



Congregation Beth El Bulletin

Adar II - Nisan 5776
April 2016

Beth El Congregational Seder

Second Night of Passover
Saturday Evening, April 23rd
5:30 pm

Adults: \$55 Children (6-12 yrs): \$23
Children (3-5 yrs): \$10
Non-Members: \$60

RSVP by April 8th



RESERVATIONS CAN NOT BE ACCEPTED WITHOUT PAYMENT

Please call the synagogue office at 625-7821 with the names of your family members who will be attending.

Special Passover Service Times

Friday, April 22nd

(Erev Pesach)

Evening Services – 5:45 pm

Saturday, April 23rd

(First Day)

Morning Services – 9:30 am

Evening Services – 8:15 pm

(After Community Seder)

Sunday, April 24th

(Second day)

(in Chapel)

Morning Services – 9:30 am

Evening Services – 8:15 pm

Thursday, April 28th

(Erev Second Yom Tov)

Evening Minyan – 5:45 pm

Friday, April 29th

(Seventh Day)

(in Chapel)

Morning Services – 9:30 am

Evening Services – 8:15 pm

Saturday, April 30th

(Eighth Day)

Morning Services – 9:30 am

Arrive for Yizkor Memorial Services by 10:45 am

Evening Services – 8:15 pm

How Uncivil Speech Enslaved a Nation (and could do it again) by Jeffrey M. Arnowitz

It is not only the secular month of April; it is the Jewish month of Nisan, the Jewish month of storytelling. In a few weeks, we will all sit around the table and tell the story of Passover, of how a ruthless tyrant and a misguided people committed genocide against the Children of Israel and how God brought us out of there with plagues and matzah and something about “One Little Goat.”



Rabbi Jeffrey M. Arnowitz

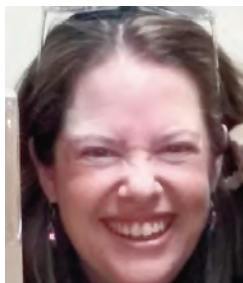
Every story has to start somewhere and at the seder we start with “And the Egyptians treated us cruelly and afflicted us, and they imposed hard labor upon us (Deut. 26:26).” But that version of the story oddly leaves out the why and how the Egyptians decided to treat us so badly. We read in the Exodus version of the story, “He [Pharaoh] said to his people, ‘Behold, the people of the children of Israel are more numerous and stronger than we are. Get ready, let us deal shrewdly with them, lest they increase, and a war befall us, and they join our enemies and depart from the land.’” So how does the great and enlightened Egyptian Empire fall into the evils of prejudice and ultimately slavery and genocide? It starts with a few choice words - terrible, uncivil words - from their leader; and sadly it is a pattern we have seen in history ever since with victims Jewish and Gentile too numerous to count.

I cannot help but see this tale as a cautionary message for us today. Every time I think that the level of discourse in this country could not possibly fall lower than it is, some public figure comes along to prove me wrong. I truly find the level of vitriol, scapegoating and prejudice now apparently acceptable in public discourse to be shocking and frightening. Of course, I don’t expect everyone to agree on things. Disagreement is healthy; in fact, disagreement is a cornerstone of Jewish learning and growing. The trick is in how we disagree.

Traditional Jewish discourse believes that the person you disagree with can be your greatest teacher. If ultimately they are correct, then you can learn the truth from them. If ultimately they are incorrect, you can reinforce your knowledge by sincerely considering and disputing their claims. That is why Judaism teaches us not only to respect a person with whom we disagree but also to love them. After all, when you have a regular study partner, the person with whom we debate our sacred texts on a regular basis, that person is called your *hevrutah*. It comes from the same Hebrew root as “*haver*” or friend.

It is time we take that approach to our political and civic discourse. It is up to us to call out leaders when they are scapegoating and inciting as well as to call out our peers when they are disrespecting and dismissing. History has shown us time and again that even the most enlightened societies can quickly become the most despicable and in every case the sad drama begins with a few choicely planted, uncivil words and a population that refuses or declines to cry foul. As we teach the sad story of Israelite slavery in Egypt, let us also teach about the dangers of the loose and evil speech that starts the story. Perhaps if we can educate about our story, we can help prevent the next indecent chapter in human history.

A Note From Cantor Wendi



Dear Beth El family,

Our tradition is all about community. One of my favorite songs growing up was “Wherever You Go” by Larry Milder. It’s a classic! The lyrics are timeless and I was always comforted by the message...

<https://www.youtube.com/watch?v=MJy7Jh8mxjk>

*Wherever you go there’s always someone Jewish
You’re never alone when you say you’re a Jew
So when you’re not home
And you’re somewhere kind of ‘newish’
The odds are—don’t look far—
‘Cause they’re Jewish, too.*

*And some Jews wear hats
And some Jews wear sombreros*

*And some wear k’fiahs to keep out the sun
Some Jews live on rice, and some live on potatoes
Or waffles, felafels, or hamburger buns.*

*Amsterdam, Disneyland, Tel-Aviv—
Oh, they’re miles apart
But when we light the candles on Sabbath eve
We share in the prayer in each one of our hearts. Etc....*

The point is, that while there are Jews of various cultural backgrounds, denominations, and observance levels, we must recognize that we Jews need each other! The Rabbis created a tradition for us in which there is almost nothing that we can observe fully, celebrate, or mourn for in our lives without our community.

This time of year we have many opportunities to enjoy our Beth El community! We just had Purim which was fabulous, and now we move on to preparation for Passover! When I was growing up, we used to have the second seder every year at the shul and I have not been to one in a very long time! So I am pleased to say that this year, the whole Fried/Portman clan will be at the second seder here at Beth El and we are very much looking forward to sharing that evening with all of you! Throughout Passover we will have wonderful services with Hallel, Yizkor, the reading of the Song of Songs, and maybe even a couple of musical surprises, as well as fun and exciting activities/services for the kids each day!

This time of year, as we gather around the seder table, is when I feel that world-wide Jewish community more than ever! Passover is the holiday observed by the most Jews (and Christians) across the globe. Preparation for this intense holiday can be daunting...the cleaning, the shopping, more cleaning, and cooking, and more cooking...these preparations unite us all!

