 4:32 pm	26 25 Cheshvan Shabbat services: 9:30am Torah Portion: Chaye Sarah
27 26 Cheshvan NO Beit Sefer Shalom/UHS	28 27 Cheshvan	29 28 Cheshvan	30 29 Cheshvan Lunch & Learn 12 noon			