



Congregation Beth El Bulletin

Selichot 5777

Saturday evening, September 16th

8:30 - 9:30 Learning

9:30 Reception

10:00 Worship



Save the date for Selichot this year for a night of reflection, growth, and togetherness as we welcome in the High Holiday season with our annual joint Selichot service. This year the service will be at KBH and will combine our cantors and choirs for a beautiful and inspiring service. Before the service, we will be enriched by the teachings and message of Rabbi Jason Rubenstein.

"Rabbi Jason Rubenstein is Dean of Students and Alumni at Yeshivat Hadar, where he also teaches Talmud and Jewish thought. Jason was ordained by the Jewish Theological Seminary in May of 2011, and holds an MA in Talmud from JTS and a BA from Harvard College. An alumnus of the kollel of Yeshivat Ma'ale Gilboa, the Wexner Graduate Fellowship, the Legacy Heritage Rabbinic Fellows program at JTS, and the Graduate Fellowship in Jewish Law and Legal Theory of the Cardozo Center for Jewish

Law, Jason is also a recipient of the 2015 Pomegranate Prize for Jewish Education."

Besides his otherwise extremely impressive resume, in Tidewater we are most proud that he served as the Rabbi in Residence at KBH.

We hope to see you that evening as we come together as a community to worship and learn with each other.

“The Charlottesville Hate Riot and Sermon Topics”

On August 12th in synagogue when we came to the prayer for our country I said “At this very moment as we prepare to return the Torah to the ark, a few hours from here in Charlottesville, where so many of you went to school and so many of our children go to school, what is expected to be the largest open demonstration of hate groups in 15-20 years is taking place.”

It was Shabbat when I couldn't see the news - before I had any idea about the extent of the anti-semitism, Naziism and Open White Supremacist Terrorism. It was before I knew the ground of that city that I love to visit so much had been consecrated once again by the blood of a victim of White Supremacist Terrorism. But all the same the message I delivered seemed to resonate.

I continued, “As we turn to this prayer I could not be more grateful for the fact that I live in a country where freedom of speech is the law of the land. I could not be more grateful for the existence of the First Amendment. And yet, I am also disgusted by the display of hate we will witness in Charlottesville today. But just because there is free speech does not mean that we have to accept all speech. Just because anyone has the right to say something does not mean that there are not consequences.

Today, I am reminded more strongly than perhaps at any time in my life of the famous quote of Edmund Burke that, ‘The only thing necessary for the triumph of evil is for good people to do nothing.’ As I said, this is expected to be the largest gathering of hate groups in nearly two decades. Do you know how many people they expect to show up? Hundreds. Now that is hundreds too many, and yet in a country of over 300 million it is hardly overwhelming.

The sad reality is that because of our culture and because of social media and because of the way our attention is wrapped up in our screens, even a small group can have an incredibly loud voice. However, we cannot allow the volume of their yells to make us forget that the vast majority of people in this great nation are good and care about others and are appalled by what we are witnessing. Now is the time for all of those people [all of us] to tear our eyes away from our screens and to raise our voices in prayers of unity and a reiteration of the values that make this country so great, values like liberty and justice for all, values like all people are created equal.

As we read this beautiful prayer, it is time that we all raise our voices and remind ourselves and all those around us that we are what makes this country great and that we will not cede it to those who do not share these values no matter how loud they get.”

Now time has passed, I have caught up with the news, and I believe more strongly than ever in those words. If the forces of hate can mobilize hundreds to the streets of Charlottesville in hate, let us mobilize thousands, tens of thousands or even hundreds of thousands around the country to peacefully gather for prayer and healing and to remind us all what makes this country great - a diverse group of people bonded to each other through a dedication to core principles and values that we collectively call the citizens of The United States of America. For every 100 voices of hate we need a million voices of love. For every hundred attempts to divide us we need a million attempts to unite us.

This subject is weighing heavily on my mind these days, as I am sure it is on yours. That's why I will be exploring it in my High Holiday sermons, along with these are topics:

- RH Day 1 – Confronting Hate: Rabbinic Wisdom for Uneasy Times
- RH Day2 – Using Gratitude to be a David and not a Goliath
- Kol Nidre – Embracing Israel Even When It Rejects Us
- Yizkor – Confronting Pain: Jewish Reflections on Sorrow and the Opioid Epidemic



Rabbi Jeffrey M. Arnowitz

A Note from Cantor Wendi

Dear Beth El Family,

It's very challenging to write to you a month ahead of time when the narrative of our lives keeps changing drastically every day. Each day when I say it can't get any worse, I can't be more disgusted, I can't be more incredulous, I turn on the news and reality slaps me in the face. So how can I write this article now when I have no idea what we will be dealing with next?

As I ask myself this question, I realize that the answer must always be the same no matter what faces us. We must not be complacent; we must act. What do I mean by this? Do we all have to be diehard activists or post our outrage on FaceBook or Twitter a million times a day? No, but what I do mean is conveyed perfectly in this High Holiday season.

We are a people of action. This is how we understand our lessons best. We are also a forgetful people so experiential education works to preserve those lessons in the memories made through making sederim, building sukkot, the sounds of the Shofar and of Kol Nidre being chanted, dancing with the Torah on Simchat Torah, lighting the chanukiah, playing dreidl, donning costumes for Purim to hide our true identities as Esther did, etc. Through these creative ways, the reminders of our ethics and morals have rich meaning.

Yes, we are a religion of action! Our texts and our prayers are full of important messages, messages that form a call to get out and do, to make the world a better place with what each of us has to offer, with the unique blessings and gifts bestowed upon us. In Judaism, it is not enough just to be. We are called to be more than that! What is your unique gift and how can it be used to make a brighter tomorrow?

During the High Holiday season, we have meaningful moments both communal and personal. They are interwoven as they must be and as they are in our daily lives. The Ashamnu reminds us of our communal responsibility to be there for our fellow Jews and human beings, to be responsible for each other in our times of difficulty and confession. But we also admit to ourselves "shechatati" "I have sinned" I am an imperfect being, I am flawed, I have hurt knowingly and unknowingly, I used my words carelessly, thoughtlessly, I acted in unmenschlichkeit ways.