...And then there is what to do with the first seder!! (because of course you’ll let us here at Beth El worry about the second one) NOT TO WORRY! Over the years I have planned many a creative seder and through my research, I have learned much about how Jews observe and prepare for this holiday around the world. Have you ever heard of people wacking each other with scallions or pouring water on the floor and having everyone walk through it? Throwing pebbles over your shoulder? These are only some of the Passover/seder traditions from around the world that we will learn about if you attend our “Enhance Your Seder” seminar which will be held on April 3rd from 10-11 am. Beyond ideas from other cultures that you might want to try, we will give you resources, song sheets, theme ideas...everything you might need to make your seder a little different than it was last year!

We hope you will come to be with your Beth El community over Passover this year!

From our family to yours, may you have a meaningful chag full of beautiful moments made with your family and friends and know you are part of a bigger Jewish community doing the same all over the world!

B’ahava rabah,
Cantor Wendi

PASSOVER INFORMATION

What to do the day before Passover

A lot goes on the day before Passover (this year it's Thursday, April 21st to Friday, April 22nd) from searching for chametz to burning chametz to feasting on bagels (everyone loves that part). It all starts the night before. Read the items below (in chronological order) to see what the requirements are and how Beth El is helping:

1. **Sell your chametz** - Some time before Passover starts, it is customary to seal all your chametz away in a cabinet or closet and "sell" it to a non-Jew. Rabbi Arnowitz will be happy to facilitate this transaction in person, or you can send/bring in the form in this bulletin. Basically, you'll sell us your chametz, and we'll turn around and sell it to an appropriate non-Jewish party. For the service provided (making it so you do not have to throw out or burn all your chametzdik products), it is customary to make a small tzedakah donation (around \$5), which we will also be glad to collect at the time or you can send it in with the form.

2. **Bedikat Chametz** – The search for chametz – evening of Thursday, April 21st – On the night before Passover, after dark, it is a mitzvah to search your house for chametz with a candle to light your way (for little kids a flashlight is fine) and a feather to dust up crumbs. It has become the custom to save a few pieces of bread and turn the search into a scavenger hunt. The Rabbi and Tami use cheerios to make sure there are no crumbs that get away, but any bread-product will work.

We start with a blessing. The chametz should be collected and saved to be burned in a special ceremony in the morning. After all the chametz is found, a special declaration is made nullifying any leavened products we accidentally left in the house. The blessing and formula can be found at the beginning of almost any hagadah.

3. **Fast of the First Born "Siyum"** – morning of Friday, April 22nd. The day before Passover is a minor fast day for first-born males (those without older sisters). It is a way to remember and mourn all of the death that came with the 10th plague.

A minor fast day can be cancelled out by a ceremony called a "siyum," which celebrates the completion of a unit of Jewish learning. So, on Friday morning, after minyan, Rabbi Arnowitz will celebrate the completion of studying a chapter of the Talmud. All are welcome, those required to fast and others.

Following the brief ceremony, we will all share one last bagel breakfast together before our week of refraining from chametz.

4. **Biur Chametz** – The Burning of the Chametz – morning of Friday, April 22nd – After minyan and the "siyum," at 9:00 am, it is customary to burn the chametz we found the night before. There will be a nice little bucket of fire burning in the parking lot of Beth El and all are welcome to come and use it to perform this mitzvah. There is also a nullifying declaration to be made after putting the chametz in the fire. The formula for this can be found in the hagadah. In addition to burning our chametz, we will roast marshmallows with the kids!

5. **Times for no longer eating chametz** on Friday, April 22nd

- 1) We do not eat matzah on Friday, because it is supposed to be something we desire when we take that first bite after Ha-motzi at the seder.
- 2) We can no longer eat any kind of leavened product as of 10:48 am.
- 3) We are required to have "sold" or burned all of our leavened products by 11:56 am

Chametz Form

One of the obligations of Passover is to completely clear our homes and offices of chametz. For anything we don't want to throw or give away, there is a loophole – We can seal it in a cabinet or closet and temporarily sell it to a non-Jew for the week of the holiday. This custom is known as Mechirat Chametz. If you would like to participate in Beth El's Mechirat Chametz (Rabbi Arnowitz will buy all of your chametz and sell it to our designated non-Jewish person), please detach this form and send it to the Beth El office by Thursday, April 21st. The chametz will revert to your possession on Saturday evening, April 30th at 9 pm.

MECHIRAT CHAMETZ - AUTHORIZATION FOR SALE OF CHAMETZ

I HEREBY AUTHORIZE RABBI JEFFREY ANROWITZ TO SELL ALL HAMETZ IN MY POSSESSION.

NAME: _____ SIGNATURE: _____
 ADDRESS: _____ BUSINESS ADDRESS: _____

SUGGESTED DONATION: \$5.00

PLEASE MAIL THIS FORM TO THE SYNAGOGUE OFFICE NO LATER THAN THURSDAY, APRIL 21ST.
 OR DELIVER IT TO THE OFFICE BY HAND.

CONGREGATION BETH EL
 422 Shirley Avenue, Norfolk, VA 23517

Enhance Your Seder

Who knows one? I know one!

ONE is the seminar being offered and...

TWO are your guides through the Haggadah this year

FOUR is the magic Passover number

TWENTY are the Passover songs we will sing

FIFTY are the number of different ideas we have to enhance your seder this year

FIVE HUNDRED are the different languages that the

FOUR questions have been translated into! NO JOKE!

and we're back to, as always,

ONE IS HASHEM, ONE IS HASHEM, ONE IS HASHEM... IN THE HEAVEN AND THE EARTH!!

COME JOIN US **Sunday, April 3rd**, from 10-11 for ideas on how to Enhance your seder experience!! You will go home with scads of creative ideas on how to make the seder relevant and interesting for everyone in your family from age 2-102, numerous songs and parodies to incorporate, and LOADS OF RESOURCES from which to glean!

See you there!!

Cantor Wendi and Rabbi Arnowitz



**CHAMETZ ROAST AND
MARSHMALLOW TOAST!
EAT MARSHMALLOWS
AND DO A MITZVAH**

The Torah informs us that chametz (leavened products) should not be eaten, seen, or even located in one's house during the festival of Passover. Therefore, people go to great lengths and often create games to search the nooks and crannies to remove yeast products from their homes and burn them the morning before the holiday begins. This symbolizes cleaning out our minds and hearts, removing negative forces for renewal.

