



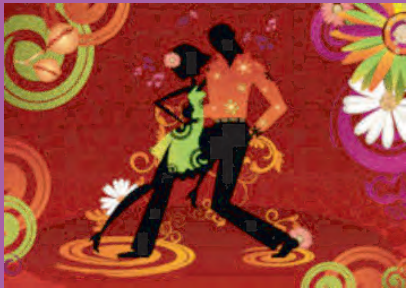
Congregation Beth El Bulletin

PURIM IS COMING!! PURIM IS COMING!!!

COME ONE, COME ALL to our Purim celebration on the evening of **March 23rd!**

- We kick off the celebration with a scrumptious Purim Pasta meal at 5:30! (\$6.00 per person) You must RSVP for the pasta dinner. (Mincha minyan will begin at 5:45 as usual, ma'ariv will be during the megillah reading.)
 - Don't miss our family-friendly megillah reading following dinner where our amazing readers (both youth and adults) will chant their parts for all to hear and enjoy!
 - Dress up for Purim and be part of our costume parade right after the reading!
 - NEXT we will adjourn to our various destinations of celebration...
 - The youth will be escorted upstairs where wild, wonderful, and wacky entertainment awaits them! While downstairs in Myers Hall the adults will be invited to join us for "Purim at the Apollo!"
- An evening of rib-tickling laughter, riot and ribaldry (beer, wine and snacks will be offered of course.)
We hope to see you there!!

Latin Dance Party



Saturday, March 12th, 7 pm, Beth El

Enjoy a fun evening of Ballroom Dancing instruction. No experience necessary. Join us for Havdalah before and light refreshments afterward. Flamenco attire encouraged!

Please RSVP to the Beth El office at 625-7821 by March 9th.

Cost is \$18 per person

(Payment must be made with you reservation)

This event is jointly sponsored by Adult Recess, Growing Together, Hazak and Collaborative.

Contact Jody Alperin at jj123@verizon.net with questions.

SAVE THE DATE

Sunday, March 6th

10:00 am

Beth El

Blue Yarmulke Man-of-the-Year Breakfast



Congratulations to Sam Werbel, Congregation Beth El's 2016 Blue Yarmulke Man-of-the-Year Award recipient for Seaboard Region of FJMC! We are thrilled to honor Sam with our Men Club's most prestigious award in recognition of his active service to the synagogue and support of our Men's Club over many years. Please mark your calendars to join us at the annual breakfast/award ceremony for the local honorees.

COST: \$15 per person

Don't Forget the Joy by Jeffrey M. Arnowitz

This year Purim begins the evening of March 23rd. As usual we will celebrate at Beth El with the reading of the megillah, costumes, groggers, shtick, food, drink and lots and lots of laughter. As you probably know, Purim is perhaps our most joyful holiday; it is certainly the silliest in its observance. The question is why? Purim could just as easily have become our most serious day. Purim is the day we read about our adversary Haman and solidifies the idea that the descendants of Amalek (spiritual/philosophical descendants if not actual descendants) will be out to get us in every generation. What are we so happy about?



Rabbi Jeffrey M. Arnowitz

We celebrate and feel joy on Purim because at the same time as we discover the face of our eternal enemy and persecutors, we are redeemed by the actions of a few brave Jews. What could have been a day of mourning was in fact a day of redemption (we do commemorate the Fast of Esther the day before Purim to recognize the potential destruction of the Persian Jewish community). The focus on the joy of redemption rather than on the anxiety of on-going persecution and danger carries with it a powerful message for us today.

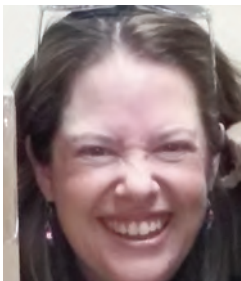
Sadly Amalek, the philosophical and spiritual ancestors of modern Antisemites, are easily found today. We are in a time when antisemitism is on the rise and has the unprecedented ability to spread through social media. I recently read a study published by the Online Hate Prevention Institute that showed not only the prevalence of antisemitic content on social media sites like Facebook and YouTube but also how difficult it is to have inciting content removed.

Amalek isn't just a cyber-bully. Last month on Jewish Advocacy Day in Richmond, the governor told us that the number one group targeted by hate crimes in Virginia last year was Jews. I was surprised. With all I have heard lately about the uptick in Islamophobia following San Bernadino, I would have guessed differently, but antisemitic hate crimes are apparently just a given, unworthy of protest. It seems there is ample reason for the Jewish community to be filled with anxiety; and yet, the message of Purim is that we shouldn't let that anxiety overwhelm the beauty and joy of being Jewish and living a proud Jewish life.

By making Purim a day of such overwhelming joy and silliness, the rabbis were telling us not to allow the anxiety caused by Amalek to take command of our Jewish identities. They remind us that the whole point of Jewish life is to help us see the beauty and wonder in the world even when things are difficult. Judaism doesn't pretend the difficulties are not there; it just teaches us to see all the reasons to love life despite the challenges.