Our words and actions both communal and personal carry weight. Every funeral I attend, and there have been many this summer, is cause for me to re-examine my life, how I want to be remembered, what I would want to be said about me at my time. Over the last month of the summer we have seen our community come together to mourn the deaths of old and young alike. The communal and personal responses to these deaths have been very similar. We cannot tell the future. We do not know how much time will be afforded to us. **SO MAKE EVERY MOMENT COUNT!!** Live with as few regrets as possible, take the time to do the "little things", make a phone call to that person you've been thinking about. Put your plans to action, exceed YOUR OWN expectations, tackle YOUR OWN preconceived notions of who you are or what you are capable of. **SURPRISE YOURSELF.** Get out of your own rut!

We are a people of action and responsibility. We must act. We must be more. We must go above and beyond to repair this world. At Beth El, we feel that communal responsibility and we take it personally. We will be there for you every step of your journey. We will provide you space to breathe and heal at "Shabbat Unplugged" and at "Kavanah to Kaparah." We will provide you space to ponder and grow in our schools and adult education classes. We will provide you social action opportunities when we take to the kitchen when we cook for the Chesed Committee, take people to doctor's appointments, and activate by going to rallies together to stand with others and speak out against bigotry and hatred. We will strive to open a clear channel and relationship to God through our services. The Rabbi and I are here to help navigate you through all your life cycle events, and through the ups and downs of life. We are here for a shoulder, an ear for your problems, guidance through your life questions, and of course, I have an abundance of hugs to give. Our leadership and staff are wise and loving and are steering our congregation toward a bright, beautiful, secure, and meaning-filled future for our congregation. We are here for you and your families.

We wish from the bottom of our hearts that we will see you over this holiday season and that, no matter where you are, you will continue to make the most of every moment given to you!

Shanah Tovah umetukah! May it indeed be a sweet new year!

Cantor Wendi and the boys!



A message from our synagogue president, Betsy Karotkin

Let's be honest. Besides getting to see old friends whom we haven't seen in a while, getting gussied up, and knowing that we'll get another shot at being better human beings, what is it that gets us through these long high holidays of prayer?

It's coming to hear the sound of the shofar! Each year we await the blast of the ram's horn – it's a call that we each feel in our guts. As a matter of fact, one of the many names of Rosh Hashonah is Yom Teruah, "Day of Shofar Blowing."

So, this is what I hear when I listen to the blasts of the shofar:

Abraham's unfailing trust in God when he takes Isaac up the mountain to be sacrificed. And then I wonder whether Abraham misunderstood God's request.

Would God demand such a thing of us?? Even if it were only a test....Could only a human being willing to sacrifice his very son, so zealous in his faith in God, be the father of the Jewish people??? These questions come to mind each year as the story of the binding of Isaac is recounted and the ram's horn, thankfully, fills in at the last minute for Isaac!

I hear in those blasts **the ancient wail of a people that understands the price of life to be mortality**. That we are, indeed, a passing flower... And so we are a people driven to make each day count – to work in our communities, to find cures, to heal, to work on behalf of others, to make life better for all peoples.

I hear a wake-up call that reminds me that not only are my days numbered, but that I am part of a very unique **Jewish community that calls me to be present**, to care, and **to play an active part in my people's destiny**.

When you hear Tekiah * Shevarim * Teruah on Rosh Hashanah, I hope you, too, will be reminded of Abraham's faith in God's goodness and wisdom, as well as the length of our days. **May the shofar motivate us all to play an active role in the destiny of our people, to renew our faith and commitment to Judaism and to the future of Beth El.**

"G'mar Chatimah Tova" – May you be sealed in the Book of Life.



HIGH HOLIDAY SECURITY



The police officers have been instructed that **NO ONE** will be allowed in the building without a current High Holiday ticket (green and yellow this year). If you do not have a ticket, you will be stopped at the door. You will have to provide a valid ID which will then be checked against a master list of our members as well as guests who will be joining us.

This year you will be issued a green parking tag for your vehicle along with your High Holiday tickets. If you need additional tags, please call the temple office. You must have this green tag displayed on your rear view mirror in order to drive on Shirley Avenue and Spotswood Avenue or to be able to park in any of the synagogue parking lots.

High Holiday Schedule 5778 – 2017

ROSH HASHANAH

Wednesday, September 20th

Erev Rosh Hashanah

Congregational Service 5:45 p.m.
Family Service 5:45 p.m.

Thursday, September 21st

First Day

Shacharit 8:15 a.m.
Babysitting 9:30 a.m.
Children's programming (grades K-7)
10:30 a.m.
Tashlich (at The Hague) 5:00 p.m.
Mincha-Maariv (at Beth El) 6:45 p.m.

Friday, September 22nd

Second Day

Shacharit 8:15 a.m.
Babysitting 9:30 a.m.
Children's programming (grades K-7)
10:30 a.m.
Mincha and Kabbalat Shabbat 5:45 p.m.

YOM KIPPUR

Friday, September 29th

Erev Yom Kippur

Kol Nidre 6:15 p.m.
Babysitting 6:15 p.m.

Saturday, September 30th

Yom Kippur Day

Shacharit 9:00 a.m.
Babysitting 10:00 a.m.
Children's programming 10:30 a.m.
Yizkor 12:45 p.m.
Study session 3:15 p.m.
Mincha 4:15 p.m.
Neilah 5:30 p.m.
Maariv 7:20 p.m.
Blowing of Shofar & Havdalah
7:30 p.m.
Light Procession 7:30 p.m.

EREV SUKKOT

Wednesday, October 4th

Mincha-maariv 5:45 pm

SUKKOT

Thursday, October 5th

First Day Sukkot
Festival service 9:15 am
Children's program 11:00 a.m.
Mincha-maariv 7:00 pm

Friday, October 6th

Second Day Sukkot

Festival service 9:15 am
Children's program 11:00 a.m.
Mincha and Kabbalat Shabbat 5:45 pm

EREV SHEMINI ATZERET

Wednesday, October 11th

Mincha-maariv 5:45 pm

SHEMINI ATZERET

Thursday, October 12th

Festival service & Yizkor 9:15 am
Yizkor – arrive by 10:45 am
Mincha immediately following the
Kiddush luncheon

EREV SIMCHAT TORAH

Thursday, October 12th

Celebratory service 6:30 pm

SIMCHAT TORAH

Friday, October 13th

Festival service 9:15 am
Mincha and Kabbalat Shabbat 5:45 pm



COMMUNITY-WIDE TASHLICH CEREMONY

Thursday, September 21st at 5 pm

Olney Avenue and the Hague – At Stockley Gardens

This year for the first time ever, Beth El will join with B'nai Israel and Ohef Sholom Temple for a Community-wide Tashlich ceremony!