This year, bring your gathered leftovers to Beth El on Friday, April 22nd, and we will burn our chametz together in the parking lot at 9:00 a.m. We will supply the marshmallows to toast and eat as we watch our chametz burn!



Torah on Tap

Pre-Pesach Edition

April 6th at 7:00 pm

**Great learning in
a fun environment
with wonderful people - Join us!**



Wednesday, April 6th

Pre-Pesach

at

Gordon Biersch

Town Center

4561 Virginia Beach Blvd

Virginia Beach 23462

490-2739

Join us for a chametz-filled discussion (got to get that bread in while we can) as we tackle Passover, bringing some new perspectives to liven up your seder discussion, or just make the holiday a little more meaningful for you.

**Please RSVP to the office so that we can
reserve the right amount of space!**

Ask the Rabbi

A Monthly Q and A with RJA

Question: If corn and rice are *chametz* (foods forbidden on Passover) why are some people allowed to eat them?

Answer: What you are really asking about is not *chametz* at all. It is a special category of food called *kitniyot*. There are several foods in this category – rice, corn and dried beans to name a few. *Kitniyot* foods were forbidden among Ashkenazi Jews (those of Central European descent) but allowed in the Sephardi (Spanish) Jewish community. Unlike actual *chametz*, everyone agrees that you are allowed to own *kitniyot* on Passover and if you forgot and put rice on your chicken, you could simply scrape it off and eat the chicken. For comparison, if it were *chametz* on your chicken, you'd be required to burn it all – quite a difference. One other difference is that derivatives of *kitniyot* are not *kitniyot*. So, corn syrup or peanut oil are okay, even if you consider corn and peanuts to be *kitniyot*.

Why? That's an excellent question. No one really knows the origin of the custom. There is a reference in the Talmud on Passover to a rabbi who considers rice to be *chametz*, but his view is quickly dismissed. So, we don't really know where the idea comes from.

In recent times *poskim* (deciders of Jewish law) from the Orthodox Rabbi Moshe Feinstein to several, respected Conservative *poskim* have ruled that *kitniyot* is a foolish custom without origin and can be terribly burdensome. Therefore it should not be followed. Of course by legend, Mrs. Feinstein still wouldn't allow *kitniyot* in her kitchen on Passover, and we don't eat it in the Arnowitz house either. However, the movement to undo *kitniyot* is gaining steam, fueled greatly by the custom in Israel whose people accept mostly Sephardic customs. The vast majority of Israelis will eat *kitniyot* no matter their background, and that feeling is spreading slowly but surely to the American Jewish community. So who knows? It may not be long before pb&j and chicken with rice are back on the menu!



SUNDAY, APRIL 3RD

7:00 PM

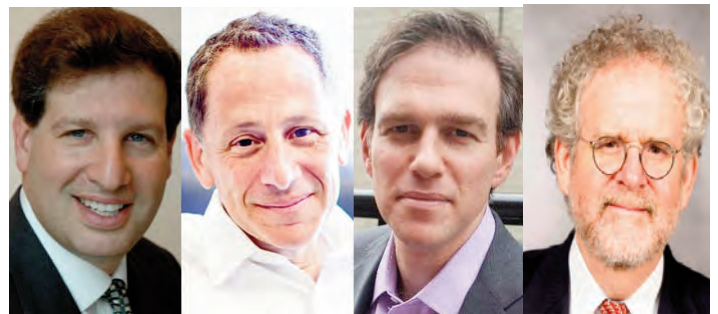
\$5.00 per person

*The Milton "Mickey" Kramer Scholar in Residence Fund
proudly presents
the 92nd Street Y at Beth El
Funding also provided through a generous grant from
the United Jewish Federation of Tidewater*

Four of America's most distinguished foreign policy experts explore crucial issues that our next President must face.

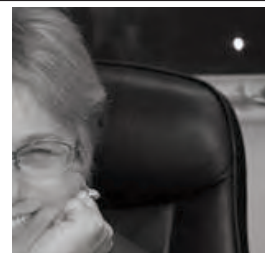
Unprecedented turmoil in the Middle East; belligerence and muscle-flexing from Moscow; economic and political uncertainties in Europe; a China determined to supplant U.S. influence in Asia. How should America's next president deal with all this? What can we learn from this year's election campaign about the likely future of U.S. foreign policy?

A free-wheeling discussion with four of America's most distinguished experts: Hudson Institute's Walter Russell Mead, Foreign Affairs editor Gideon Rose, Foreign Policy editor David J. Rothkopf and Pulitzer Prize-winning columnist Bret Stephens of the Wall Street Journal.



“Guess Who’s Coming to Dinner?” by Sharon Wasserberg, Education Director

The last of the hamentaschen prepared for Purim 5776 are history. Even the ‘nobody’s-favorite-but-you-have-to-have-them-available-regardless poppy seed filled flavor finally got eaten. Our focus has shifted to finding something good about matzah. There are Pesach cookbooks strewn everywhere, and the shopping lists have spawned shopping lists of their own. But (you knew there had to be a ‘but’) who is going to make the cut for the first seder and who gets stuck with leftovers or the next-best menu planned for the second night? This might be a moot point for those who have reservations to participate in the Beth El Second Seder, but Myers Hall cannot accommodate our entire congregational membership plus additional guests at a single seating so there will be Beth El-“ites” facing this problem.



Our dining room can seat 10 semi-comfortably and we are expecting between 16 and 21 people to arrive at or around the same time hoping for at least two kneidlach each after patiently ‘suffering’ through the Seder. Where on Earth are they going to sit?

Since Pesach 5746 (1996), we have lounged around the living room/family room for the Seder portion of the evening. Early on, after the bracha for the parsley has been recited, veggies and dips are made available. White wine/grape juice, while not the preferred color, has the distinct advantage of not staining either clothing or carpeting. Thus, when the Seder breaks for dinner, no one is tired of sitting at the table and staring at the ubiquitous carrot atop the requisite piece of gefilte fish. Dinner is served buffet-style and the kidlets have their own space away from the adults. Under these circumstances, we can actually host as many folks as haggadot are available.