So how do we embrace the message of Purim, overcome our anxiety and find the joy and sacredness in our own lives? The observances of Purim (read the Megillah, the festive Purim meal, Mishloach Manot - sending gifts to friends and Matanot L'Evyonim, giving to the poor) give us a few ways: 1) Tell our great stories – stories uncover the profound in even the simplest things, 2) Celebrate together – sharing a meal is sharing community, there is joy in sharing life with each other and 3 and 4) Sending gifts and acts of chesed, loving kindness – The best way to realize how lucky we are to have what we have is to share it. These mitzvot of Purim work not only to help us recognize the joys and wonders of life on Purim but are effective tools for all year round. By embracing them, we are able to insure that the anxiety of antisemitism never hinders our ability to see how lucky we are to be Jewish and how much beauty and joy there is to be shared in this world.

A Note From Cantor Wendi



Dear Beth El family,

At this time a year ago, we were spending our first weekend together. Since then, I have gotten to meet and to know many of you and am looking forward to connecting with even more of you as the year goes on. One of the things that I asked for when I came in was some kind of pictorial directory that might help me identify who everyone was. However, we have never done anything like that....until now!

Wouldn't it be nice to be able to finally know the name of the person whom you've shared meals and programs with? You haven't been able to ask their name because it is assumed that you have known them forever; but now, all those name-face recognition problems will be gone for good!

This coming March 13th-17th and April 3rd-7th, we will be asking everyone and their families to come and get a picture taken for the new pictorial Chronicle coming out this summer! The best part is that there is absolutely NO COST to you for signing up and getting your picture taken! In return you will receive a FREE 8" x 10" portrait and a copy of the Chronicle, as well as a FREE sitting for a series of family portraits at the same time slot, for which you have NO OBLIGATION to buy but lots of different options of backgrounds and styles from which to choose if you wish. You are also invited to bring your pets, your favorite sports equipment, musical instruments, ballet shoes...whatever adds a statement of self-expression. Personalization is the name of the game.

Over the next weeks, you will be hearing, in even more detail about it. Please take a look at the flyer enclosed. We are expecting 100% participation! We know that this directory will allow us to become closer as a community than we have ever been before, but it can only happen if we all participate! Sign up is simple, personal, and online. All you have to do is go to <https://www.securedata-trans14.com/ap/congregationbethel/index.php?page=10> and choose the date and time you would like to come.

We are so excited to bring this new Chronicle to the congregation, and we know that we will all use it and love it for years to come!



**Each family will receive a complimentary
8x10 portrait and free directory for participating!**

**Schedule your photography
session today!**

www.lifetouch.com

Lifetouch[®]

Connecting You through
Family Photography

Ask the Rabbi

A Monthly Q and A with RJA

Q) Can a non-Jewish person be on the bima (the raised area at the front of the sanctuary)?

A) At Beth El we do welcome non-Jews on the bimah, particularly at life-cycle events. The bimah is an important part of the sanctuary, and we treat it with respect because it is adjacent to the ark where we keep our most holy objects, the Torah Scrolls, and because we use it as the platform from which to read the Torah. However, the “real estate” itself is not reserved for Jews only. Even if the bimah were considered sacred space (which it isn’t), Judaism does not say that our holy places are reserved for Jews. Remember, non-Jews are welcome even on our most sacred site, the Western Wall Plaza in Jerusalem. If there really is no reason to exclude non-Jews from stepping there, the same is certainly true for those few feet of area in our sanctuary.

The trickier question rises from the rule that “Torah honors,” such as saying the blessings before and after the Torah reading or opening and closing the ark, are traditionally reserved for Jews. The reason for this is that they celebrate the special relationship that the Jewish people have with Torah and the obligations for Jewish people to make Torah part of their lives.

That being said, the Jewish world we live in is a bit more complicated than in the past. Today there are times when a non-Jewish family member has as much to do with bringing the family close to Torah as anyone. Therefore, while the ritual action (saying a blessing on the Torah, for example) is reserved for Jews, we welcome non-Jewish family members to accompany Jewish ones for honors. We know this can be confusing, so if you are planning a simcha (Jewish celebration like a bar or bat mitzvah), I encourage you to come meet with me and we can go over all of the particulars.

Some synagogues answer this question differently, so if you are visiting another synagogue, it may be worth calling ahead of time and finding out what their policy is.

Looking for more “Ask the Rabbi?” Check out near-weekly columns on the Beth El blog – www.bethelnorfolk.com. Send questions you’d like to see answered to asktherabbi757@gmail.com.

Come join our Beth El Family
for a
Special Shabbat Experience
Friday, March 18th



Professor Michael Brenner
Chair of Israeli Studies
American University
will speak on

*The Balfour Declaration:
Its Meaning*

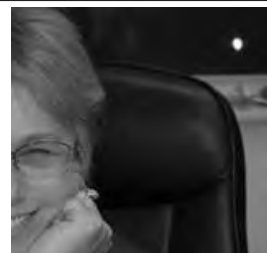
Please join us for a delicious
Shabbat dinner, inspirational
services and interesting speaker.

Dinner: 6:00 pm
Services and speaker to follow
Children’s activities during the service
Cost: Adults: \$18
Children 3-12: \$10
2 yrs & under: FREE
RSVP by March 11th
to 625-7821

Payment must accompany reservation

“March Madness” by Sharon Wasserberg, Education Director

There is a minhag (custom) of reciting at least 100 brachot (blessings) each day. If one davens (prays) shacharit, mincha, and maariv, AND says the brachot both before and after eating, it's entirely possible to fulfill this practice easily at least six of the seven days in a week. FYI, having Google-searched this topic, I can share with my readers the reason for this 100 minimum 'thing'. While David was the king, there was a dreadful plague which resulted in 100 people dying on a daily basis. The rabbis of the time felt the plague had a spiritual origin and instituted the 100 brachot custom - one for each victim - and the plague ended. Is there ever an instance when it is not okay to recite a bracha? Yes, of course! Bathrooms are for reading magazines and singing arias from La Boheme but not for praying. Wait until you have left that room before reciting “asher et-ha-adam.” (Mezzuzot don't go on the doorpost of washrooms, either, regardless of how pristine clean they are.)