The service will remain similar to the one we have been doing with B'nai Israel for several years. The custom of tashlich, symbolically placing our sins from the past year onto small pieces of bread and throwing them into the water, is one of the most memorable and meaningful of our Rosh Hashanah customs, especially for kids. Rabbi Haber, Rabbi Arnowitz, Cantor Jen and Cantor Wendi will lead us in a few introductory prayers and songs, and then we'll each pitch our "sins" into the water.

Tashlich is a BYOB event (Bring Your Own Bread, and bring some to share in case someone forgets). Tashlich is a rain or shine event, so see you there regardless of the weather!

CHILDREN'S HIGH HOLIDAY INFORMATION

Child Care: Supervised, complimentary child care for children from birth through fifth grade is available on both the first and second days of Rosh Hashanah, the evening of Kol Nidre, and Yom Kippur Morning.

Rosh Hashanah Morning Family Service: Sharon (Mrs. 'W') will lead this special service on Thursday morning, September 21st. This special program is for FAMILIES so children will be with their parents. It will take place in Myers Hall from 10:30 am to 11:30 am.

On the Second Day of Rosh Hashanah: It wouldn't be the second day of any Rosh Hashanah here at Congregation Beth El without holding a **SHOFAR IDOL COMPETITION!** Kids will have plenty of opportunity to practice their tekiyahs and shevarims and teruahs from when school resumes until Rosh Hashanah. Bring your own shofar or borrow one of ours, but prepare to make a joyful noise on Friday morning, September 22nd beginning at 10:30 am in the Library.

Kol Nidre: Friday evening, September 29th will mark our fifth annual Kol Nidre Bingo Tournament for Kids! Come to Room #1 in the school wing for fun and Yom Tov appropriate prizes.

Yom Kippur Children's Programming: Sharon (Mrs. 'W') will lead this special service on Shabbat morning, September 30th. This special program is for FAMILIES so children will be with their parents. It will take place in Myers Hall from 10:30 am to 11:30 am.

Ending Yom Kippur Light Processional: Always a very special part of the holiday, our children, from just walking to teens, help bring to conclusion a long day of prayer with a truly beautiful and meaningful procession into the sanctuary. Participants need to gather in the Library no later than 7:15 pm.



**ANNUAL CEMETERY SERVICE
AT
FOREST LAWN CEMETERY
September 24th - 12:30 PM**

Connect with the spirit of loved ones who are no longer present in your life. It is customary to visit the graves of family members during the High Holy Day period. Rabbi Arnowitz and Cantor Wendi will lead a special service at Forest Lawn Cemetery on Sunday, September 24th at 12:30 pm. Following this short service, plan to visit the graves of your relatives. It's a beautiful way to honor the memory of those who meant so much to you.



KAVANAH TO KAPARAH

A Spiritual Service as Yom Kippur Approaches

WHEN: Wednesday, September 27th, 6:30 pm

WHERE: Home of David and Sofia Konikoff, 5006 Oceanfront Avenue in Virginia Beach

Join Cantor Wendi and Rabbi Arnowitz, Wednesday evening, September 27th, at the home of Sofia and David Konikoff on their deck overlooking the ocean. Kavanah to Kaparah is a brief and meaningful service to prepare us for Yom Kippur by helping us heal from the wounds and illnesses of the past year.

This special service has become a Beth El custom over the past six years and everyone who attends speaks about how meaningful it is both as a way to prepare for Yom Kippur and just to share a spiritual moment in general.

We will gather at the Konikoff home at 5006 Oceanfront Avenue in Virginia Beach at 6:30 pm. Refreshments and desserts will follow after the service. Please let us know to expect you by calling the synagogue office at 625-7821.



It's the great Yom Kippur "White Out"

This Yom Kippur we are continuing our tradition of wearing white, the traditional symbol of the purity we hope to achieve on that day. So, leave the suit jackets home, get those white button-downs cleaned and make sure those white dresses are spotless.

This Yom Kippur we are going to fill the sanctuary with white. Hey, if they can do it at a an ODU football game we can do it at Beth El! White clothes are encouraged on Kol Nidre and expected on Yom Kippur Day.

Sukkot Programming



Sukkot is right around the corner, and it is never too early to RSVP for our the perennial Friday night favorite dinner and services in the sukkah on **October 6th**. Join us as we gather together to enjoy an evening of prayer, fun and food. We will have family services in the sukkah beginning at 5:45 pm followed by a dinner at 6:30 pm in addition to our weekly Shabbat services in the chapel.

Dinner is open to everyone but **SPACE IS LIMITED!!!**

RSVP by October 2nd to the office at 625-7821.

Adults: \$18

Children: \$10 (ages 3-12)

Scotch Tasting and Steak Dinner in the Sukkah Sunday, October 8th

After six sold-out years, this is the event that no longer needs any introduction. Join Rabbi Arnowitz on a tour through some great scotches, enjoy a thick steak expertly prepared by our Men's Club chefs and hang around for a (very brief) bit of learning and a cigar (if that's your thing).

6:15 pm - Scotch tasting and schmooze

6:45 pm - Steak, potatoes, salad and dessert in the sukkah

7:45 pm - Torah discussion (with cigars if you bring them.)