But should there be a stranger in a strange land with nowhere to go for the Seder of Pesach we know from personal experience how easily haggadot are shared, and the Wasserberg Family version of ‘enough food’ means no one ever goes hungry at our house. After all, the prophet Elijah is expected to arrive late and he has to eat, too.

With wishes for a chag Pesach 5776 kasher v’samayach, Sharon



Luluroe Pop-Up Boutique to Benefit BERS!

Sunday, April 10th during school hours

Luluroe leggings, tunics, skirts, dresses and more.

Get ready to shop for a good cause!

Watch your email for more info!

Chocolate Seder

Our departure from Egypt would’ve been so much easier with chocolate!

The Annual Chocolate Seder a la 5776
will take place

on

Saturday morning, April 16th
beginning promptly at 10:30 AM

RSVP to the Beth El office

by

April 13th

BERS in April

April 3rd

April 10th

April 17th



Shabbat Morning Programming
for Kids in April

April 2nd

Kindergarten through 5th grades

April 9th

All ages (Mini-Minyan in Laibstain Lounge)

April 16th

Kindergarten through 5th grades

April 23rd

All ages (Mini-Minyan in Laibstain Lounge)

Greetings,

By the time you get this bulletin, Purim will have come and gone. We also will have had our Sisterhood Shabbat on March 26th, under the guidance of Ina Leiderman who devoted many hours into the planning of this day. As we move forward, Pesach will be here at the end of April, and we wish our fellow congregants a very happy and enjoyable seder.

We would like to share some news. If you have not been informed, there is a Victory for the Women of the Wall, an NCJW partner in Israel. The government of Israel has finally recognized egalitarian prayer at the Kotel, the Western Wall. The Women of the Wall have had a part of our Israel Granting Program for many years, and NCJW is proud to have been a part of their growth as a movement. Though there is a difficult road ahead for total gender equality at the Kotel, we applaud the Women of the Wall movement for their steadfastness and leadership in bringing religious pluralism to the forefront of the civil rights movement in Israel.



Lastly, we would like to remind our congregants that we are having a 50% off sale in our Sisterhood Gift Shop, so please stop by Wednesdays from 11:30 am to 2 pm, Thursdays 11:00 am to 1 pm or on Sundays from 11:00 am to 1 pm to shop and purchase.

Shalom, "The Helenes"



SISTERHOOD
GIFT SHOP

50% OFF EVERYTHING
75% OFF SELECTED
ITEMS



**Walking the Holy Land
A Hiking Tour of Israel
April 27th - May 7th, 2017**

Would you be interested in a different sort of Israel trip? How about a trip that affords you the opportunity to walk in the footsteps of the Ancient Israelites as well as the trails of modern



Israelis in both the wilderness and the cities? Perhaps a hike around the ancient and wondrous site of Wadi Rum in Jordan would interest you, as well? If you like to hike and would like to experience Israel on your own two feet, this trip is for you!

The trip will likely take place in April 27th through May 7th, 2017.

If you are interested in connecting with Israel not only spiritually and emotionally, but also physically, let Rabbi Arnowitz and our trip co-chairs Robert Laibstain and Norman Goldin know by emailing Rabbi Arnowitz at rja@bethelnorfolk.com.

**Save the Date
Friday Evening, June 3rd
End of Year Celebration
and
Annual Meeting**

Mark your calendars now!
This is a great night for everyone
in the Beth El Family!



5:30 pm - Annual Meeting – a brief review of synagogue finances and voting on the new slate of officers and the board.



6:30 pm - Pre-Shabbat Carnival and Cookout
A Different Kind of Shabbat Dinner!
(The Carnival will be open to kids during the meeting)
7:45 pm - Spiritual Kabbalat Shabbat with instruments
(instruments are allowed at Beth El before sunset and ma'ariv)
8:20 pm - Maariv
8:45 pm - Finish

(This proposed schedule may be subject to some change. Check for more information in the May Bulletin)

Bar Mitzvah Corner



The Bar Mitzvah of Leo Joseph Kamer will be celebrated on April 2nd. Leo is the son of David Kamer and Marcia Samuels, and the brother of Olivia Kamer. He is the grandson of Silvia and Eugene Kamer both of blessed memory, and Linda and Stanley Samuels. A seventh grade, High Honor Roll student at Norfolk Academy, Leo enjoys reading, traveling and playing the violin in the school orchestra.

Men's Club News

MOST RECENTLY...

“BEN GORDON FAMILY BINGO NIGHT” – Our 17th annual Bingo fundraiser was held in Myers Hall on Saturday evening, February 20th. We appreciate all the collaborative efforts that made this Bingo such a success! Following tradition, we had over 300 bingo players who were treated to kosher hotdogs and fixings, popcorn and brownies, veggies, fruit and assorted sodas while they focused on their bingo cards and door prize tickets, hoping to win any of over 150 great prizes handed out during the evening, including the final blackout bingo \$500 cash prize. Craig Schranz, our club president, once again conducted a successful “50/50 raffle” that collected about \$700 throughout the evening.

We are again extremely grateful to our Bingo co-chairs: Mark Kozak, Norman Soroko and Alex Pomerantz for their leadership and efforts organizing the event and securing sponsorships. Our co-chairs receive volunteer support from dedicated Men's Club board members who assist with all facets of the event and help secure prizes and sponsorships as well. As always, we appreciate the exceptional event day assistance from our terrific Beth El maintenance staff!

Special thanks to “the wind beneath our wings”: the businesses, families and individuals who generously sponsor our annual event and/or who donate the items we use as game and door prizes throughout the evening! The prizes generate the excitement at Bingo while admission revenue traditionally covers our costs. Ultimately, our sponsorship revenue is the KEY to our club's financial success and ability to help support the Sunday Religious School, provide Jewish camp scholarships and additional resources for other worthy endeavors! Therefore, we ask that you please thank our 2016 list of sponsors and support them in appreciation of their generosity:

Gold Level

Affordable Mobile TV Repair (Wayne Mitnick)

Silver Level

Avraham and Patricia Ashkenazi

Steve and Randi Gordon

Wall, Einhorn & Chernitzer

Bronze Level

Altmeyer Funeral Home

H D Oliver Funeral Apartments, Inc.