Tefillot are prayers but there is no minhag about reciting a specific quota on a daily basis. There are, however, significant customs to guide the when and how one does. You just found out your daughter/daughter-in-law is with child? How wonderful, but please do not say more than “b'sha-ah tovah” as by the time the good news is being shared, the gender is a 'done deal' and offering a blessing or hope for their off-spring to be either a boy or a girl is considered a “bracha l'vatla” or recited “in vain.”

How is all of this connected to March Madness? Regardless of with whom you complete the brackets or how much you wager on a particular game, there are no brachot, or tefillot for that matter, designed to petition The Almighty to affect the outcome of that contest. Like the student who has not prepared for an important exam but really needs a good grade to pass a class, HaShem is able to help only those who have put forth substantial personal effort to succeed. The time to ask for Divine Assistance, therefore, is early in the season when your favorite team is practicing.

Just as 'practice makes perfect' in sports and playing musical instruments, getting something out of communal prayer is much easier for folks who are more experienced. Regardless of which generation you belong, help the up-and-coming of our congregation by bringing them to a service or two or three and sitting with them as both of you explore the siddur and the rhythms of the different services. It's the kind of exercise that's good for the soul.

B'shalom, Sharon



March Madness comes to Beth El!

Shabbat morning programming goes weekly!

Who: Children Kindergarten and upwards

What: Shabbat appropriate activities alternating with a kid-friendly prayer experience

When: Shabbat mornings from 11:00 am to 11:45 am

Where: The Library

Specifics: Parents must bring their children on time and are welcome to stay. Participants will be walked to the main sanctuary at 11:45 am.



Intergenerational Torah Trope Study with Cantor Wendi

Join the 5th graders and their parents in learning the basics of Torah trope Sunday mornings in March and April
10:30 am to 11:15 am

Men's Club News

MOST RECENTLY...

“BEN GORDON FAMILY BINGO NIGHT” – Our 17th annual Bingo fundraiser was held in Myers Hall on Saturday evening, February 20th. We are again extremely grateful for the leadership of Mark Kozak (Bingo co-chair), Norman Soroko (Bingo co-chair, sponsorships) and Alex Pomerantz (sponsorships) along with the collaboration of our other dedicated board volunteers who assisted with all facets of the event and helped secure prizes and additional sponsorships. Look for photos and a final listing of event sponsors in our April, 2016 bulletin article.

GOLD LEVEL:

Affordable Mobile TV Repair
(Wayne Mitnick)

SILVER LEVEL:

Avraham and Patricia Ashkenazi
Steve and Randi Gordon
Wall, Einhorn & Chernitzer

BRONZE LEVEL:

Altmeyer Funeral Home
H D Oliver Funeral Apartments
Alan and Janet Gordon
Deb and Peter Segaloff and family
Gail and Joel Flax
Larry Buckman
Laura and Fred Gross
Ron and Cindy Kramer
Roye and Gayle Greenzaid
The Fleishman Family
The Foleck Center
The Rose Boys
United Property Associates
Grablowsky family
& Debra Young
Wolcott Rivers Gates/Steve Brown

INDIVIDUAL/FAMILY

Alex and Helen Pomerantz
Beth and Eric Berman
Brenda Gordon, Shaina, Andy
and Caleb Moore
Cookie Orlins, Scott Orlins and
Randi Orlins Chernitzer
Craig and Joanna Schranz
David and Anna Jancewicz
and family
Debi and Ricky Rothstein
Dr. Robert Lehman
Ed and Betsy Karotkin
Friends of the Men's Club
Gary and Jessica Kell
Jody and Alan Wagner
Judy and Wayne Mitnick
and family
Kathy and Jerry Kantor
Kenny and Barbara Rossen
Linda and Stanley Samuels
Marlene and Larry Rossen
Michael and Jordie Efland
Missions Possible - Clay Barr
and Lauren Barros Barr

Nathan and Leora Drory
Norfolk Monument Company
Norman David Soroko
Rick and Debi Yarow
Ron and Dorothy Spitalney
Sam and Diane Werbel
Sam and Stephanie Steerman
Scott and Erica Kaplan
Stacy Lauren Smith,
Jacquelyn and Madelin Smith
Stephanie and Paul Peck
Susan and Eric Schwartzman
Ben and Jillian Solomon
Susan and Ivor Kaplan

NEXT ON TAP...

BLUE YARMULKE MAN OF THE YEAR BREAKFAST – Sunday, March 6th, 10:00 am at Congregation Beth El. Sam Werbel is Congregation Beth El's 2016 Blue Yarmulke Man-of-the-Year Award recipient for Seaboard Region of FJMC. We are thrilled to honor Sam with our club's most prestigious award in recognition of his active service to our Men's Club and synagogue over many years.

We extend a heart-felt “Mazel Tov” to Sam and his entire family. Please mark your calendars, RSVP to the office and join us at the annual breakfast/award ceremony for the local honorees. The cost is \$15 per person.