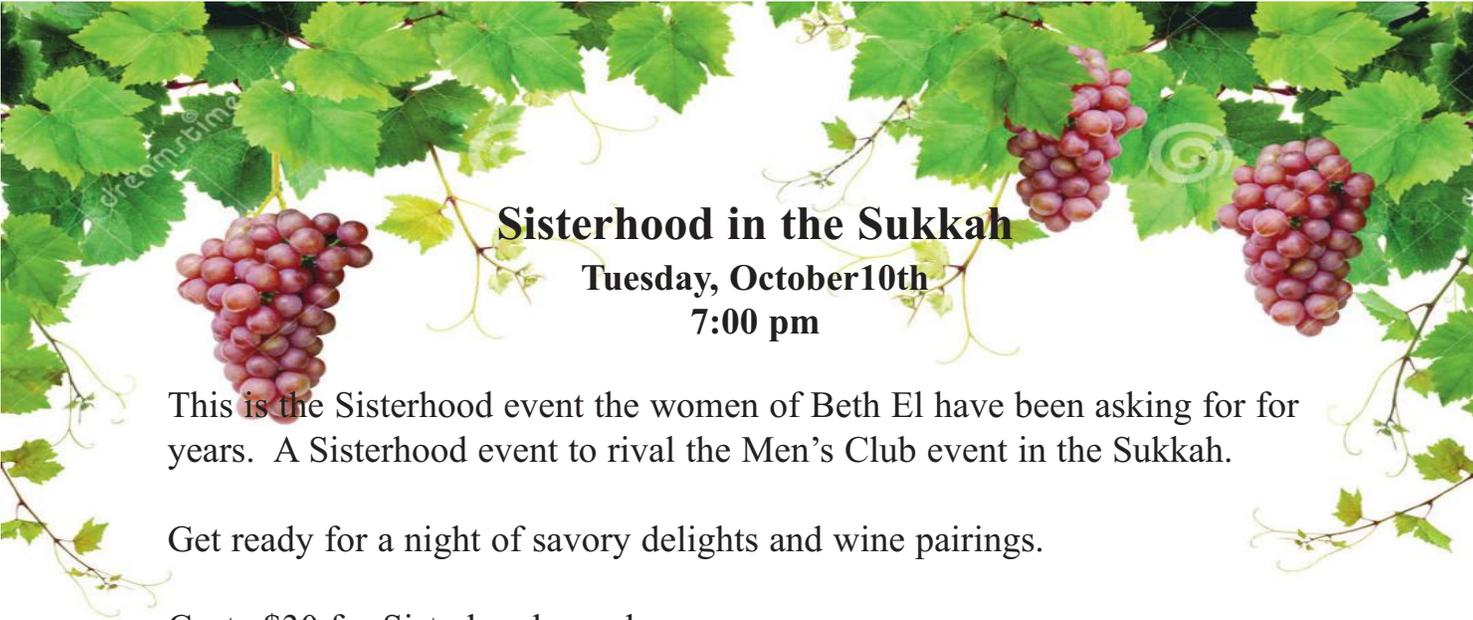
Cost - \$40, (*Men's Club Member*) includes scotch and steak dinner. \$45 non Men's Club members)

RSVP - mail your check no later than **Friday, September 29th**.

Your check is your reservation (Made out to Men's Club)

Thank you to the Men's Club for sponsoring this "Men Only" sukkah event.





Sisterhood in the Sukkah

Tuesday, October 10th
7:00 pm

This is the Sisterhood event the women of Beth El have been asking for for years. A Sisterhood event to rival the Men's Club event in the Sukkah.

Get ready for a night of savory delights and wine pairings.

Cost: \$30 for Sisterhood members
\$35 for non-Sisterhood members

RSVP - mail your check no later than **Friday, September 29th.**
Your check is your reservation (Made out to Beth El Sisterhood)

LULAV AND ETROG ORDER FOR SUKKOT

Beth El will be ordering lulavim and etrogim for use on the holiday of Sukkot which will begin on Wednesday, October 4th. More and more American Jews are rediscovering the beauty of Sukkot and are putting up a sukkah at home. The other characteristic Sukkot observance is the waving of etrog and lulav. Lulavim and etrogim can be used at religious services in the synagogue, and at home every day except Shabbat. Those who wish to purchase individual lulav and etrog sets for family use should call the office by September 29th and arrange for theirs to be picked up immediately before the holiday. The cost is \$36.00 for regular, \$40.00 for prime and \$43.00 for deluxe.



Simchat Torah Celebrations

Thursday evening, October 12th
Our annual family-friendly, flag waving, Torah dancing party.

Friday morning, October 13th
This year our Simchat Torah service will honor all the many volunteers at the Beth Shalom Home, who are our annual guests for Simchat Torah morning and perform such a great service (and services) for our Beth Shalom community!

LUNCH & LEARN

Wednesdays
 October 11th (in the sukkah)
 October 18th and 25th

All are welcome as we kick off our Lunch and Learn season on Wednesday, October 11th in the sukkah.

Beth El Lunch and Learn is a vibrant group of fressers (eaters) and learners who come together weekly for good food and stand alone discussions led by Rabbi Arnowitz, Rabbi Ruberg, and Cantor Wendi. We meet every Wednesday from noon to 1:30 pm.

Cost: \$5.00 per person



Don't Miss Beth El's Intergenerational Israel Trip Winter Break 2018

Several of you have already expressed interest in our upcoming Israel trip. The tentative dates are December 23, 2018 – January 3, 2019. The trip will include two tracks, one conducive to older travelers and one geared towards kids and will also include the opportunity for kids of the right age to be called to the Torah as a bar or bat mitzvah.

Think you might be interested in joining us?

Join us on September 11th at Beth El at 6:30 for a Trip Information Meeting.

A representative from Keshet, the tour company we plan to use, will be joining us and those who get involved at this early stage will have the opportunity to help set the itinerary for the trip!

Please let the office know if you will be joining us at the informational meeting.

ANNUAL HIGH HOLY DAY FOOD DRIVE

Once again, we will be collecting food during the High Holy Days. Listed below are items that Jewish Family Service has requested. Your donations are gratefully appreciated!

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|----------------------|----------------------|
| 1. Peanut butter | 7. Cereal |
| 2. Cream soups | 8. Macaroni & cheese |
| 3. Canned tuna | 9. Pasta |
| 4. Canned vegetables | 10. Pasta sauces |
| 5. Canned fruit | 11. Toilet paper |
| 6. Juice | 12. Ramen noodles |



Bar Mitzvah Corner

Wyatt Jones will be called to the Torah for his Bar Mitzvah on September 9th. Parents, Andrew and Lisa Jones, as well as brothers, Elliott and Wesley, could not be more proud. Wyatt chose to collect food for the Jewish Family Service and donate a portion of his gifts to A Walk on Water, which is an organization that allows children with special needs to surf with professional surfers. When he's not studying for his Bar Mitzvah, Wyatt enjoys surfing and soccer and learning everything about airplanes.



VOLUNTEER SHABBAT SATURDAY, SEPTEMBER 16th

"Truthfully, volunteers do not necessarily have the time. Rather, they have the heart."

Please join the officers and board of directors as we honor the volunteers who make Beth El the place to be. We will pay special tribute to Larry Dobrinsky who served as Treasurer of Beth El for 25 years.

A beautiful kiddush luncheon will follow.



Gift Shop Ready for the Holidays Come see our "new look"

Beautiful tallit, tallit bags, shofarim, candlesticks, apples and honey serving pieces, tablecloths, children's High Holiday books and activity sets.

Lovely selection of Judaica and gifts.

