

Deuteronomy 11:26-28

26Behold, I set before you today a blessing and a curse.

27The blessing, that you will heed the commandments of the Lord your God, which I command you today;

28and the curse, if you will not heed the commandments of the Lord your God, but turn away from the way I command you this day, to follow other gods, which you did not know.

כִּוְרָאָה אֲנֹכִי גִתּוֹ לְפָנֵיכֶם הַיּוֹם בְּרִכָּה וּקְלָלָה:

כִּזְאֹת־הַבְּרִכָּה אֲשֶׁר תִּשְׁמְעוּ אֶל־מִצְוֹת יְהוָה אֱלֹהֵיכֶם אֲשֶׁר אֲנֹכִי מְצַוֶּה אֶתְכֶם הַיּוֹם:

כַּחַוְרָאָה אִם־לֹא תִשְׁמְעוּ אֶל־מִצְוֹת יְהוָה אֱלֹהֵיכֶם וְסָרְתֶם מִדְּבַר אֲשֶׁר אֲנֹכִי מְצַוֶּה אֶתְכֶם הַיּוֹם לָלֶכֶת אַחֲרֵי אֱלֹהִים אֲחֵרִים אֲשֶׁר לֹא־יָדַעְתֶּם:

The Maharal of Prague

All the month of Elul, before eating and sleeping, a person should look into his soul and search his deeds, that he may make confession.