Greetings!

Spring is right around the corner, and we are looking forward to our Sisterhood Shabbat on March 26th. Please come and participate in this annual Shabbat. The pictures below are some of the participants in the Tu B'Shevat Seder that was held on January 25th. Under the guidance of our own Cantor Wendi and Rabbi Panitz of Temple Israel, we enjoyed an educational and delicious seder. We had asked for donations to attend the Seder and were able to plant 9 trees in Israel.

This month, we would like to mention Women's League Reads. This is an online book club and is ideal for busy people who want to belong to a book club but do not have time to go to a meeting or those who are not mobile or physically able to go. Some of us belong to two or three book clubs, and we just want a different type of experience. Just to give you some information, our Seaboard President, Julia Loeb, just joined. She emailed Lois Silverman at isilverman@wlcj.org and was added to the group. The book was read and everyday she got a question to think about in her email box. She could comment on the question and read what others thought also. To cap off the discussion, there was a conference call with a biblical scholar talking about the book as modern midrash and comparing the story to the biblical text.

The next selection is *All of a Kind Family* by Sidney Taylor. This selection is an intergenerational book to be shared with young readers. In mid-March, there will be questions posted for the regular Women's League Readers, questions that will relate to Jewish-American literature, the Jewish experience in this country in the early part of the twentieth century, and the Jewish family. Then on Sunday, March 20th at 3:30 EST there will be a real-time session complete with other activities related to the book. Again, you can register at the email address mentioned above.

Enjoy a happy and festive Purim.

Shalom, The "Helenes"



SUMMER SCHOLARSHIPS

LAST CALL FOR SUMMER SCHOLARSHIPS

Deadline: March 15th

Beth El students can participate in many different Jewish enrichment programs during the summer. Information on trips and programs, such as Camp Ramah, USY on Wheels, and trips to Israel are available through the synagogue and the Federation.

Children of members in good standing (i.e., those whose financial obligations to Beth El are current) may apply for scholarship funds by submitting the following application to:

Dorothy Spitalney, Chairman
Beth El Scholarship Committee
115B 68th Street
Virginia Beach, VA 23451

Child's name: _____ Age: _____

Address: _____

Phone number(s): _____

Parents' names: _____

Name and sponsor of activity: _____

Cost of activity: _____ Length of activity _____

Other scholarship funds available to the applicant: _____

Scholarship subsidies are provided by:

Beth El's Sisterhood and Men's Club
The Sharon Spitalney Scholarship Fund
The Cherin and Polis Family Trusts

Sunday Sessions at Beth El

Sundays at Beth El aren't just for kids anymore!

Check out all the great programming for adults (BERS parents or anyone who is interested) available every Sunday morning (including bagels and coffee in the Kramer Lounge every week):

Sunday Morning Yoga – emphasizing relaxation and flexibility
Presented by Beth El and the Simon Family JCC



Available every Sunday morning during winter and spring, join certified yoga instructor Kim Scales of the JCC staff for a yoga class emphasizing relaxation and flexibility.

Every Sunday - 11am
Barr Hall
Bring your own mat



Bagels and a Schmear – Complimentary breakfast in the Kramer Lounge

Available every Sunday morning – come inside for a cup of coffee and a bagel, relax in the lounge and enjoy the company!

Read your Beth El and BERS emails to see more great Sunday morning programming in the works for March.

USY Corner



Ben Ipson

This month we have two great events - chances to get together on a Saturday night to have fun, celebrate and hangout together. Get

in touch with Ben Ipson (our intrepid advisor) and let us know if you'll be joining us!

- * **March 5th & 6th:** Havdalah and lock-in program at Temple Israel
- * **March 19th:** Saturday evening: Pre-Purim Party
- * **April 17th:** (Tentative) USY at King's Dominion
- * **May 27th-30th:** Spring Regional Convention.

This is a major experience in Jewish living and a high point of the youth group calendar. Scholarship funds are available to help defray the cost of attending the convention.

For more information about upcoming events or how to get involved with USY, please contact Benjamin Ipson by email or phone at bipso001@odu.edu or 804-263-4468.

92Y Live From NYC
Programs broadcast live via satellite

SAVE THE DATE!
SUNDAY, APRIL 3RD
7:00 PM

*The Milton "Mickey" Kramer Scholar in Residence Fund
proudly presents*

the 92nd Street Y at Beth El

*Funding also provided through a generous grant from
the United Jewish Federation of Tidewater*

Four of America's most distinguished foreign policy experts explore crucial issues that our next President must face.

Unprecedented turmoil in the Middle East; belligerence and muscle-flexing from Moscow; economic and political uncertainties in Europe; a China determined to supplant U.S. influence in Asia. How should America's next president deal with all this? What can we learn from this year's election campaign about the likely future of U.S. foreign policy?

A free-wheeling discussion with four of America's most distinguished experts: Hudson Institute's Walter Russell Mead, Foreign Affairs editor Gideon Rose, Foreign Policy editor David J. Rothkopf and Pulitzer Prize-winning columnist Bret Stephens of the Wall Street Journal.

Beth El Congregational Seder



Second Night of Passover

Saturday Evening, April 23rd

Adults: \$55 Children (6-12 yrs): \$23

Children (3-5 yrs): \$10

Non-Members: \$60

RSVP by April 8th

RESERVATIONS WILL NOT BE ACCEPTED WITHOUT PAYMENT

Please call the synagogue office at 625-7821 with the names of your family members who will be attending.