Select tallit are 30% off!
Limited time - shop early
Gift shop hours - Wednesdays 11:30 to 1:30
Sunday 9:30 to 12:30

Check the weekly e-bulletin for special sales and discounts
Shanah Tovah and thank you for shopping at the Beth El Gift Shop.

All proceeds from the gift shop benefit many projects and activities at Beth El.

Beth El Sisterhood had a very exciting summer. A committee led by Dorothy Zimmerman started meeting in the Spring to consider how to build on Sisterhood's current programming and activities to create an even stronger organization. These efforts led to the creation of four Parlor Meetings, which were designed as opportunities for women of Beth El to share what kind of activities would be most interesting to them.

Many thanks to our lovely and gracious hostesses – Laura Gross, Leah Flax, Alicia Friedman, Linda Samuels and Judy Smith for opening their homes, giving their time, sharing delicious food and drink and helping bring women together from all ages and neighborhoods. Through these parlor meetings we got to hear from sixty women. We've also generated interest among these women to take an active role in helping to coordinate activities.

We have a new leadership team in place who will be mentored by more experienced members (Carol Smith, DeAnne Lindsey, Judy Smith, and Valerie Warsof) to help them get off the ground running. The new team will cover 5 areas: Co-Chair - Ashley Zittrain; Programming - Sharon Debb; Communications - Shelley Frazier; Finances - Wendy Weissman; Fundraising - Pam Trompeter

We are also lucky that the very important roles of Catering, Garage Sale, Gift Shop and Torah Fund will continue under their current leadership (Nancy Kanter, Marilyn Ashe and Ina Mirman Leiderman.) The fundraising that arises from these crucial programs allows Sisterhood to do great things. If you are interested in helping with these, please contact Nancy, Marilyn or Ina.

Finally, the feedback from the Parlor Meetings will be used to plan the events for this coming year. Please be on the lookout for announcements in future bulletins, the weekly emails and Facebook. Our kick-off event will be a Sisterhood in the Sukkah event – so if you've been envious of the Men's Club Scotch and Steak in the Sukkah – it's OUR turn now! Mark your calendars - Tuesday, October 10th at 7pm.

TORAH FUND

We had a great year for the 2016-17 Torah Fund campaign. Not only did we send in over \$150 more than the year before, but also, we had 3 new Benefactors, 2 new Guardians and 1 new Associate Patron. We sent in \$11,702.25 and since 2004, Beth El has contributed almost \$145,000 to the Women's League Torah Fund.

This year the new gold and silver pin is titled "*Mah Tov*" which means "*how good*". The pin, featuring the number 100 in raised letters and encased in a silver frame, is a treasured keepsake of the Women's League centennial celebration to wear with pride.

The full phrase is one I am sure you recognize – "How goodly are your tents, Oh Jacob, your dwelling places, Oh Israel". It is a spontaneous exclamation of joy and appreciation as we begin our morning worship. And this is a good year for us to be joyful! We celebrate the beginning of the 100th year of Women's League for Conservative Judaism and the end of the 75th year of the Torah Fund campaign. We should count our many blessings as individuals within the community of Israel. We are blessed in our synagogue with opportunities to learn, pray and show acts of kindness that bind us together. We have communal leaders who are thoughtful and learned. We have children and grandchildren who make us smile. And we have the love of family and friends – especially our Women's League sisters – who are such a strong support to us.



We will be contacting our previous contributors, but hope you will call us to become a Torah Fund contributor for 5778. Benefactors are \$180.00; Guardians are \$300.00; Associate Patrons are \$600.00. You have until May 15, 2018 to pay your pledge. You may pay by check (made out to TORAH FUND) in one lump sum or throughout the year. You can also put it on your credit card so you can accumulate those points! (We take VISA, MASTERCARD, DISCOVER and AMERICAN EXPRESS.)

We look forward to seeing our Beth El women wearing their new Torah Fund pins during the High Holidays. We wish everyone a L'Shana Tova Tikatevu – a healthy, happy and sweet New Year to you and your families.

Barbara Abraham & Ina Mirman Leiderman, Torah Fund Co-Chairwomen

MEN'S CLUB NEWS

OUR RECENT EVENTS...

International Convention: *July 19th-23rd in D.C.* - This is the first time the convention has been in and hosted by Seaboard Region. Crystal City has undoubtedly never before been graced with so much yiddishkeit.”

Beth El Men's Club President Howard Horwitz with wife Susan, newly elected Seaboard Region President Alex Pomerantz and Cantor Elihu Flax attended from Beth El.

Howard reported on the convention:

“Our Conservative organization, the Federation of Jewish Men's Clubs (FJMC) is expanding its reach. This convention was the first to include both representatives from the Women's League as well as attendees from the Men of Reform Judaism (MRJ). Kudos to those men (including Bill Becker of Rodef Sholom in Newport News) who put together a terrific convention.

“Howard and Susan joined in the pre-convention activities July 16th-18th: Ghosts of Georgetown walking tour; Smithsonian African American Museum; U.S. Holocaust Memorial Museum and Lila Tov cruise down the Potomac and Moonlight Bus Tour, which included a visit to the Lincoln Memorial and the fairly new Korean War Memorial.

“Another side event held on Friday of the convention were tours of the Pentagon and of the 9/11 Memorial, arranged by Admiral Herm Shelanski, who unfortunately was unable to attend.

“Tuesday's highlight, prior to the Wednesday convention opening, was a reception and briefing at the Israeli Embassy. After the dinner and briefing, the heads of the FJMC and MRJ made an unscheduled joint statement protesting the rollback by Prime Minister Netanyahu of the previously approved plan to create a new area for dual-gender worship at the Kotel. That joint statement made an impact in Israel, as the details were inaccurately reported in the press there. The outgoing executive director of FJMC, Rabbi Chuck Simon, was tasked with correcting the misinformation. On the plus side, the affair demonstrated that when FJMC and MRJ speak, Israel listens.

“The convention officially began Wednesday, July 19, and included many exciting and exceptional events and speakers. Alex hosted our opening regional caucus, noting that our region had the largest representation of any region.

“Among the many excellent speakers were former Congressman Barney Frank and the very engaging Ron Wolfson, graduate professor of education at the American Jewish University. Among the notable chazzanim (friends of Cantor Wendi) were Joanna Dulkan, Alberto Mizrahi and Alisa Pomerantz-Boro who presented a fabulous cantorial concert after Shabbat.

“I'll provide more details later on programs and ideas from the convention. Thanks to the board who approved a partial subsidy to those of us who attended. We will make sure the “investment” pays off.