Alan and Janet Gordon

Deb and Peter Segaloff and family

Gail and Joel Flax

Larry Buckman

Laura and Fred Gross

Ron and Cindy Kramer

Roye and Gayle Greenzaid

The Fleishman Family

The Foleck Center

The Rose Boys

United Property Associates / Grablowsky family & Debra Young

Wolcott Rivers Gates / Steve Brown

Individual/Family

Alex and Helen Pomerantz

Beth and Eric Berman

Brenda Gordon, Shaina,

Andy and Caleb Moore

Cookie Orlins, Scott Orlins

and Randi Orlins Chernitzer

Craig and Joanna Schranz

David and Anna Jancewicz and family

Debi and Ricky Rothstein

Dr. Robert Lehman

Ed and Betsy Karotkin

Friends of Beth El Men's Club

Gary and Jessica Kell

Jody and Alan Wagner

Judy and Wayne Mitnick and family

Kathy and Jerry Kantor

Kenny and Barbara Rossen

Linda and Stanley Samuels

Marlene and Larry Rossen

Michael and Jordie Efland

Missions Possible - Clay Barr

and Lauren Baros Barr

Nathan and Leora Drory

Norfolk Monument Company

Norman David Soroko

Rick and Debi Yarow

Ron and Dorothy Spitalney

Sam and Diane Werbel

Sam and Stephanie Steerman

Scott and Erica Kaplan

Stacy Lauren Smith, Jacquelyn

and Madelin Smith

Stephanie and Paul Peck

Susan and Eric Schwartzman

Ben and Jillian Solomon

Susan and Ivor Kaplan

BLUE YARMULKE MAN OF THE YEAR BREAKFAST – Thanks to all who attended a wonderful breakfast and award ceremony on Sunday, March 6, 2016 here at Congregation Beth El to honor Sam Werbel as our 2016 Blue Yarmulke Man-of-the-Year. Sam joins a special fraternity of deserving men who share this honor in recognition of significant contributions to their club, synagogue and community. Once again, a heart-felt Mazel Tov to Sam and his family!

NEXT ON TAP...

MEN'S CLUB SHABBAT – Saturday, May 21st – We encourage everyone to attend this unique Shabbat service in which we have the opportunity to see our Men in action as they lead all parts of the service. We will also install our officers and board members for the 2016-2018 terms. Please contact Brad Lazernick or Craig Schranz (schranzc@yahoo.com) for information.



Beth El's Ben Gordon Family Bingo Night

By Mark Kozak

The annual Ben Gordon Family Bingo Night was held on February 20th at Congregation Beth El.

Thanks to the generosity of 55 donors, a record amount of sponsorship money was raised by the Beth El Men's Club to be donated to Sunday Religious School needs and summer camp scholarships. And thanks to 53 different businesses and individuals, some 120 prizes were handed out to bingo game and door prize winners. Those prizes included large, flat screen TVs, hotel packages, symphony and sports tickets, restaurant coupons, and jewelry and Judaica.

Among the big winners were Joyce Arns of Norfolk, who won \$532.50 in the evening's 50/50 drawing, and Barbara Kahn of Virginia Beach, who won the final \$500 blackout game.

Officially a sell out in the 300-plus seat Myers Hall, actual attendance looked to be around 250. For \$20 (\$15 for kids), players received bingo cards, raffle tickets and a hot dog dominated dinner, which included veggie burgers, fruits and veggies, baked beans, chips, brownies and popcorn.

"Besides Yom Kippur, this may be the most popular night of the year at Beth El," quipped Men's Club President Craig Schranz, while hawking 50/50 tickets.

The all volunteer effort was led by Mark Kozak, Norman Soroko and Alex Pomerantz with major assistance from emcee Gary Kell, caller Neil Rose, kitchen crew chief Michael Efland, check in chief Ron Gladstone, brownie maker Carol Smith and a host of Men's Club board members.

This was the 17th annual bingo fundraiser, which for the last four years has been named in memory of Ben Gordon, a loyal contributor to the Men's Club, the synagogue and to fun in general. Ben's large extended family continues to be a big supporter of the bingo effort.



SAVE THE DATE!

Congregation Beth El

2016 Golf-A-Thon Fundraiser

Wednesday, May 25th
7:00 am



Virginia Beach National Golf Club
2500 Tournament Drive, Virginia Beach 23456

Golf-a-thon Description:

A Golf-a-thon is basically the same as a walking or running event where individuals obtain sponsors that pledge amounts for the distance they walk or run. In a Golf-a-thon, individuals get sponsors to pledge amounts for the number of holes of golf played during the event. Sponsors may also pledge a fixed amount. The maximum numbers of holes a golfer can play is 54. Golfers are asked to get a minimum of 10 sponsors. We recommend that each of your sponsors pledge a minimum of \$10 per hole and we ask that each golfer commit to play a minimum of 18 holes.

General Information:

As a thank you for getting your sponsors, Congregation Beth El will provide your cart, green fees, food and beverage the day of the event. **Funds raised will go to help promote the wonderful programs and activities Beth El provides each year for our children, in particular our amazing Sunday Religious School helping to insure our Jewish future for generations.**

PLEASE LOOK FOR MORE DETAILED INFORMATION AND REGISTRATION INFORMATION SOON. FOR MORE INFORMATION, PLEASE CONTACT ALEX POMERANTZ AT APOMERANTZ@UJFT.ORG OR 757-965-6136.

Torah on Tap is Back!

People keep asking, when is Torah on Tap going to be held again?

Wednesday, April 6th at 7:00 pm

Thursday, May 12th for Yom Ha'atzmaut

Thursday, June 23rd - A year end hootenanny

**Great learning in a fun environment with
wonderful people - Join us!**



Wednesday, April 6th - Pre Pesach at Gordon Biersch at Town Center.

Join us for a chametz-filled discussion (got to get that bread in while we can) as we tackle Passover bringing some new perspectives to liven up your seder discussion, or just make the holiday a little more meaningful for you.

Please RSVP to the office so that we can reserve the right amount of space!