Torah on Tap is Back!

April 6th at 7:00 pm

**Great learning in a fun environment
with wonderful people - Join us!**



People keep asking, when is Torah on Tap going to be held again?

Wednesday, April 6th - Pre Pesach at the Yardhouse in Town Center, Virginia Beach

Join us for a chametz-filled discussion (got to get that bread in while we can) as we tackle Passover bringing some new perspectives to liven up your seder discussion, or just make the holiday a little more meaningful for you.

Please RSVP to the office so that we can reserve the right amount of space!

And save these dates for May and June:

Thursday, May 12th for Yom Ha'atzmaut

Thursday, June 23rd - A year end hootenanny

Would you like an Aliyah?

If you would like to celebrate a simcha (birthday, wedding anniversary, b'nai mitzvah anniversary), or honor a loved one's yahrzeit on a Shabbat, please call Ina Leiderman at 757-463-9043. She would be happy to arrange for you to have an aliyah in honor of your special day or in memory of your loved one.

LUNCH & LEARN

Wednesdays

March 2nd, 9th, 16th, & 30th
NO Lunch & Learn on the 23rd

Beth El Lunch and Learn is a vibrant group of fressers (eaters) and learners who come together weekly for good food and stand-alone discussions led by Rabbi Arnowitz, Rabbi Ruberg and Cantor Wendi. We meet every Wednesday from noon-1:30 pm.

Cost: \$5.00

Dear Beth El Congregants,

Four years ago our son Eric was accepted to EVMS. Having no information regarding the Jewish community in Norfolk, we didn't know what to expect coming from New Jersey.

As we helped Eric settle into his new home, we stopped into Beth El, and much to our surprise found a vibrant, welcoming Jewish congregation. Eric immediately felt accepted as he and his friends were invited to Shabbat and holiday dinners in congregants homes, and were welcomed to services.

As Eric graduates this semester, we just want to say "thank you " for doing all you could to make Beth El a warm and welcoming home away from home.

All our best,

Mindy, Joe and Eric Shapiro

** The Shapiro family will be co-sponsoring the kiddush lunch on March 19th.

Torah Fund

YOUR Torah Fund contribution strengthens and perpetuates Conservative/Masorti Judaism throughout the world.

DID YOU KNOW?

- The Torah Fund of Women's League of Conservative Judaism campaign was first launched in 1942 as a scholarship fund.
- The first giving category solicited was \$611 which was the numerical equivalent of the word Torah using gematria. The first year goal was \$10,000 for the entire campaign.
- Since then, Torah Fund has raised more than \$66 million in support of the Jewish Theological Seminary (New York City), Ziegler School of Rabbinic Studies (Los Angeles) and the Schechter Institute of Jewish Studies in Jerusalem.



You **DO NOT** have to become a Benefactor (\$180), Guardian (\$300), Associate Patron (\$600) or Scholarship Patron (\$2500), to take part in Torah Fund. **ANY** and **ALL** contributions are extremely important, appreciated and help us reach our goal. You can send a check in any amount made out to **TORAH FUND** to Ina Leiderman by **May 15, 2016**.

I hope all of our Torah Fund Benefactors and Guardians will plan on joining us at **Sisterhood Shabbat** on **March 26th**, wearing your beautiful Torah Fund pins! We will all take a joint Aliyah in honor of our Beth El contributors.

Barbara Abraham, Ina Mirman Leiderman & Judy Mitnick, Torah Fund Co-Chairs

Beth El's Kosher Cooking Corner

Hamentaschen (Pareve)

By Leora Drory



- 1 cup margarine
- 1-1/2 cup sugar
- 4 cups flour
- 4 teaspoons baking powder
- 1/2 teaspoon salt
- 2 eggs beaten
- 1/4 cup orange juice
- Solo pie filing

Dough: Work margarine into dry ingredients with dough hook on mixer until just crumbly. Add eggs and orange juice and mix well. Shape into a ball and cover with plastic wrap. Refrigerate overnight.

Heat oven to 400 degrees and line cookie sheets with parchment paper to prevent bottoms from burning.

Take out from refrigerator and let come to room temperature. On a floured surface cut dough into 4 equal portions. Roll out each portion to 1/2" thickness. Cut 3" circles with cookie cutter. Place heaping teaspoon of filling in center of each circle. Roll up the 3 sides of the circle and pinch the top to form the traditional three cornered shape. Place on cookie sheet. Bake 400 degrees for 12-15 minutes or until lightly brown. Let cool before removing.

World Wide Wrap Up



We are grateful for the generous contributions of those who support Beth El

by remembering and honoring their friends and loved ones.