ALSO RECENTLY ...

Tides baseball game: *August 6th at Harbor Park* - Some 40-plus members and family attended the annual game and cookout. Bill Nossen obtained the tickets, and he and Norman Soroko did the shopping. Norman “sacrificed” some of his Walgreen points to purchase supplies at a discount. The savings made the food taste even better. Gigi Fried was the grill master. Thanks to Rabbi Arnowitz, Tami and the boys for their hospitality. Those who attended the game did their best to support the Tides, but they lost to the Durham Bulls 1-0. Our attendance was promoted on the ballpark's electronic board.

Usher/greeter training: *August 6th at Beth El* - The Men's Club provided the lox and bagel breakfast for this important meeting. Rabbi Arnowitz shared and expounded on a well-developed list of do's and don't's previously created by Brad Lazernick on making everyone who enters our sanctuary feel welcome and informed. We look forward to seeing the greeter/usher program grow its group of volunteers and encourage anyone who is interested to contact the office to participate.

NEXT UP:

Scotch and steak in the sukkah: *Sunday, October 8th at Beth El.* Details on page 8.

Children's Shabbat morning programming

Shabbat Morning Junior Congregation for students in first through sixth grades meets in Barr Chapel at 10:30. The adult sponsor is Tami Arnowitz.

Mini-Minyan Family Services are for kindergarten and younger and meets in the Library at 11:00. The parent leaders are Monique Werby and Erinn Portnoy.

Shabbat Morning Children's Programming at Beth El 5778 Schedule

<u>Date</u>	<u>Parsha</u>	<u>Jr. Cong. Leaders</u>
September 9th	Ki Tavo	Sixth
October 14th	B'reishit	Fifth
October 28th	Lech L'cha	Fourth
November 11th	Chayeh Sarah	Third
December 9th	Vayeshev	Sixth
January 13th	Va'era	Fifth
January 27th	B'shalach	Fourth
February 10th	Mishpatim	Third
February 24th	Tetzaveh	Sixth
March 10th	Vayakhel-Pekude	Fifth
March 24th	THE ANNUAL CHOCOLATE SEDER	
April 14th	Shemini	3rd/4th
April 28th	Acharei Mot-Kedoshim	Sixth
May 12th	Behar-Bechukotai	Second

Sunday School starts

September 10th

Hours are 9:00 am to noon

Kids in the classrooms

**Parents' Meeting with bagels & coffee in
Myers Hall**

(Blood Drive in Barr Hall)



Congregation Beth El
Presents



Monte Carlo Night

October 28, 2017

7:30 pm to 11:00 pm

Ticket price: \$50 person

Heavy Hors D'oeuvres

Open bar, \$5000 in play chips, DJ

Extra \$5000 vouchers will be sold that evening at \$25 each

*50/50 Raffle

*Silent Auction

*Many wonderful prizes will be given away

Sponsorship opportunities

Diamond Sponsor - \$5,000 includes 10 tickets

Platinum Sponsor - \$2,500 includes 10 tickets

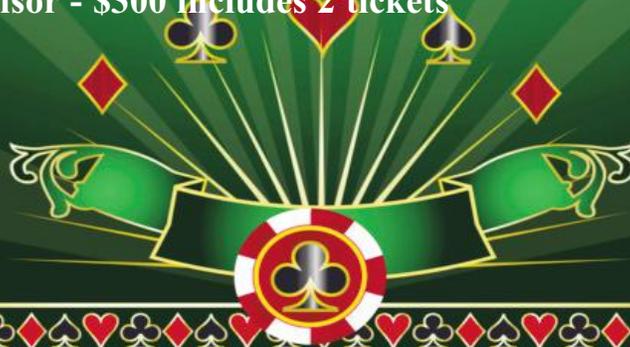
Gold Sponsor - \$1,000 includes 8 tickets

Silver Sponsor - \$750 includes 6 tickets

Bronze Sponsor - \$500 includes 4 tickets

Gaming table sponsor - \$300 includes 2 tickets

To RSVP or for questions,
please call the Beth El office
at 625-7821 or Alex
Pomerantz at 472-9054.



MILESTONES IN THE BETH EL FAMILY

The baby of Rachel Kozak Rabin and Daniel Rabin, born July 12, 2017, was named at Shabbat afternoon minyan.

Baby Rabin will henceforth be known as Naomi Bailey Rabin, or in Hebrew transliteration, Na'amah Bayla. She is named for Brenda's mother Norma, who died in 2012, and Daniel's bubbe, Barbara, who died earlier this year in California.

The young family is doing well, and the old family - - Brenda and Mark Kozak -- is kvelling.



Congratulations to Meryl and Sean Mulligan and Ari on the birth of their son and brother, Asher Isaac, who was born August 4th.

LIKE US!!!



Follow **CONGREGATION BETH EL**
on Facebook

for event reminders, service information and the latest sermons

We are grateful for the generous contributions of those who support Beth El
by remembering and honoring their friends and loved ones.

PEARL K. ALECK LIBRARY

ENDOWMENT

IN MEMORY OF

Ryan Barkan

Warren & Helen Aleck*

Stanley Legum

Pam & Joel Kossman

Jerry Meldon

Warren & Helen Aleck*

IN HONOR OF

**Allen & Barbara Gordon's
anniversary**

Arthur & Emmy Lou Kreger*

Barry & Reatha Kantor's birthdays

Warren & Helen Aleck*

SPEEDY RECOVERY TO

Judy Dobrinsky

Warren & Helen Aleck*

TEMPLE FUND

IN MEMORY OF

Harvey Aftel

Larry & Judy Dobrinsky**

Stan & Marilyn Garfin

Stanley & Linda Samuels

Ryan Barkan

Burt & Patsy Barr

Jeff Chernitzer*

Hilde Deutsch (B)

Chuck & Sally Essreg (B)

Bonnie Gordon-Rabinowitz

& Marc Rabinowitz (B)

Stuart & Mickey Held**

Ed & Betsy Karotkin*

Bert & Joyce Legum

Errol & Barbara Lifland (B)

Jeffrey & Elayne Littman (B)

Rick & Karen Lombart**

Annette Mand

Michael & Rena Myers*

Felix & Erinn Portnoy*

Bonnie & Beth Reshefsky

Art & Annie Sandler (G)