Would you like an Aliyah?

If you would like to celebrate a simcha (birthday, wedding anniversary, b'nai mitzvah anniversary), or honor a loved one's yahrzeit on a Shabbat, please call Ina Leiderman at 757-463-9043. She would be happy to arrange for you to have an aliyah in honor of your special day or in memory of your loved one.

LUNCH & LEARN

**Wednesday
April 6th**

Beth El Lunch and Learn is a vibrant group of fressers (eaters) and learners who come together weekly for good food and stand-alone discussions led by Rabbi Arnowitz, Rabbi Ruberg and Cantor Wendi. We meet every Wednesday from noon-1:30 pm.

Cost: \$5.00



Annual Sisterhood Garage Sale July 2016

Bring your gently used household goods, linens, collectibles, lamps, dishes, and gently used clothes to Beth El (call ahead for assistance).

Volunteers are needed to set up and work the sale. Call Nancy Kanter at 497-2212 or email her at elkandnlk@yahoo.com

We are grateful for the generous contributions of those who support Beth El

by remembering and honoring their friends and loved ones.

PEARL K. ALECK LIBRARY ENDOWMENT

IN MEMORY OF

Roger Spero

Joel & Pam Kossman

IN HONOR OF

Raye Keller's 100th birthday

Warren & Helen Aleck*

SPEEDY RECOVERY TO

Carol Harris

Warren & Helen Aleck

ADA R. MICHAELS BOOK PROGRAM

IN MEMORY OF

Harold Geringer

Jeff & Mona Flax**

Barney Miller

Richard & Gabi Rosenblum**

Harry Rosenblum

Manny Michaels

& Anne Friedman

TEMPLE FUND

IN MEMORY OF

Stiles Bartley

Larry & Judy Dobrinsky*

Lorin Dennison

David & Jody Laibstain

Harold Geringer

Mark Barr**

Hilde Deutsch

Nathan & Beth Goldin (B)

Alan & Norma Jaffe**

Bob & Sheila Josephberg**

Jerry & Kathy Kantor*

David & Ruth Kreger*

David & Jody Laibstain

Clay & JoAnn Macon

Murray & Lisa Rosenbach (B)

Joyce Salzberg

Stanley & Linda Samuels

Mark Schneider

& Phyllis Friedman**

Normie & Sandy Sher

Marian Ticatch (B)

Alan & Jody Wagner**

Bruce & Baila Waldholtz (B)

Dorothy Zimmerman*

Jacob Goodman

Ellen Miller*

Hanna Konikoff

David & Jody Laibstain*

Barney Miller

Burt & Patsy Barr*

Mark Barr & Jack Barr**

Steve & Abby Buchberg

David & Lisa Leon*

Larry & Natalie Saunders

Mannie & Judy Smith*

Seymour Moskowitz

Nina Moskowitz**

Helene Shipowitz

Larry & Judy Dobrinsky

Stanley & Carole Sacks

Alan & Madeleine Samuels

Mannie & Judy Smith*

Aaron & Sara Trub*

Richard Yanowitch's father

Arty & Pam Gladstone*

Jerry & Kathy Kantor*

Stanley & Linda Samuels

Martin & Trudy Waranch

IN HONOR OF

Mark & Betty Greenspan, wishing

you a most enjoyable journey

Judith Katz

The birth of Jerry & Kathy

Kantor's grandson

Stuart & Mickey Held**

The birth of Debbi Kaufman's

granddaughter Willow

Burt & Patsy Barr

Raye Keller's 100th birthday

Jon & Ellen Harris*

Barry & Kay Kesser*

Martin & Trudy Waranch

Arthur Kreger's birthday

Hubert & Brenda Shapiro*

The birth of Ben & Adina

Kozberg's son, Noah Lev

Dorothy Zimmerman*

The birth of Rabbi & Miriam Ruberg's

grandson, Noah Lev Kozberg

Barry & Kay Kesser*

Mark & Brenda Kozak*

Rick & Debi Yarow*

Dorothy Zimmerman*

Sam Werbel being named the

Beth El Men's Club's Blue

Yarmulke Man-of-the-Year

Ilene Putterman

Martin & Trudy Waranch

SPEEDY RECOVERY

TO/THINKING OF YOU

Vivian Forman

Ilene Putterman

Kay Kesser

Stanley & Carole Sacks

Sonia Land

Barbara Leibowitz

Norman Prince

Ilene Putterman

Alexander Salzberg

Bert & Joyce Legum*

Barbara Leibowitz

Bill & Rosanne Simon & Family

Sandy Toporek

Larry & Judy Dobrinsky*

Jerry & Kathy Kantor*

Mark & Brenda Kozak

Stanley & Linda Samuels

Mannie & Judy Smith

Dorothy Zimmerman*

BERNARD MARTIN

MEMORIAL FUND

SPEEDY RECOVERY TO

Vivian Forman

Elsie Martin

MORRIS DRUCKER

MEMORIAL FUND

THINKING OF YOU

Jack Drucker

Stuart & Marilyn Buxbaum*

BEVERLY RAFAL WERBEL

FUND TO HOUSE THE

HOMELESS

IN MEMORY OF

Harold Geringer

Rob Bernstein & Lisa Ehrich*

Robert & Carol Laibstain (B)

Ruth Glasser

Rhona Peck (B)

IN HONOR OF

Calvin & Linda Belkov's 50th

anniversary

Sam & Diane Werbel**

The birth of Armond Lex Caplan

David & Charlene Cohen**

The birth of Rabbi & Miriam

Ruberg's grandson Noah Lev

Kozberg

David & Charlene Cohen*

Sam Werbel being named Beth

El Men's Club's Blue Yarmulke

Man-of-the-Year

Mike & Marilyn Ashe*

David & Charlene Cohen*

Larry & Judy Dobrinsky*

Joseph & Lynn Familant*

Eddie & Marcia Goldsticker*

Mark & Betty Greenspan**

Barry & Kay Kesser

Rhona Peck (B)