**PEARL K. ALECK
LIBRARY**

ENDOWMENT

IN HONOR OF

**Warren & Helen Aleck's
50th anniversary**

Jerry & Kathy Kantor (S)

TEMPLE FUND

IN MEMORY OF

Willie Chernitzer

Perry & Margie Rogis (B)

Margit Greenzaid

Roye & Gayle Greenzaid (G)

Carl Janow

Barbara Leibowitz

& Ilene Lipton

Hanna Konikoff

Paula Eisen

Eliot Landau

Hilde Deutsch

Edna Levin

Michael & Roslyn Barney

Miles &

Sandra Porter Leon

Paul & Vivian Turok*

Bert Nusbaum

Pauline Levin*

Larry Ruden

Barbara Leibowitz

& Family

Martin Sheintoch

Michael

& Phyllis Sperling (S)

Barbara Siegel

Charles

& Leslie Hecht-Leavitt (B)

Paul & Vivian Turok*

Lily Smietana

Jerry & Kathy Kantor*

David Smith

Jerry & Kathy Kantor*

Ed & Betsy Karotkin**

Murray & Lisa Rosenbach (B)

Max Wurwand

Paula Eisen

Ronnie Epstein

Nathan & Beth Jaffe (G)

IN HONOR OF

The birth of Nancy

Bangel & Mark Robbins'

granddaughter, Stella

Jane Dunlap

Paul & Vivian Turok*

The engagement of

Norman & Farideh

Goldin's daughter Yael

Eric & Joan Joffe*

Paul & Vivian Turok*

**Matthew Gross' bar
mitzvah**

Josue Medrano (S)

Alan & Norma Jaffe**

The birth of Jerry &

Kathy Kantor's new

grandson

Barry & Kay Kesser*

Ed & Betsy Karotkin's

anniversary

Paul & Vivian Turok*

Amie Nochumowitz's

birthday

Randy & Lisa Shapiro

Dorothy Zimmerman's

special birthday

Paul & Vivian Turok*

SPEEDY

RECOVERY/THINKIN

G OF YOU

Kay Kesser

Barbara Leibowitz

BERNARD MARTIN

MEMORIAL FUND

IN MEMORY OF

Stanley Martin

Kenny & Barbara Rossen

SPEEDY RECOVERY

TO

Kathy Kantor

Elsie Martin*

**BEVERLY RAFAL
WERBEL FUND TO**

HOUSE THE

HOMELESS

IN MEMORY OF

Sonia Cheman

Nicky & Estie Cohen

Richard Hirschfeld

Nicky & Estie Cohen

Hanna Konikoff

Ed & Betsy Karotkin (S)

Paul & Vivian Turok (S)

Edna Levin

David

& Charlene Cohen**

Bernie Shapiro

Sam & Diane Werbel (G)

Max Wurwand

Nathan & Ilana Benson

& Family (S)

Robert & Dana Fink*

IN HONOR OF

Ed & Betsy Karotkin's

50th anniversary

Sam & Diane Werbel*

Sam Werbel being

named Beth El Men's

Club's Blue Yarmulke

Man-of-the-Year

Bert & Joyce Legum*

SUNDAY SCHOOL

FUND

IN MEMORY OF

Hanna Konikoff

Wayne Goodman*

David Smith

Alan & Jody Wagner**

RABBI ARNOWITZ

DISCRETIONARY

FUND

IN MEMORY OF

Hanna Konikoff

Ivor & Susan Kaplan

& Family**

Jeff & Shelley Weisberg*

IN HONOR OF

Rabbi Arnowitz

Keith & Dale Bangel (G)

Annette Mand & Family (S)

Elsie Martin (G)

CANTOR

DISCRETIONARY

FUND

IN HONOR OF

Cantor Wendi Fried

Elsie Martin (G)

JAY BARR ART FUND

IN MEMORY OF

Joe Keller

Raye Swartz Keller (B)

IN HONOR OF

Raye Swartz Keller's

100th birthday

David & Ruth Kreger (G)

Jonathan

& Linda Longman (S)

SHARON SPITALNEY

SCHOLARSHIP FUND

IN MEMORY OF

Dotty Jacobs

Ron & Dorothy Spitalney (B)

IN HONOR OF

Martin Waranch's

special birthday

Jon & Ellen Harris

ARTHUR & HANNA

KONIKOFF

MEMORIAL FUND

IN MEMORY OF

Hanna Konikoff

Janet Aguiar*

David & Joan Balaban (B)

Diana Barnett (B)

Michael & Roslyn Barney

Mrs. Joseph Berger (G)

Rita Gamsey Burnat**

L.T. & Stacie Caplan**

JoAnn Cardon-Glass**

The Center for Arthritis (S)

Jeff Chernitzer*

David & Linda Cohen**

We are grateful for the generous contributions of those who support Beth El

by remembering and honoring their friends and loved ones.