Eric & Susan Schwartzman*

Arnold Slone & Paula Alperin*

Pearl Taylor

Alan & Jody Wagner**

Beth Bloom's Mother

Ellen, Stacey & Price Shapiro

Leonard Cobb

Alonzo Cobb*

Lorene Cobb

Alonzo Cobb*

Joe Goodstein

Arnold & Miriam Hoffman*

Aaron & Carol Peck

Stanley & Linda Samuels

Alene Hoffman

Herbert & Carolyn Bangel (S)

Barry & Reatha Kantor

Mannie & Judy Smith

Martin Farfel

Frances Ornoff, the Merckels, the

Snyders & the Umbergers

Stanley Legum

Burt & Patsy Barr

Michael & Patsy Barr*

Michael & Rena Myers*

Mannie & Judy Smith*

Eugene M. Levin

Nancy Levin (S)

Mollie & George Radin

Ruth Legum (B)

Scott Reby

Stan & Marilyn Garfin

Heide Schwartz's sister Gretel

Aaron & Carol Peck

Stanley & Linda Samuels

Toba Spitzer

Rick & Janice Foleck

Murray & Lisa Rosenbach*

Mickey Stredler

Nathan & Ilana Benson

Alvan Tall

Jill Comess

Rick & Janice Foleck

Eric & Joan Joffe

Jerry & Kathy Kantor*

Ed & Betsy Karotkin*

David & Jody Laibstain*

David & Lisa Leon*

Eric & Susan Schwartzman*

Miriam Weisberg

Rick & Janice Foleck

Nathan & Beth Goldin (B)

Stuart & Mickey Held**

Ina Levy (B)

Annette Mand

Stanley & Carol Sacks

Stanley & Linda Samuels

IN HONOR OF

**Harvey & Barbara Coleman's
grandchildren**

Scrappy & Suzi Stark*

The birth of Mark & Brenda

Kozak's granddaughter*

Jerry & Kathy Kantor*

**Arthur & Emmy Lou Kreger's
anniversary**

Hubert & Brenda Shapiro

Chuck Marcus' big birthday

Burt & Patsy Barr*

Mannie Smith's birthday

Larry & Judy Dobrinsky**

Hubert & Brenda Shapiro

**Jules & Patti Wainger's 53rd
anniversary**

Shirley Schulwolf Hainer

& Ralph Rabinowitz**

SPEEDY RECOVERY TO

Judy Dobrinsky

Herbert & Carolyn Bangel (B)

Ashley & Judi Cytron

Jon & Ellen Harris

Richard Rose

Larry & Judy Dobrinsky**

Jordan Rosenblum

Joanie London

Mannie & Judy Smith*

**BERNARD MARTIN MEMORIAL
FUND**

IN MEMORY OF

Harvey Aftel

Elsie Martin

**MORRIS DRUCKER MEMORIAL
FUND**

IN MEMORY OF

Morris Drucker

Sheila Drucker, Clara & Sophie***

Alene Hoffman

Stanley & Carole Sacks

Miriam Weisberg

Barbara Rosenblum

Alan & Madeleine Samuels**

Viviane Simon & Family

**BEVERLY RAFAL WERBEL
FUND TO HOUSE THE**

HOMELESS

IN MEMORY OF

Ryan Barkan

Sam & Diane Werbel*

We are grateful for the generous contributions of those who support Beth El

by remembering and honoring their friends and loved ones.

Toba Spitzer
Sam & Diane Werbel*
IN HONOR OF
Will & Roberta Alperin's 60th anniversary
Ellyn-Mae Friedman*
Sam & Diane Werbel, thank you
Ron & Dorothy Spitalney*
JEFFREY KESSER SCHOLARSHIP FUND
IN MEMORY OF
Ryan Barkan
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SUNDAY SCHOOL FUND
IN MEMORY OF
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Norman Soroko
Anna Machlis Reich
Shulamith Reich Elster*
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IN MEMORY OF
Ryan Barkan
Sandy & Nancy Simon (B)
Alene Hoffman
Charles & Betty Lou Legum**
Rabbi Paul Reich
Shulamith Reich Elster*
Sonia Land
IN HONOR OF
Rabbi Arnowitz, thank you
Lin Legum (G)
SPEEDY RECOVERY TO
Arnold Hoffman
Charles & Betty Lou Legum
CANTOR DISCRETIONARY FUND
IN HONOR OF
Cantor Wendi, thank you
Lin Legum (G)
The Family of Miriam Weisberg (G)
SHARON SPITALNEY SCHOLARSHIP FUND
IN MEMORY OF
Ryan Barkan
Kenny & Barbara Rossen
Stanley Legum
Barbara Rosenblum
Toba Spitzer
Kenny & Barbara Rossen
Miriam Weisberg
Kenny & Barbara Rossen

IN HONOR OF
The birth of Mark & Brenda Kozak's granddaughter, Naomi Bailey Rabin
Kenny & Barbara Rossen
SPEEDY RECOVERY TO
Judy Dobrinsky
Barry & Kay Kesser
Ron & Dorothy Spitalney (B)
Jordan Rosenblum
Jon & Ellen Harris
ROSE & ARMOND CAPLAN MEMORIAL FUND
IN MEMORY OF
Ryan Barkan
Jimmy & Randy Caplan*
L.T. & Stacie Caplan*
Helen Kline
Adam & Brooke August*
Jimmy & Randy Caplan**
L.T. & Stacie Caplan*
Stanley Legum
Jimmy & Randy Caplan*
Alvan Tall
Jimmy & Randy Caplan*
L.T. & Stacie Caplan*
Miriam Weisberg
Jimmy & Randy Caplan*
SPEEDY RECOVERY TO
Gerald Friedman
Herbert & Susan Brewer*
FREDA & TAVIA GORDON MEMORIAL FUND
IN MEMORY OF
Alene Hoffman
Steven & Lynne Saunders (B)
IN HONOR OF
The marriage of Barry & Debbi Mandell's daughter
Steven & Lynne Saunders (B)
HANNA & ARTHUR KONIKOFF MEMORIAL FUND
IN MEMORY OF
Ryan Barkan
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Miriam Weisberg
Sheila Drucker, Sophie and Clara***

Melvin Zimm
Sheila Drucker, Sophie and Clara***
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IN MEMORY OF
Ryan Barkan
Mark & Betty Greenspan*
Miriam Weisberg
Mark & Betty Greenspan*
HIGH HOLIDAY PRAYER BOOK
IN MEMORY OF
Fred Rosenblum
Barbara Rosenblum
SIDDUR LEV SHALEM
IN MEMORY OF
Harvey Aftel
Norman Soroko
Ryan Barkan
Barry & Reatha Kantor
SPEEDY RECOVERY TO
Jordan Rosenblum
Barbara Rosenblum
TREE OF MEMORY
IN MEMORY OF
Ryan Barkan
Alan & Beverly Frieden

Condolences to

Jeffrey Tall on the loss of his father, **Alvan Wall** of blessed memory.