Bill & Rosanne Simon & Family*

Jules & Patti Wainger

SUNDAY SCHOOL FUND

IN MEMORY OF

Harold Geringer

Wayne Goodman*

Norman Soroko

RABBI ARNOWITZ

DISCRETIONARY FUND

IN MEMORY OF

Harold Geringer

Alan & Janet Arnowitz*

Nathan & Ilana Benson

Barney Miller

Aaron & Carol Peck

IN HONOR OF

The birth of Jimmy & Randy

Caplan's grandson Armond Lex

Nathan & Ilana Benson & Family*

The marriage of Wayne

Goodman's son Daniel to

Lindsey

Louis L. I. Grossman (G)

SPEEDY RECOVERY TO

Sonia Land

Rose Ann L. Grossman (S)

RABBI RUBERG

DISCRETIONARY FUND

IN HONOR OF

The birth of Rabbi & Miriam

Ruberg's grandson Noah Lev

Kozberg

Jerry & Kathy Kantor**

Stanley & Linda Samuels

KIDDUSH FUND

IN MEMORY OF

Jules Robbins

Freida Goldstein

& Rosanne Goldstein

JAY BARR ART FUND

IN MEMORY OF

Harold Geringer

Bruce & Lauren Barr*

IN HONOR OF

Raye Keller's 100th birthday

Sandra Glasser-Tavss**

The birth of Rabbi & Miriam

Ruberg's grandson Noah Lev

Kozberg

Raye Keller*

SHARON SPITALNEY

SCHOLARSHIP FUND

IN HONOR OF

Sam Werbel being named Beth

El Men's Club's Blue Yarmulke

Man-of-the-Year

Julius & Jeanne Marcus (B)

MINYAN FUND

IN MEMORY OF

Helene Shipowitz

Neil & Gina Rose*

ARTHUR & HANNA

KONIKOFF MEMORIAL

FUND

IN MEMORY OF

Hanna Konikoff

Stuart & Marilyn Buxbaum*

Dianne Epplein & John Patton*

Chuck & Sally Esregg (B)

Gail Fleder (G)

Alan & Helen Gamsey***

Linwood & Rosalind Gamsey**

Rob & Abbie Korman (B)

Stanley & Carole Sacks

Jay & Nancy Samuels**

Larry & Natalie Saunders

Eugene & Brenda Winston (G)

FREDA & TAVIA GORDON

MEMORIAL FUND

IN MEMORY OF

Helene Shipowitz

Allen & Barbara Gordon*

Mannie Tueter

Allen & Barbara Gordon*

SPEEDY RECOVERY TO

Sandy Toporek

Allen & Barbara Gordon*

ROSE & ARMOND CAPLAN

MEMORIAL FUND

IN MEMORY OF

David Smith

L.T. & Stacie Caplan*

Joel & Emily Nied*

IN HONOR OF

The birth of Armond Lex Caplan

Herbert & Susan Brewer***

Nick & Estie Cohen

Stuart & Mickey Held (S)

Bert & Joyce Legum*

Michael & Rena Myers (S)

SHIPOWITZ FAMILY

COUNSELING FUND

IN MEMORY OF

Helene Shipowitz

Beril & Barbara Abraham*

Will & Roberta Alperin*

Mark Barr*

Billy & Carole Bernstein

Meyer & Dee Dee Chovitz

Hilde Deutsch

Charles & Loretta Grant (S)

Ethel-Raye Greenspan

Gary

April Yahrzeits

*We record the sacred memory of the following departed members
of the families of our congregation on the occasion of yahrzeit.
The names of our beloved departed are read from the pulpit at each evening minyan.*

<p><u>APRIL 1</u> Ida Liberman Joseph Davis Morris Rosen Saul Salzberg Jonathan Macon</p> <p><u>APRIL 2</u> Ben Brener Dave Snyder Ida Sandler Milton Kramer</p> <p><u>APRIL 3</u> Leon Edelson Robert Levin Stanley Brundage</p> <p><u>APRIL 4</u> Miriam Goodman Herbert Schapiro</p> <p><u>APRIL 5</u> Lena Karitsky Florence Fleishman Larry Ruden Lena Karitsky Reda Cohen Grace Wise</p> <p><u>APRIL 6</u> Bertha Kandel Daniel Fivel Harold Sprung</p> <p><u>APRIL 8</u> Henry Berger</p> <p><u>APRIL 9</u> David Harris Sarah Salzberg</p> <p><u>APRIL 10</u> Rita Smith Leah Moskowitz Beryl Hurwitz Judith Zedd Sherman Lewis Freda Bluestein Leah Moskowitz Edward Goldstein</p> <p><u>APRIL 11</u> Louis Wallenstein Elias Codd Leon Goodman Bertha Sod Robert Galumbeck</p>	<p><u>APRIL 12</u> Leon Banks Julius Miller David Warner Levi Kaplan Lenore Finkelstein Elkin Goldberg Jennie Rafal Robert Green Hannah Weisman Fay Soroko</p> <p><u>APRIL 13</u> Joseph Lesser Pauline Reisig Rikchen Wasserman Jeanette Kaufman Meyer Cohen Sam Rosen Frieda Learman Bruce Tapper</p> <p><u>APRIL 14</u> Shirley Rogoff Aubrey Sheffer Ada Schwetz David Schwetz Rubin Mirman Rosa Kohn Olga Gladstone Steven Leibowitz</p> <p><u>APRIL 15</u> Bessie Cohn Annie January Max Rauch Bertha Schonfeld Audrey Groh</p> <p><u>APRIL 16</u> Bennie Cooper Minnie Kalish</p> <p><u>APRIL 17</u> Sylvan Hoffman Rita Slone Celia Ganderson Justine Harfield Charles Minkin Rita Slone Bessie Spitalney Jennie Hyman Christine Szczepanski Barbara Zelenka</p>	<p><u>APRIL 18</u> Joseph Hurwitz George Radin Victoria Silverman Yetta Snyder Roz Hartmann Jennie Kellman Emma Sheffer Bertha Behr Leah Ferstman Louis Loewenbach</p> <p><u>APRIL 19</u> Naomi Dorf Lewis Herzberg Jerry Werbel Mary Schreiber</p> <p><u>APRIL 20</u> Anna Jacobs Ben Jaffe Sylvia Weinstein Esther Silverman Larry Friedman Harry Richter Sarah Ehrenworth Joseph Kittner Lorraine Smith Sadie Ostin Hyman Tavss Joseph Kittner Philip Kroskin Sadie Susselman Abraham Rossen Morris Salzberg Joseph Kittner</p> <p><u>APRIL 21</u> Ann Evans Harry Barr Simon Molofsky Fannie Rosen Maxine Meltzer Gene Hirschfeld Marilyn Rosenfeld</p> <p><u>APRIL 22</u> Louis Leventhal Mary Balaban Sonia Brodie Adolph Marcus Mathew Tavss George Kozak Beverly Sklar Alan Isler Jack Schrier</p>	<p><u>APRIL 23</u> Marion Kurtzwile Chaya Sod Rupert Tumin Isabelle Wax Abraham Rosenfeld Daniel Davis Louis Kittner Harriette Shapiro Sarah Fielder Harry Oasis</p> <p><u>APRIL 24</u> David Myers Rose Saunders Bertha Salzberg Bessie Codd Lena Zenovitz Benjamin Joffe Solange Soussan</p> <p><u>APRIL 25</u> Charles Fine Samuel Sobel Paul Minskoff Fannie Schlain Samuel Sobel Hyman Parks Esther Newman Richard Jankell</p> <p><u>APRIL 26</u> Anna Regal Abe Shure Anna Barber Alfred Harfield Matilda Saunders Esther Kaplan David Kittner Sadye Sher Edell Gabel Evelyn Flax</p> <p><u>APRIL 27</u> Andrew Gray Ida Jaffe Frieda Leibowitz Ann Webne Solomon Kahn Nettie Levy Eli Baer Martin Ornoff</p>	<p><u>APRIL 28</u> Henry Gimple Ida Feldman Frank Schein Morton Zedd Belle Fine Hyman Rosenbaum Adolph Ehrenworth Leroy Goodman Arthur Kaplan Elinore Kavitz Sara Tonelson Benjamin Swersky</p> <p><u>APRIL 29</u> Bessie Tavss Rebecca Sachs Jacob Kaplan Pauline Goodman Abraham Collector</p> <p><u>APRIL 30</u> Morris Friedman Paula Hirsch Louis Raffel Max Hirsch Arthur Swartz Morris Emanuel Sol Goldblatt</p>
--	--	--	---	---