The Dreyfus Family (G)	Alan	Roger Spero
Lorraine Fink	& Madeleine Samuels**	Jim & Randy Caplan**
Robert & Dana Fink*	Walter & Paula Schwartz**	IN HONOR OF
Adam & Kristy Foleck**	Larry & Jolene Shapiro (G)	The birth of Jim & Randy
Jack & Jodie Frieden (B)	David	Caplan's grandson,
Leslie Friedman (S)	& Patricia Shufflebarger (G)	Armond Lex Caplan
Her Friends at Grover	Viviane Simon	George & Amy Ginsburg*
Musical (G)	Steve & Anne Snyder	<u>HIGH HOLIDAY</u>
Steve & Marilyn Garfunkel (B)	Ron & Linda Spindel (G)	<u>PRAYER BOOK</u>
Mark & Karen Gilbert**	Scrappy & Suzi Stark*	IN MEMORY OF
Bob & Jo Ann Glick (S)	Ed & Jane Stein (S)	Hanna Konikoff
Marc & Laurie Glickman*	David Straeten (G)	Jim & Randy Caplan
Chuck & Dottie Goldman*	Aaron & Sara Trub*	Lily Smietana
Dan & Carolyn Greene (G)	Stan & Cecelia Weisberger*	Adam, Brooke, Ava,
Roye	Marc & Christine Weiss**	Maya & Alex August
& Gayle Greenzaid*****	Jesse & Bari Wiens*	Seth Caplan
Frank & Diane Harrell (B)	Steve	& Melissa Whitlock
Jon & Ellen Harris	& Megan Zuckerman*	Max Wurwand
Mark & Sharon Hermelin**	SPEEDY RECOVERY TO	Bobby
Nathan & Beth Jaffe (G)	Sonia Land	& Denise Goldwasser
Jerry & Kathy Kantor (G)	Albert & Wendy Konikoff	IN HONOR OF
Ron & Cindy Kramer	<u>MINYAN FUND</u>	Raye Swartz Keller's
& Family (G)	IN MEMORY OF	100th birthday
Gary Laderberg	Eliot Landau	Eric & Joan Joffe
Robert & Carol Laibstain (S)	Neil & Gina Rose*	<u>TREE OF LIFE</u>
Darryl Lynn Lefcoe**	David Smith	IN HONOR OF
Jay Legum*	Neil & Gina Rose*	Raye Swartz Keller's
Miles & Sandra Porter Leon	<u>FREDA & TAVIA</u>	100th birthday
Pauline Levin*	<u>GORDON MEMORIAL</u>	Her Friends
Kirk & Amy Levy*	<u>FUND</u>	Kenny & Sue Ann Berlin
Tom & Sharon Lira*	IN MEMORY OF	& Family
Joanie London	Tavia Gordon	Arthur
& Bernice Kaplan*	Aaron & Sara Trub***	& Emmy Lou Kreger
Chuck & Jackie Lurie (B)	Edna Levin	& Family
Ken & Diane Muhendorf (B)	Allen & Barbara Gordon*	<u>TREE OF MEMORY</u>
Alan & Susan Nordlinger (B)	David Smith	IN MEMORY OF
Ann Nusbaum & Family (S)	Allen & Barbara Gordon	Lily Smietana
Lou & Gloria Padersky	IN HONOR OF	Jim & Randy Caplan
Alan & Harriet Peltz (B)	Raye Swartz Keller's	
Harold & Jerry Pollack (B)	100th birthday	
Stephanie's friends (G)	Allen & Barbara Gordon*	
Fred	<u>ROSE & ARMOND</u>	
& Barbara Rosenblum (B)	<u>CAPLAN MEMORIAL</u>	
Kenny	<u>FUND</u>	
& Barbara Rossen***	IN MEMORY OF	
Abelardo Ruiz (G)	Bert Nusbaum	
Antonio & Anne Ruiz (G)	Jim & Randy Caplan**	

Condolences to

Ashley Zittrain on the loss of her father, David Smith of blessed memory.

REMEMBRANCE DONATIONS

* = Chai = \$18
 ** = Double Chai = \$36
 B = Bronze = \$19 - \$49
 S = Silver = \$50 - \$99
 G = Gold = \$100 or more

February Jahrzeits

*We record the sacred memory of the following departed members
of the families of our congregation on the occasion of jahrzeit.
The names of our beloved departed are read from the pulpit at each evening minyan.*

<p><u>MARCH 1</u> Abraham Bernstein Jennie Dautch Sarah Halpern Harry Laibstain Bess Peck Celia Schreiber</p>	<p><u>MARCH 5</u> Lillie Comess Henry Friedman Jack Goldstein Carlton January Mollye Karlin Betsy Kramer Esther Mendel Jacob Rubin Saul Shaprio Ida Spensky Jack Webne</p>	<p><u>MARCH 10</u> Lee Branfield</p>	<p><u>MARCH 22</u> Celia Broudy Frances Dorkin Martha Kruger</p>	<p><u>MARCH 31</u> Charlotte Levine Eldridge Waranch</p>
<p><u>MARCH 2</u> Solomon Brown David Familant Florence Gray Aaron Leiderman Lawrence Macon Harold Miller Louis Orloff Richard Porter Louis Raffel Bernice Rosen Howard Rosenblatt Muriel Shaprio Isidor Simons Beverly Werbel</p>	<p><u>MARCH 6</u> Jacob Eichenbaum Gertrude Fram Rose Gelrod Sylvan Goldstein Irving Herer Goldie Kohn Ina Kruger Isaac Levin Irving Levine Ethel Simon</p>	<p><u>MARCH 11</u> Bessie Goodman Jacob Kerman Rae Klaff Barton Marcus James Permut Sidney Reisig</p>	<p><u>MARCH 23</u> Michael Gross David Hendler Bertha Salzberg</p>	
<p><u>MARCH 3</u> Julian Banks Ralph Bunin Perry Fine Andrew Hebson Bertha Hecht Jerome Jacobs Frank Kramer Julia Leibowitz Marvin Mazur Samuel Rubin Cherna Satsky Dorothy Schulman George Stein Herbert Stein</p>	<p><u>MARCH 7</u> Israel Bodner Reuben Bregman Rose Lerman Tobias Sod Rae Stein Eddie Wolkowitz</p>	<p><u>MARCH 12</u> Paul Klein</p>	<p><u>MARCH 24</u> Robert Berg Jacob Brener Alvin Fleishman Eshter Holzveig Rose Krichman Frank Reshefsky</p>	
<p><u>MARCH 4</u> Jennie Abram Mildred Goff Sylvan Gordon Sylvia Greenspan Frances Potts Maurice Rosenberg Leon Saunders</p>	<p><u>MARCH 8</u> David Fox Mayda Gardner Esther Goldstein Samuel Kaufman Harry Kirshon Alma Legum Bernard Lubin Joseph Myers</p>	<p><u>MARCH 13</u> Seymour Foleck Morka Hus Myers Lerman Nathan Neihouse Yetta Tuchman</p>	<p><u>MARCH 25</u> Esther Distillator Edward land Rose Levine Thelma Reich Martin Rogoff</p>	
	<p><u>MARCH 9</u> Ted Deutsch Sarah Flax Milton Goldin Kay Greenberg Flora Richter</p>	<p><u>MARCH 14</u> Hannah Kantor Juda Lesser Julius Richter Bertha Weiss</p>	<p><u>MARCH 26</u> Mildred Krell Sadie Kruger Howard Jacobson</p>	
		<p><u>MARCH 15</u> Bernice Block</p>	<p><u>MARCH 27</u> Sonia Patish Bertha Saunders</p>	
		<p><u>MARCH 17</u> Nathan Fivel Constance Robins Doris Weiner</p>	<p><u>MARCH 28</u> Sara Klavans Sara Schutz David WEISS</p>	
		<p><u>MARCH 18</u> Hyman Leon Jesse Moskowitz Myron Ungar</p>	<p><u>MARCH 29</u> Hershel Coplton Martin Lerner Faye Miller Samuel Swersky</p>	
		<p><u>MARCH 19</u> Jack Max Eddie Myers</p>	<p><u>MARCH 30</u> Lee Dobrinsky David Millison Philip Perlman Nathan Rosenberg</p>	
		<p><u>MARCH 21</u> Samuel Posner Jack Stein Jay Waitsman Sylvia Winer</p>		