Clay Macon on the loss of his mother, **Shirley Macon** of blessed memory.

REMEMBRANCE DONATIONS

* = Chai = \$18

** = Double Chai = \$36

B = Bronze = \$19 - \$49

S = Silver = \$50 - \$99

G = Gold = \$100 or more

September Yahrzeits

*We record the sacred memory of the following departed members
of the families of our congregation on the occasion of yahrzeit.
The names of our beloved departed are read from the pulpit at each evening minyan.*

<u>SEPTEMBER 1</u> Joe Cohen Edward Galumbeck Fred Handel Amy Levitin Joseph Miller	<u>SEPTEMBER 7</u> Minnie Kazin Elliot Weiner	<u>SEPTEMBER 13</u> Stanley Glasser Herbert Goldberg Louis Katz Annie Miller Hannah Reisig Perry Kan Samuel Goldman Beverly Fox Rebecca Janow Nancy Mullen	<u>SEPTEMBER 19</u> George Golding Celia Gross Daniel Katzoff Morey Lipton Harry Schneider Ray Weisberg	<u>SEPTEMBER 25</u> Isadore Epstein David Friedman Stephen Ganderson Irvin Goldman Frank Hyman Eva Kress Amy Krochmal Harvey Levin Lena Salzberg Dora Winer
<u>SEPTEMBER 2</u> Harold Bennett Jennie Cohen Pearl Drogin Rose Flax Rose Goldman George Litzerman Jack Smith Beatrice Tavss Eva Wainger	<u>SEPTEMBER 8</u> Pearl Brooke Shirley Harris Nathan Hyman Albert Kaplan Moses Waranch Reva Wilks	<u>SEPTEMBER 14</u> Arthur Church Rebecca Marcus Nathan Sherasheff John Topper	<u>SEPTEMBER 20</u> Regina Cisenfeld Lawrence Diamond Ethel Hochberg Faye Kobren Sidney Weinraub	<u>SEPTEMBER 26</u> Max Cooper Elizabeth Friedman Anna Klein Isaac Reuben Ellen Shapiro
<u>SEPTEMBER 3</u> Alfred Bayard Annie Berlin Becky Denison Myer Elson Lillian Minsberg Taft Mirman Charles Myers Carolyn Pollack Libby Richter Rose Schwartz Walter Segaloff Dena Swersky	<u>SEPTEMBER 9</u> Dorothy Cash Cecelia Cohen Tanhen Cooper Arthur Gilbert Frances Gordon Eugene Harfield Richard Herman Esther Lifland Leah Simons Michael Weinraub Samuel Werth	<u>SEPTEMBER 15</u> Hyman Aleck Irvin Friedman Florence Gordon Sonya Lachman Marcella Levi David Lindsey Jack Morganstein Jennie Pear Joyce Polis Samuel Silverman	<u>SEPTEMBER 21</u> William Baros Anna Blacker Hyman Block Ethel Carmel Stanley Friedman Hyman Laderberg William Rieger Moses Rubenstein Frieda Sifen Pinchas Sifen Mordecai Sifen	<u>SEPTEMBER 27</u> David Drogin Albert Gould Simon Haskell Hannah Itzkowitz Ida Kahn Peggy Weiner
<u>SEPTEMBER 4</u> Falia Bass Bertha Berg Betty Buckman Shirley Chalem Annie Fox Ella Galumbeck Clifford Kesser Israel Kroskin Rebecca Melnicove Dave Miller Sara Resnick Bluma Schwetz	<u>SEPTEMBER 10</u> Leah Hoffman Rachel Jaffe William Laderberg Sam Sandler	<u>SEPTEMBER 16</u> Rebecca Batleman Louis Chesler Rena Friedman Jacob Klein Seymour Rudnick Jeanne Wertheim	<u>SEPTEMBER 22</u> Herman Epstein William Finkelstein Robert Glasser Nathaniel Kaye Melba Lazarus Myer Levin Sam Nathan Jacob Stark Ann Waranch	<u>SEPTEMBER 28</u> Ruth Rosenblum Sarah Tavss Schachna Wainger Howard Werbel
<u>SEPTEMBER 5</u> Lena Hamburg Melvin Heifler Jacob Helfant David Land Selwyn Steele	<u>SEPTEMBER 11</u> Harry Buchberg Samuel Ehrlich Merle Evers Bernice Kreger Albert Legum Edice Schloss Harry Weisberg	<u>SEPTEMBER 17</u> Rose Copeland Sylvia Finestone Rose Jaffe Sadie Kolinsky Mordecai Simons Pearl Stark	<u>SEPTEMBER 23</u> Eveline Abrams Sylvia Benas Roberta Binder Max Caplan Solomon Konikoff Edith Litzerman Sharon Spitalney Gertrude Stavín	<u>SEPTEMBER 29</u> Sophia Amelson Leon Berlin Jennie Bernstein Leah Jaffe Esther Kaplan Sylvia Krug Fannie Levin
<u>SEPTEMBER 6</u> Abraham Behrman Bradford Meyers Grace Mirmelstein Lena Shapiro	<u>SEPTEMBER 12</u> Jennie Goldberg Isadore Goldfarb Herman Howard David Kazin Robert Kruger Rosa Lidman Naomi Starr Albert Wallenstein Joseph Wallenstein William Ward Jules Young	<u>SEPTEMBER 18</u> Ella Brewer Florence Caplan Sam Garfin Jerome Greenspan Abraham Jaffe Hilary January Michael Miller Harry Sandler Sadie Schwartz Claire Sperling Isadore Zfass	<u>SEPTEMBER 24</u> Claire Caine Edie Caroff Moses Porter Ethel Shapiro	<u>SEPTEMBER 30</u> Edie Clemans Robert Dobrinsky David Friedman Max Hoffman Rachel Hyman Frank Meyer Charles Miller



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American Red Cross

Give blood. Help save lives.



Blood Drive
Congregation Beth El

422 Shirley Avenue
Norfolk, VA 23517

Sunday, September 10, 2017
9:00 AM to 1:00 PM

Please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org and enter: BTemple to schedule an appointment.