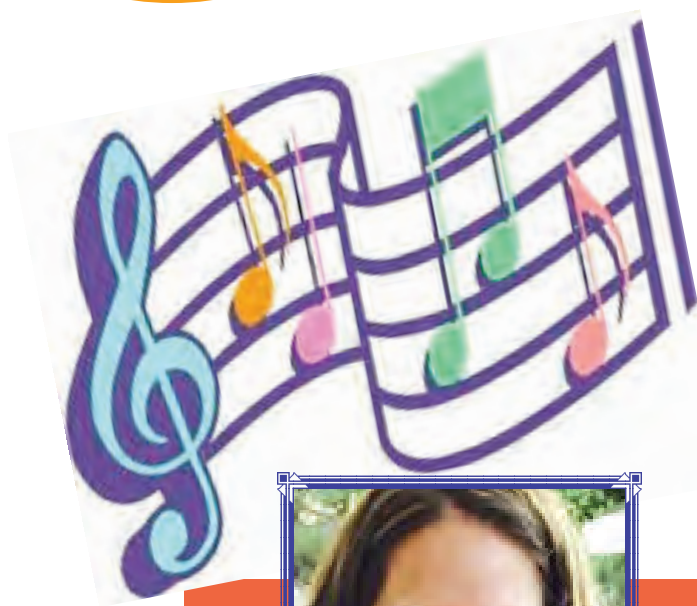


422 Shirley Avenue, Norfolk, VA 23517

Non-Profit Org.
U.S. Postage
PAID
Norfolk, VA
Permit No. 1860

OR CURRENT OCCUPANT

Did you know
you can get your
bulletin on the Web?
bethelnorfolk.com



SAVE THE DATE!

**Sunday, May 22nd
5:30 pm**

**Installation of
Cantor Wendi Fried
with visiting cantors to
perform**

**Hor d'oeuvres and dessert
reception to follow**

Nisan - Iyar 5776 * April 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 22 Adar II Candlelighting: 7:10 pm	2 23 Adar II Shabbat services: 9:30 am Torah Portion: Shemini SHABBAT PARAH BAR MITZVAH OF LEO KAMER
3 24 Adar II Enhance Your Seder: 10:00 am 92nd Street Y: 7:00 pm BERS K-9	4 25 Adar II	5 26 Adar II	6 27 Adar II Lunch & Learn 12 noon Torah on Tap at Gordon Biersch 7 pm	7 28 Adar II	8 29 Adar II Candlelighting: 7:16 pm	9 1 Nisan Shabbat services: 9:30 am Torah Portion: Tazria ROSH CHODESH SHABBAT HACHODESH Youth Services
10 2 Nisan BERS K-7	11 3 Nisan	12 4 Nisan	13 5 Nisan No Lunch & Learn	14 6 Nisan	15 7 Nisan Candlelighting: 7:22 pm	16 8 Nisan Shabbat services: 9:30 am Torah Portion: Metzora SHABBAT HAGADOL Chocolate Seder 10:30 am
17 9 Nisan BERS K-9 Last Day of BERS	18 10 Nisan	19 11 Nisan	20 12 Nisan No Lunch & Learn	21 13 Nisan Search for Chametz	22 14 Nisan 9:00 am - Chametz roast and marshmallow toast Candlelighting: 7:28 pm	23 15 Nisan Shabbat services: 9:30 am Youth Services PASSOVER Congregational 2nd Seder at 5:30 pm Evening services: 8:15 pm
24 16 Nisan PASSOVER Morning Services: 9:30 am Evening Services: 8:15 pm	25 17 Nisan PASSOVER	26 18 Nisan PASSOVER	27 19 Nisan No Lunch & Learn PASSOVER	28 20 Nisan PASSOVER Evening Minyan: 5:45 pm	29 21 Nisan PASSOVER Morning Services: 9:30 am Evening Services: 8:15 pm	30 22 Nisan Shabbat services: 9:30 am PASSOVER YIZKOR at 10:45 am Evening Services: 8:15 pm