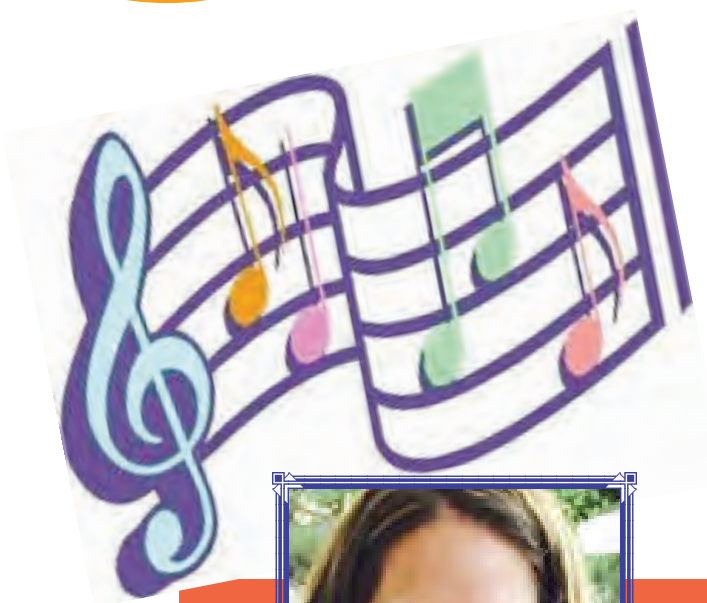


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SAVE THE DATE!

**Sunday, May 22nd
5:00 pm**

**Installation of
Cantor Wendi Fried
with visiting cantors to
perform**

**Hor d'oeuvres and dessert
reception to follow**

Adar I - Adar II 5776 * March 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 21 Adar I	2 22 Adar I Lunch & Learn 12 noon	3 23 Adar I	4 24 Adar I Candlelighting: 5:45 pm	5 25 Adar I Shabbat services: 9:30 am Torah Portion: Vayekhel SHABBAT SHEKALIM
6 26 Adar I BERS K-9 Blue Yarmulke Man of the Year Breakfast 10am Hazak @ Jewish Museum in Portsmouth 2 pm	7 27 Adar I	8 28 Adar I	9 29 Adar I Lunch & Learn 12 noon	10 30 Adar I ROSH CHODESH	11 1 Adar II ROSH CHODESH Candlelighting: 5:51 pm	12 2 Adar II Shabbat services: 9:30 am Torah Portion: Pekude
13 3 Adar II Daylight Saving Time Begins BERS K-7	14 4 Adar II	15 5 Adar II Deadline for Summer Scholarships	16 6 Adar II Lunch & Learn 12 noon	17 7 Adar II	18 8 Adar II Shabbat Dinner and Speaker 6:00 pm Candlelighting: 6:58 pm	19 9 Adar II Shabbat services: 9:30 am Torah Portion: Vayikra Purim Masquerade Ball 7:00 pm SHABBAT ZACHOR
20 10 Adar II BERS K-9 SPRING BEGINS	21 11 Adar II	22 12 Adar II	23 13 Adar II No Lunch & Learn FAST OF ESTHER PURIM Palooza	24 14 Adar II PURIM	25 15 Adar II SHUSHAN PURIM Candlelighting: 7:04 pm	26 16 Adar II Shabbat services: 9:30 am Torah Portion: Tzav Sisterhood Shabbat
27 17 Adar II BERS K-7	28 18 Adar II	29 19 Adar II	30 20 Adar II Lunch & Learn 12 noon	31 21 Adar II		